



HERITAGE 1979

JULIAN WHITNEY PALMER

Dear Whit (Julian),
I wish you all the best this summer
and I hope to come. Thank you for
helping me get through English (mainly
by helping me on the tests) and another
wise dreamy school year. Good luck
in college.

Love
Bill Navarre



FIRST COLONIAL CLASS OF 1979
Tenth Year Reunion



Sailing Back



Into Yesterday

Where It All Began

Cruisers



Tricia Brown Parker tries to guess names of returning classmates.

Gosh! Who are all these people?
I thought this was
the Shriner Convention.





Dog gone these name tags
are hard to read.
I think it says Mike . . .



You look marvelous.



Don't fight ladies.
There's enough of me to go around.

"Isn't he still so cute!"



**Tom you're still
as slick as ever.**

**Oh man! I'm going to have
a hang-over tomorrow.**







Frank I. Adkins
 Laura S. Agnew
 John C. Ailstock
 Lisa Harrill Amundsen



Angela Long Anulies
 Tammy Arrington
 Richard A. Baer
 Tina M. Baese



Cindy Shipp Barbour
 Cathy Barnes Runkle
 Carrie Berry Belcher
 Mark W. Been



Debbie Bennett Handford
 Chris J. Blaski
 Lisa Saunders Boller
 Susan I. Borjes



Greg Brainerd
 Christopher Bridgers
 Gina M. Brogan
 Cokey Brown



Chris Brownley
Beth F. Buchert
Kathy Benson Buffington
Stephanie L. Bunting



Edward A. Camp
Keith R. Carlson
Robert Candelario
Sharon Owens Carroll



Gaile Lipp Chambers
Ellen Story Chandler
Laura Chutter
Frances E. Coffin



Tom E. Coghill
Marie Bonelli Cole
Diane Mizelle Coleman
Tim Cooksey



Brenda Bonney Conner
Jim E. Conlon
Steven Cover
Carrollyn Cox



Edward Crittenden
Rob J. Crocker
Tim Curtiss
Monette Dail Huffman



Kathy Sexton Davis
Cindy Eshelman Dengler
Mark Dennis
Mark W. Des Roches



Ranger Dough
Edward M. Duben
Phillip East
Kelly Manning Edelblute



Steven P. Faini
Laura L. Fernandez
Steven A. Fernheimer
Lesha Forbes



Susan Forch
Eric Fountain
Bob Galway
Sandy J. Ginn



James Haltigan
 Alan Handford
 Steven Hartman
 Mary Hawkins



Roger Hinde
 Stuart A. Holland
 Brian Horen
 Jennifer Hoff



Debbie Hudler
 Brian Huffman
 Tracy Stockton Hutchison
 Ron Illingworth



Mark Jones
 Patty Mayo Jones
 Vicki Ruth Jordan
 Anne Wool Jordan



Chris Gorman Joyner
 Terri Kight Fernheimer
 Ken Knight
 Jana Munson Knowles



Elizabeth Davis Lane
Tom Lawerence
Mike Lett
Rick Lett



Barbara Wright Lewis
Shelly Grabinsky Link
Forde Lowery
Ned Lowery



Kevin Marshall
Darcy Johnston Martini
Robin Cowsting Matthews
Scott McClintock



Martha McDaniel McHugh
Sharon Nolte McMurtrie
Fletcher McRee
Amy Meyers Illingworth



Angela Chatman Michon
Bob Moe
Kelly Morgan
David Morris



Janet Brinkley Moyer
Deborah Mundy
Buddy Nosay
Wanda Boyd Olson



Kaytren Martin Palacios
Whit Palmer
Sue Potter Parsick
Charles Payne



Michael R. Penny
Elizabeth Peterson
Donald O. Phillips
Paula Swindell Quidgeon



David Rager
Danny Ramsey
Jerome Reagon
Jeanne Preston Reed



Stuart Buckelew Rockwell
Harry Runkle
John Rush
Rusty Rust



*Pamela Schaadt
Patricia Schaadt
Cathleen A. Schmidt
David A. Schrenk*



*Laura Pillow Scott
Kevin L. Slattum
Sandy E. Smith
Brandon C. Smith*



*Carol Horen Snyder
Baird Spicuzza
James Standing
David Stiles*



*Tom Sullivan
Mary Paul Callis Thomas
Cathy Beaty Thrasher
Billy Torbush*



*Jeanne Traub
Jeff Triplett
Ward Valentine
David Walker*



*Russell Walsh
D. J. Walters
Paula Warren
Billy Washburn*



*Robbie Widgeon
Laura Woolridge Wright
Robbie Zoll*







Wedding Bells?



She's my Valentine!



Yeah, pop another keg!



He said this . . .
then she said . . .



You've got to be kidding.



Man, has he changed . . .
hubba hubba!



I swear I'm a
changed man. Yeah right.



Smile, you're on
Candid Camera.



Eat your heart out.



Tom Sullivan

**We can't believe you
ate the whole thing!**





**Special thanks to all those who worked
so hard to make our reunion possible.**



First row: Paula Swindell-Quidgeon, Vicki Ruth Jordan, Holly Henry, Robin Coulsting Matthews, Monette Dail Huffman, Tracey White Bissell, Mary Callis Thomas, Karen Hoel Adcock. Second row: Ed Crittenden, Roger Griffin, Brian Huffman.

In Memory of



**Paul Consolvo
Stevie James
Blake Ramsey
Sam Rockwell**

**Dedicated and Devoted Students of
First Colonial High School
Greatly Missed Class of '79**





Whit,

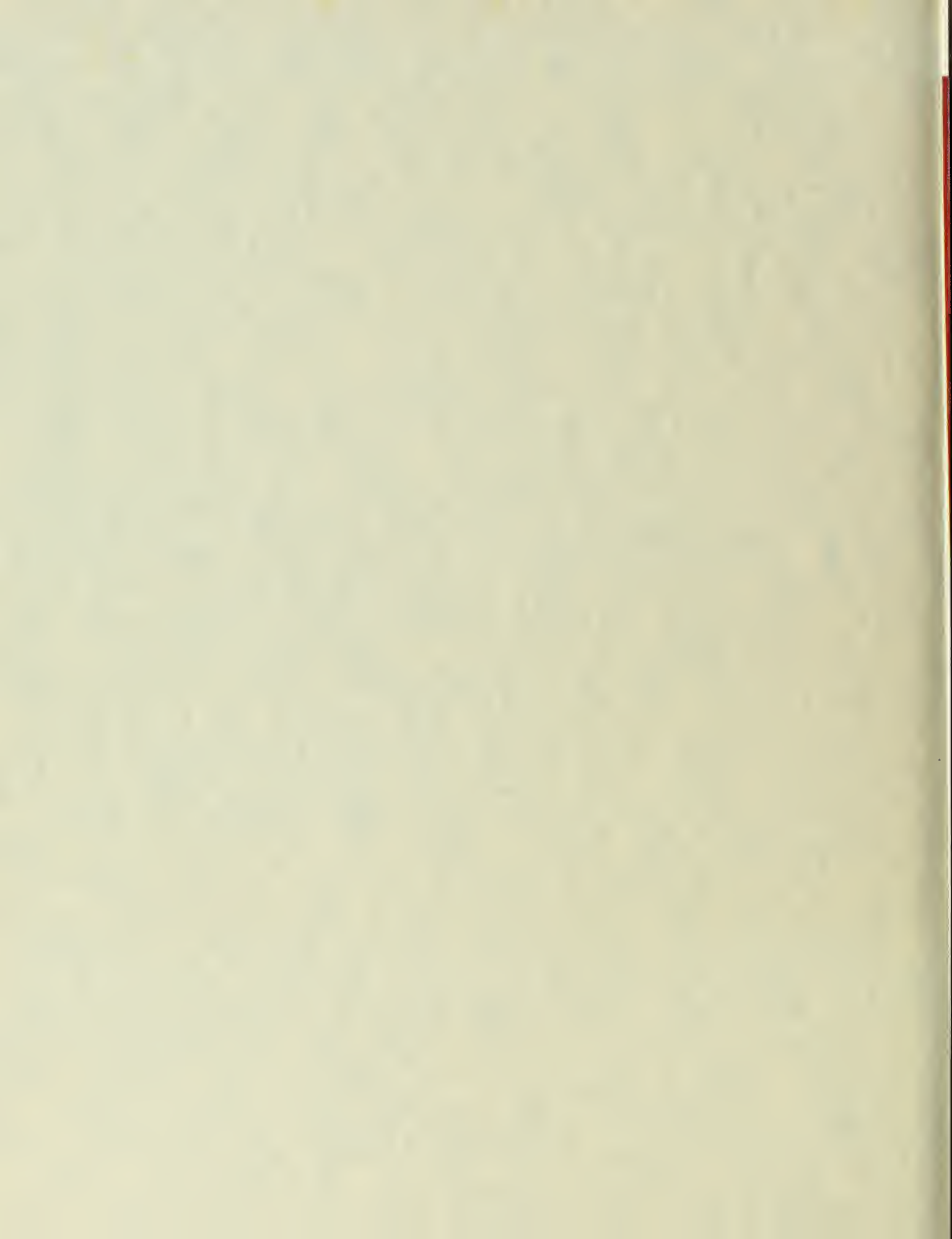
All schools almost over
and summer is almost here!
I didn't get to know you so
good but I'm sure I'll see
you over the summer! good
luck at college.

class of ^{later,} 90 Fickie Cole

Whit,

It's been fun knowing you this
past year. I wish I had known
you the year before. Keep up
your good work. Good luck in
college. I know you will be
successful because you are a
good draftsman. Hope to see
you again someday.

Vu-Tech Margaret
-79- Model



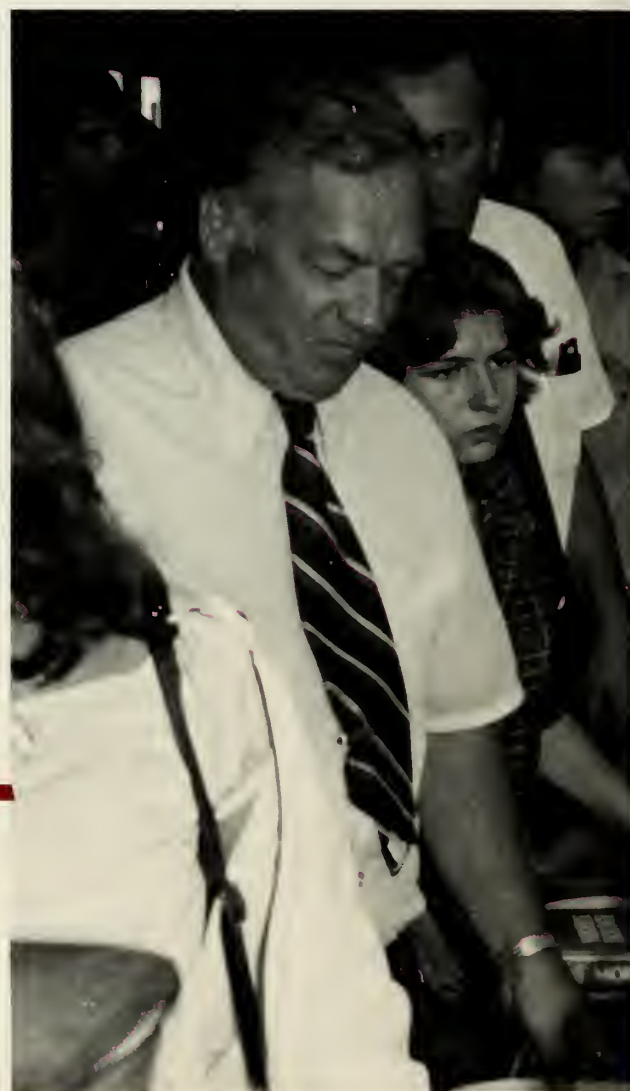
HERITAGE 1979



VOLUME 13

First Colonial High School
1272 Mill Dam Road
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LEARNING TO LIVE



Features	12	Activities	144
Seniors	38	Sports	174
Underclass	86	Ads	214
Faculty	122	Index	236

WITH AUTHORITY



Who tells us what to do? To say? To think? To live? Obviously, the answer is the adults. "Grown-ups" make the codes, rules, and laws under which we all have been conditioned to exist. Ever since we heard the first "no" as children, we have had to constantly live and cope with authority.

Be in by twelve, turn in a paper on Monday, don't be late, eat your vegetables, get good grades, . . . We have all heard these at least one hundred times. Often, we are angered by these restrictions, but the guidance is an essential element of our learning experience.

The faculty at First Colonial is composed of many special and influential people. Not only have they spent their time and effort to try and teach us, but they have become substitute parents and, most importantly, close friends. Some scare us with killer tests while others are too easy to worry about. No one will forget his teachers whether they be grumpy, crazy, tacky, impossible, or mean.

Soon, we will be the "grown-ups" and become our own authority. Although we are all anxious to enter the adult world, we sadly leave our childhood with the security of someone to watch over us. No one can deny that the administration, faculty, and staff of First Colonial have affected our lives. Our futures have been permanently shaped by their important parts in our lives.

ACTIVE ALL YEAR





The Spanish Club is meeting today in room 105 at 2:05.”
“There will be a Senior Class paper drive on Saturday from 9:00 a.m. to 3:00 p.m. Support the Senior Class!”
“The Sophomore Float Meeting will be held in room 602 at 2:10. All sophomores must attend!”

Announcements such as these and many others are heard every morning in second bell by each student attending First Colonial. This is to inform everyone of the activities for that day and the near future.

Even though “school” is officially over at 2:05, activities such as meetings, rehearsals, and sports practices are just beginning. Without these informative, fun, and sometimes strenuous events, school would just be studying, taking notes, tests, and finally those dreaded exams.

These high school years make up a great part of the time when our personalities are developing, and any endeavor in which we take part helps to shape our future as we take our role in society.



F.C.'S POWERHOUSE

"Hey, are you going to the game?" This cry is often heard in the halls, on the telephone, and in a furtive note passed in English. This phrase has many meanings to the First Colonial student. First of all, "the game" can be any sporting event from football to wrestling. All are popular with the students, faculty, and any other person interested in fine athletic performances. The game is a place to meet, somewhere where the pressures of regular school do not bother us. The game is also a place where First Colonial students can be proud, proud to be members of F.C. and proud of the fantastic team which represents their school.

Once one decides to go to the game, all is not over yet. Tickets must be bought. (Hopefully, less-expensive presale) Considering that the car isn't in the shop or the game isn't in the wilds of Norfolk, a ride must be arranged. The more devoted and industrious fan must plan ahead in order to cut a mountain of confetti and make signs. And last but not least, since cheering takes up so much energy, money has to be scrounged up or begged from parents for an extra-large pizza after the game.

Football mania swept through F.C. as the football team had a spectacular season. The Patriots started out by smashing the Kellam Knights, the predicted number one team, and then tore ahead in an undefeated season becoming Beach District Champions. In the Eastern Regional tournament, Norview was defeated by F.C., and then the Patriots crushed Wilson, taking the F.C. Patriot Powerhouse to state.

But not only did the football team prove First Colonial's superiority, but all other teams were ranked either at the top or close to it. The basketball teams hoped to continue the outstanding record of previous years, while the gymnastic, tennis, field hockey, and wrestling teams became elements of F.C.'s tremendous winning force.

Thus, sports shape the lives not only of the athletes themselves, but of all First Colonial students. The pride and spirit that is developed at every game continues throughout the years and into the futures of all athletes, students, and faculty alike.



PATRIOTS



FRIENDS: SHAPING

Friends find time to share. Despite the short time allotted to get to class, cries of "Talk to ya later!", "Good luck on the test!", "What did you get on your report card?", and "See you tonight!" drift through the halls.

Each person who attends First Colonial High School has more than one identity: son, daughter, brother, sister, leader, follower, and student, but most of all, friend. Why is this one aspect more important than any other? Traits that a person is born with or is able to develop are important, but it takes a truly considerate being to become a real friend.

These friends, be they teachers, classmates, or family, old or new, impress upon each other their opinions and ideas. The word friend is defined

as a favored companion. Does this really describe a friend? Does it take into consideration the countless times a friend has been there with a shoulder to lean on, has said just the right thing to life your spirits, and has made the good times even better? Even more importantly, it is through a friend's eyes that you are able to see yourself accurately and alter your growth in the right direction. In this way, a true friend who is honest with you shapes the things to come.



THINGS TO COME







Features

If our life at First Colonial only consisted of studying and taking tests, we would all go crazy. Thank goodness for the special events and features of the year which ease the pain of schoolwork.

Homecoming, as usual, was the main event of the year. Class spirit ran high as Sophomores, Juniors, and Seniors plastered the halls with thousands of posters proclaiming their class the greatest. Floats were frantically being built by ambitious members of the classes. During class dress-up days, many strange characters such as Roman gladiators roaming the halls asking "Which way to the coliseum?" were seen.

Not only was individual class spirit

visible, but F.C. school spirit was in everyone's heart when we saw the First Colonial Beach Parade and then watched the Patriot football team crush Patrick Henry High School in the homecoming game.

The fall play *Flowers for Algernon* was another highlight of First Colonial's special events. The tremendous acting and unique sets drew large crowds and praise for the F.C. Drama department. Many people said that it was the finest high school production that they had ever seen.

Our years at First Colonial will never be forgotten. But features such as homecoming, plays, powderpuff, and other special events are memories that will be treasured forever.

STEPPING OUT IN

Clothing was more than just a covering for the body according to the F.C. student. The uniqueness of each individual was revealed in what he wore.

Perhaps the most prevalent article of clothing were jeans. The basic Levi jeans sometimes called "the most comfortable pair of jeans around," receives First Colonial's stamp of approval. The new "french cut" jeans with the "cigarette" type leg were very popular with the girls. Following close behind was the jean vest.

If the guys weren't in their jeans, they wore corduroy Levis. Surfing t-shirts and flannel shirts were a common way to complete the outfit. When the girls could pull away from jeans to dress up there was a wide variety of other things to wear. Most were satisfied with a new "big skirt" topped off with a "big shirt." Maybe a pair of highwaisted pants with a pullover sweater was the choice.

The girls pants were worn shorter this year to reveal the new styles in shoes. The very latest style was the "candie" shoe — a high heeled, open toed type clog. The original closed toe clog was accepted too. An adidas tennis shoe, or a pair of dexters were comfortable enough for the guys. But everyone's favorite was obviously the Bass shoe. All varieties could be found in the F.C. halls.

Each individual's clothing was an expression of his mood. Everyday a wide variety from Levi jeans to the "disco look" could be found.



Vests were introduced as a major fashion accessory to be included in Crystal Whitehurst's wardrobe.



Pete Parker
t-shirt.

STYLE



The patch prevailed over the plain pocket as "the most comfortable pair of pants around."



Shoe style ranged from the low heeled comfort of Pam McKeen's Bass shoes to the fashionable high heels.



s it up with a surfing

A new and different approach to drama was seen on First Colonial's stage November 16 and 17. This year's fall production, *Flowers for Algernon*, was presented by the Thespian Society and Drama students, under the direction of Mrs. J. Harper.

The play revolves around Charlie Gordon, a mental retardate, who is selected for experimental psycho-surgery. At the hospital, Charlie meets, competes, and finally defeats Algernon, an experimental mouse. Through Charlie's acceptance of the experiment and the development of the Algernon-Gordon Effect, Charlie completes the cycle to self-realization and eventually returns to a world that he was originally suited.

The addition of a narrator, songs, specially designed sets, and a reconstructed multi-level stage contributed to this dramatic success. Countless rehearsals and last minute crises led both a hard working cast and crew into the spot-light.



Tim Kemp contemplates the long hours of rehearsal yet to come.



Dr. Straus, played by Keith Morrison, examines Charlie after the operation.

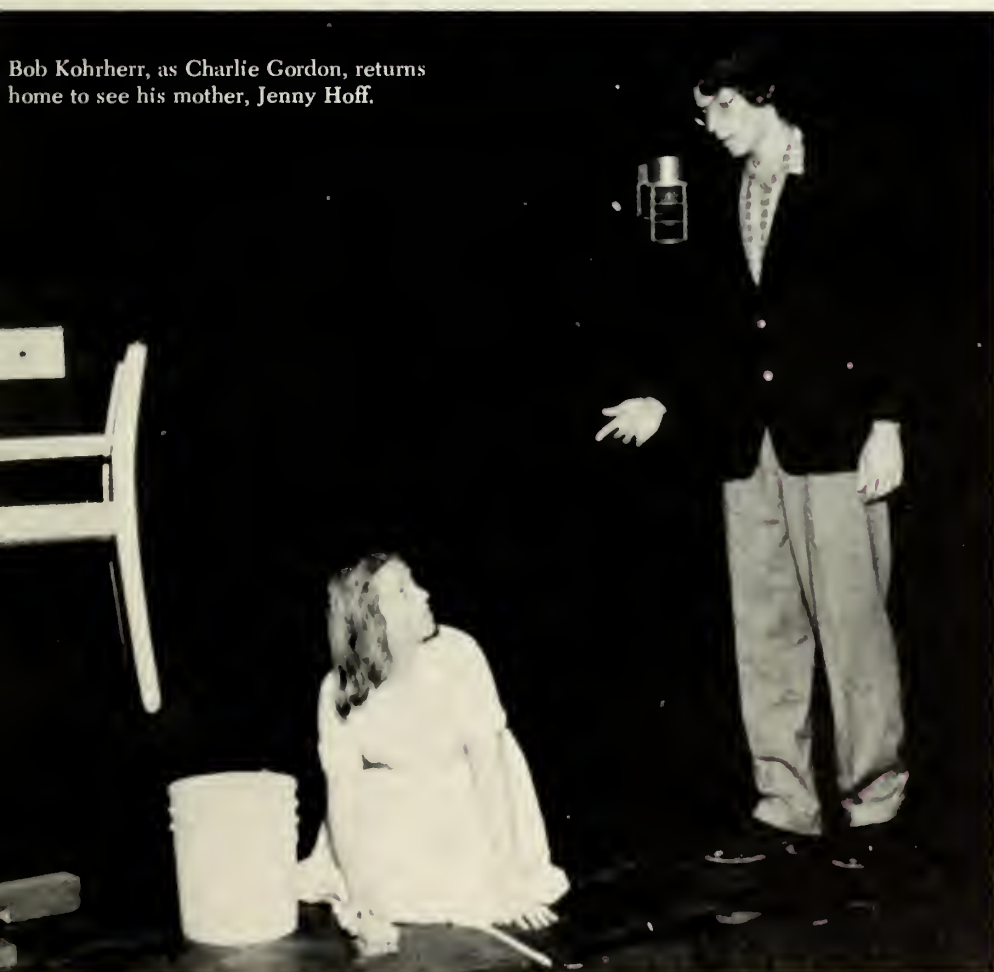
IN THE SPOTLIGHT



Miss Kinnian, played by Lauri Miller, tutors Sheila Francis and Kelly Bunting.



Ellen McBride applies the final make-up touches to Bob Kohrherr.



Bob Kohrherr, as Charlie Gordon, returns home to see his mother, Jenny Hoff.

Student Directors — Beth Allred
Linda Anderson

Beth Allred — Gina
Mike Boyd — Little Charlie
Scott Britton — Narrator and Singer
Kelly Bunting — Bernice
Ramona Consolvo — Ellen
Lyn Cox — Mrs. Mooney
Sheila Francis — Connie
Linda George — Nurse
Jennifer Hoff — Mother
Bob Kohrherr — Charlie
Tim Kemp — Joe
Ken Knight — Father
Jenny Lasco — Mrs. Donner
Lauri Miller — Alice Kinnian
Keith Morris — Frank
Keith Morrison — Dr. Strauss
Keith Nock — Burt
Liz Peterson — Chairlady
David Rosche — Mr. Harvey
Janet Salmon — Mrs. Nemur
Laura Seibert — Anne Welberg
Brant Shuman — Dr. Nemur
Catherine Smith — Jackie Welberg
Kathy Stebe — Norma
Jenny Styles — Doris
Stephanie Sukoff — Mrs. Feldman

IN THE STANDS

For ten consecutive Friday nights, First Colonial students crowd the stadium for that all important event — the football game. Among the most memorable happenings at those football games are . . . being covered with confetti after a touchdown . . . traveling halfway across town to support the team . . . seeing alumni and talking over old times . . . parking three blocks from the stadium in a ditch . . . wishing that special person would notice you . . . waiting forever for a coke from the concession stand . . . and then falling over people to get back to your seat . . . watching intently during the tense moments . . . inquiring about the location of after-game parties . . . fighting the traffic at the end of the game . . . seeing the “other” side of your teachers . . . or just gettin’ rowdie! These are the times of high school we will never forget.

Sayegh Werner and Courtney Tyler visit with friends during halftime.



Miriam Burke and Tracie Learner show that football game enthusiasm after a Patriot touchdown.



Stuart Hollins leads Patriot fans in proclaiming First Colonial as the number one team.



Rehearsing around the piano prepares members for their performances.



CREATING

MUSIC

Under the direction of Mr. Bill Miller, that special mixture of fine voices called the Madrigals has again been created. One of the most talented organizations, the Madrigals are very active throughout the school year. Their schedule consists of participation in school concerts, regional and All-State competitions, and a Christmas concert.

Kevin Marshall, Scott Turnbull, Bob Kohrher, and Steve Phelps, who could not fit Madrigals into their schedules, sing with the group during its performances. With the addition of these voices, this choral group is again a success.

Constant practice gives Madrigals their professional sound.



Front row: Betty Mills, Melinda McCraw, Susan Ailes, Tina Baese, Delite Ackels, and Shug Clugston. Second row: Denise Butt, Gaile Lipp, Debra Becker, Linda Peterson, Christine Wiggins. Third row: Scott King, Todd Marshall, Scott Britton.

'79's SUPERLATIVES

This year's selection of Senior Superlatives from the class of '79 was a difficult one. The awesome task of considering the wide range of choices and the lack of enough descriptive categories faced each member of the class in November. A broad spectrum of categories encompassed areas not only in academics, but in drama, music, athletics, and winning personalities.

The choices were difficult, but the decisions were made as the votes were cast. Those seniors chosen best represent the diversity of the class of '79.

Most Popular: Susan Karvala and Rusty Rust



Most Studious: Mary Cowland and Cholly Fishel

Most Athletic: Phil Hubbard and Jimi Gatlin (not pictured)



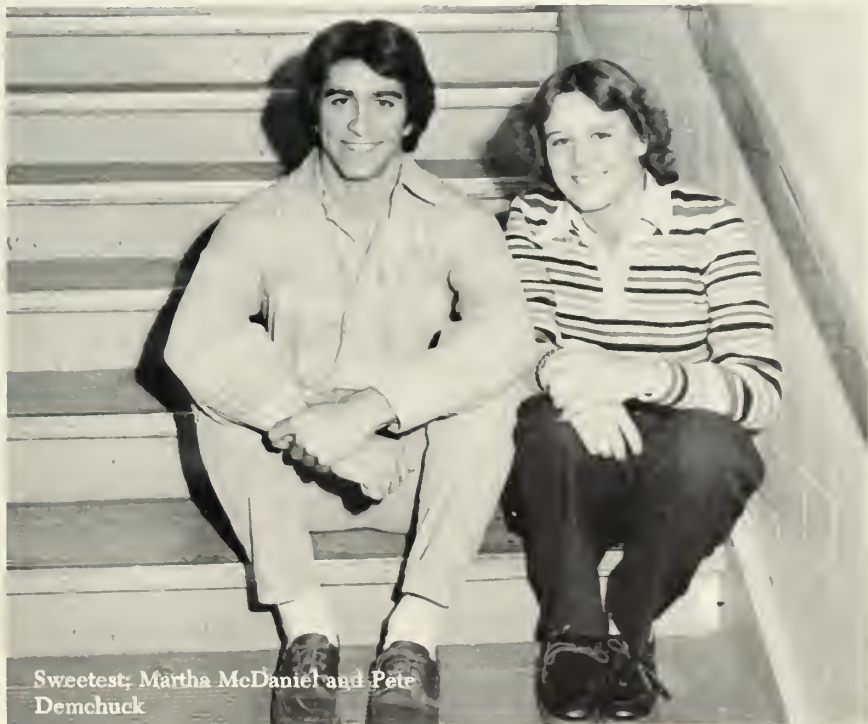
Most Spirited: Cathy Beaty and Billy Torbush



Hardest Working: Vicki Ruth and Scott Turnbull



Biggest Flirt: Tracey White and Chris Blaski



Sweetest: Martha McDaniel and Pete Demchuck



Best Dressed: Anne Broyles and Ward Valentine



Most Talented: Kevin Marshall and Holly Henry

SUPER SENIORS

Friendliest: Ellen McBride and Chris Brownley



Most Creative: Jenny Darden and Tim Kemp



Most Intelligent: Brandon Smith and Cathy Clarke



Most Dependable: Patty Mayo and Steve Phelps

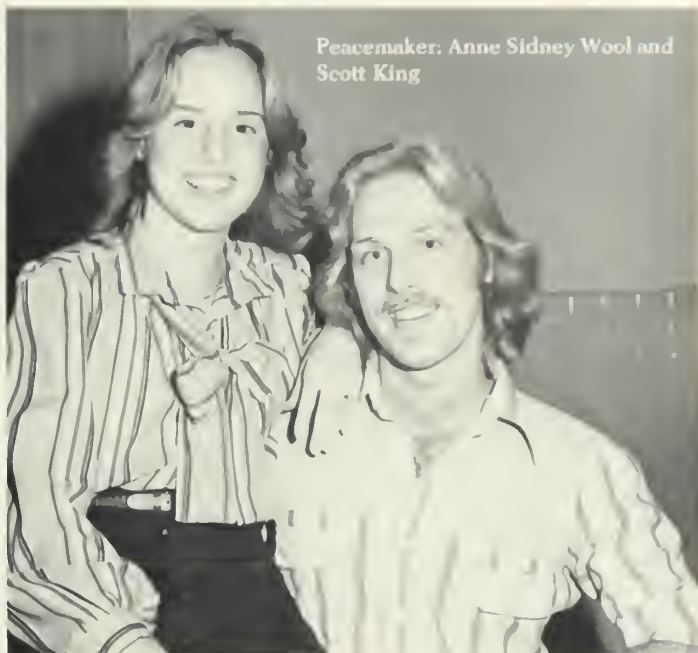
Class Clown: Tim Drinko and Allison Gonzales



Shyest: Laura Agnew and Ed Camp



Peacemaker: Anne Sidney Wool and Scott King



Best all around: Patte Gleason and James Lawson (not pictured)



Most Likely to Succeed: Steve Kuehn and Mary Renstrom



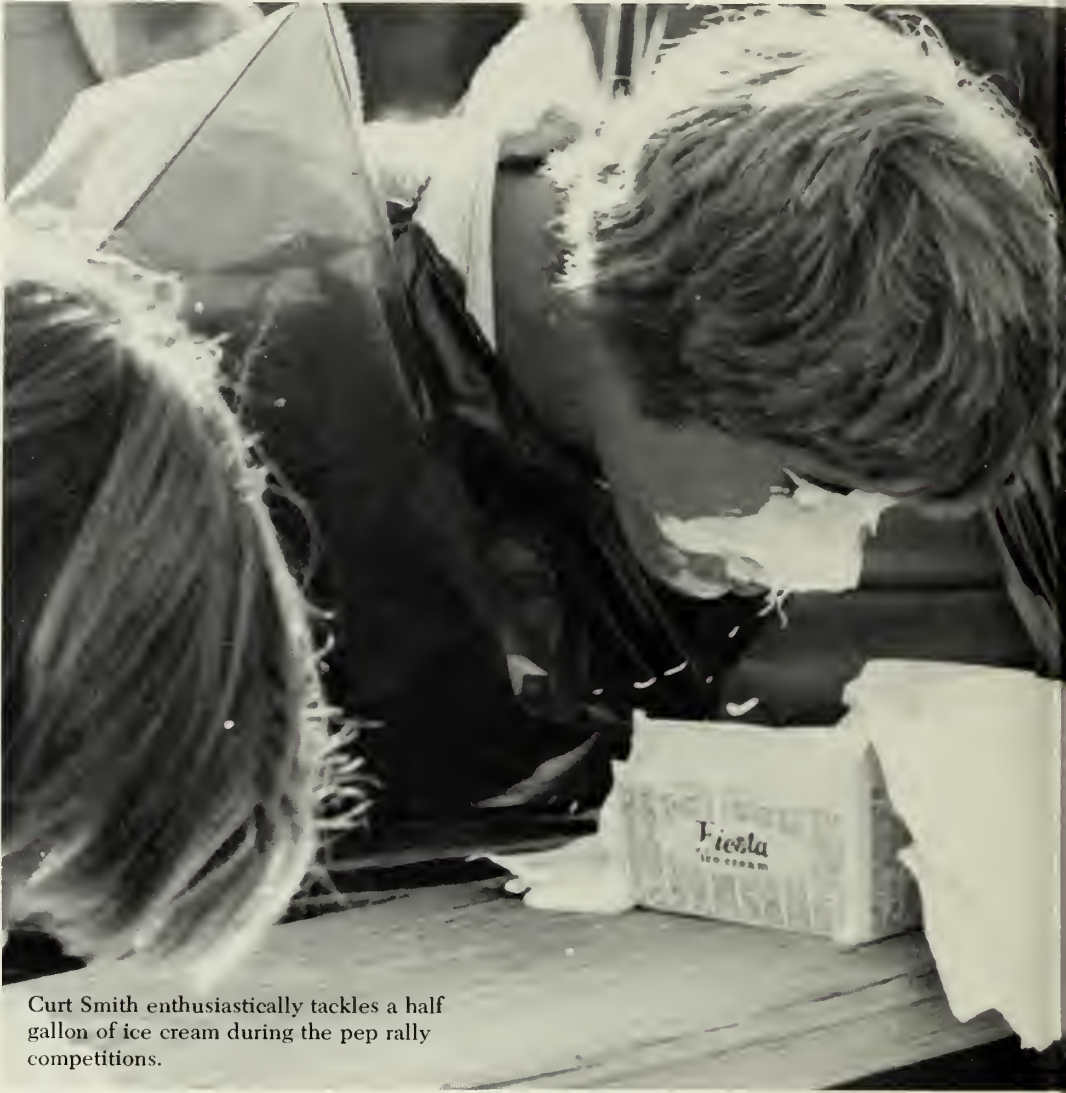
Best Looking: Becky Potter and Jim Standing



Lights On Broadway

Spirit Week transformed the halls of First Colonial into scenes from memorable Broadway productions. The curtain opened with the teachers, who portrayed characters from their favorite Broadway plays. On Tuesday, the juniors posing as characters from *South Pacific* dressed in hula skirts and sailor suits. The sophomores followed in long skirts and straw hats as characters from *Oklahoma*. Shouts of toga! toga! rose as seniors stormed the halls in Roman costumes as characters from *A Funny Thing Happened on the Way to the Forum*. The week came to a close with the colors blue, gold, and white representing each class.

On this last day of Spirit Week, the pep rally brought students closer together. Classes competed in events such as ice cream eating, egg toss, guys cheerleading, and a three-legged race. Enthusiasm rose as cheering competitions were held between the classes. Spirit Week came to a close with the juniors winning the pep rally, sophomores winning the float competition, and seniors winning Spirit Week.



Curt Smith enthusiastically tackles a half gallon of ice cream during the pep rally competitions.



Mrs. Grimes is dressed in Chinese costume as a character from *Flower Drum Song*.



Pep rally — winning Juniors show their spirit.

Shine!



Togas reign during senior spirit day.



Sophomores Dori Pagano and Kim Wright support their class during Spirit Week.

Enthusiastic band members Scott Wilson, and Kevin Marshall participate in Homecoming pep rally festivities.



Send in the



Laura Hines and Taja Gaylon clown around.



The crowd gathers as the parade progresses down Atlantic Avenue.

Clown (kloun), n. 1. a person who makes a business of making people laugh by tricks and jokes; fool or jester.

This year's First Colonial Homecoming parade contained the necessary elements that make a parade so special — the abundance of clowns. Those students portraying clowns went far above and beyond the re-

quirements needed, by showing much imagination and creativity. With flippers, bells, and painted on smiles, the clowns rode into the hearts of the crowd on unicycles, skateboards, and roller skates. To the obvious delight of the crowd, the clowns carried with them a large supply of candy, which they shared with everyone. The indi-

viduality of each clown was portrayed not only with his painted smile, but with his costume as well. Different styles of polka dotted, striped, and calicoed costumes colored the way down Atlantic Avenue. And so, like the many faces of a clown, so are there many faces of First Colonial.

Clowns

The many faces of a clown.



Seniors Noreen Wolf and Francis Coffin amuse the crowd with their antics.

er's REXALL Drug



Seniors add their own style to the parade.



1978 Homecoming Court



Homecoming is a time for recognition. Each member of the Homecoming Court possesses special qualities that separate her from other students. Becky Potter, selected by classmates as Homecoming Queen, is active in both the school and the community. She was a member of King Neptune's Court in the Neptune Festival, and was voted best looking in the class of 1979. She devotes much time to class activities. Seniors again chose Cathy Beaty and Tammy Arrington to represent their class in the Homecoming Court. Cathy, co-captain of the cheerleaders, was voted most spirited in the class of 1979. Tammy's interest in gymnastics and friendly ways quickly

made her a senior class favorite.

Jeanne Giuffre and Karen Blankenship were the junior's contribution to the Homecoming Court. Both attendants last year, Jeanne and Karen are involved in school activities. Jeanne led students as a cheerleader, and Karen worked successfully as class treasurer.

Sophomores chose Susan Peters and Laura Mooberry as representatives from their class. Susan's hard work as a cheerleader and Laura's outgoing personality made them easy choices.

Each attendant in the Homecoming Court is a distinctive member of her class and Homecoming is a time for recognizing them.

Sophomores



Laura Modberry
Susan Peters

Juniors



Jeanne Giuffre



Karen Blankenship

Seniors



Tammy Arrington



Cathy Beaty

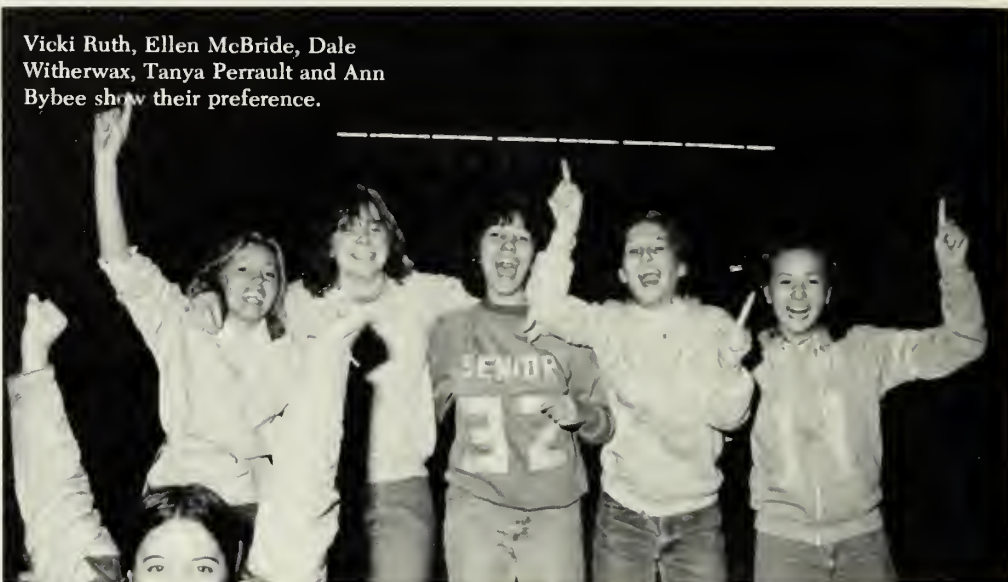
Queen Becky Potter



The night was cold and blustery. A loyal band of spectators braved the ferocious winds and freezing temperatures to watch an exciting football contest. The game was like any other, except the cheerleaders had hairy legs and the players had shoulder length, or longer hair. It was time for the annual powderpuff game between the juniors and the seniors. Once a year a bizarre transformation occurs in the student body at First Colonial, as girls become football players and the boys become cheerleaders

This year the action was fast and furious not only on the field, but along the sidelines as well. The senior and junior cheerleaders kept the fans well

Vicki Ruth, Ellen McBride, Dale Witherwax, Tanya Perrault and Ann Bybee show their preference.



Karen Hoel and Louise Seawell don't let the rain dampen their enthusiasm.



Senior cheerleaders climb to new heights.



Vicki Ruth offers encouragement to the Senior's offense.



Seniors Stomp Juniors; 36-0



Smith, Mark Keeffe, Bobby Moseby, and Shuman display their own distinctive style.

Becky Burton, Lisa Gaylon, Dana Graves, Tina Crisson, Lesia Bradshaw and Beth Krueger watch for a much needed touchdown.



amused with their outlandish uniforms and inspired antics as they cheered their teams on to victory. A proud and excited Joe Hanley was elected the 1979 Powderpuff Queen.

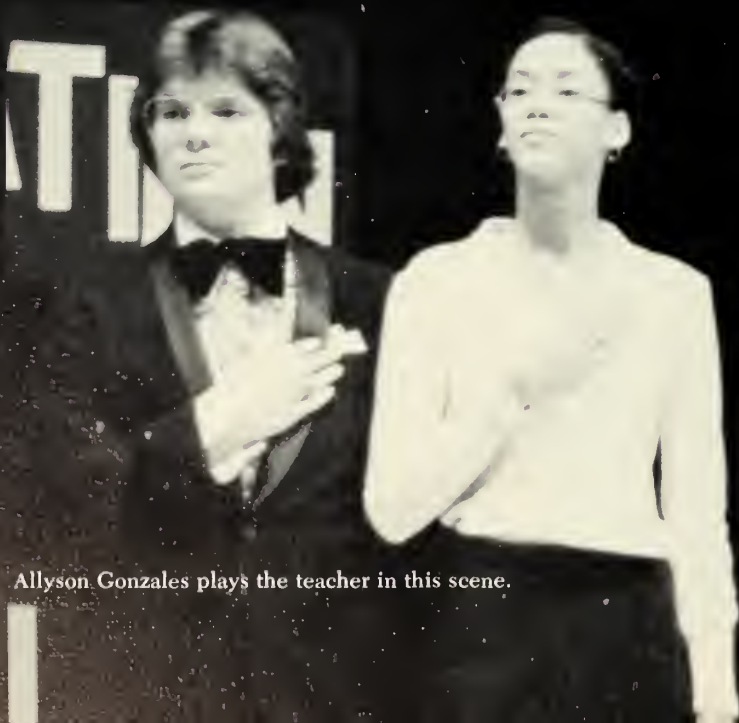
Although the tough junior team, led by Darrell Gilliland and Patty Lynch, played hard, the gridiron was dominated by the seniors. Phyllis Kunkler headed a powerful senior offense, and a stingy senior defense, the senior girls won easily, 36-0.

Special thanks go to seniors Anne Sydneywool and Bob Crocker, and to juniors Teresa Hillegass and Laura Whitley, for organizing this year's powderpuff game.



Allyson Gonzales and Keith Morrison talk things over.

Stephanie, Ken, and Keith think about everything but school.



Allyson Gonzales plays the teacher in this scene.



Stephanie and Diana discuss their future as characters in the play.

ADAPTATION

Keith Morrison expresses his anger at Ken Knight.

IN

PTATION

The cast of this year's one act play "Adaptation" is (left to right): David Rosche, Allyson Gonzales, Stephanie Bunting, Ken Knight, Keith Morrison, Jenny Lasko, Diana Dines. Not pictured: Bob [unclear].



Each year the drama students audition for the one act play. The one act is never performed for the school and community, instead it is entered into a competition with other one acts from the area. In competitions the play may be awarded a fair, excellent, or superior rating. Only if the play is judged to be superior does it advance to the regional competition; if the play is equally successful there, the cast travels to Charlottesville where the final state competitions are held.

The title of this year's one act play is "Adaptation." In the play a young man's life is depicted through a game show. It deals with the decisions he must make and the problems he faces.

IN CASE OF FIRE...

Sunday morning, January 14 at 12:31, the clocks stopped at First Colonial. The reason — a fire that left the office, clinic, and guidance offices completely burned. The fire began in Mr. Smith's office, and spread rapidly to other parts of the building. The heat of the fire was so intense that aluminum bars were melted away. The roof caved in as a result of the warping of the steel roof supports.

The primary concern of both students and faculty was for the records. Many were concerned with the condition of the records. Fortunately, all the permanent records survived both the fire and the water.

The first day back to school was chaotic. Soot hung heavy in the halls and the curiosity to see what was behind the hastily constructed partition disrupted the normal routine. However, the first day back was made easier for all thanks to the hard work that the maintenance crew put in on Sunday to repaint the blackened walls and clean up the overall mess in order to be ready for school to open on Monday. That first day back, all that remained was the smell of smoke and the memory of a destructive fire.

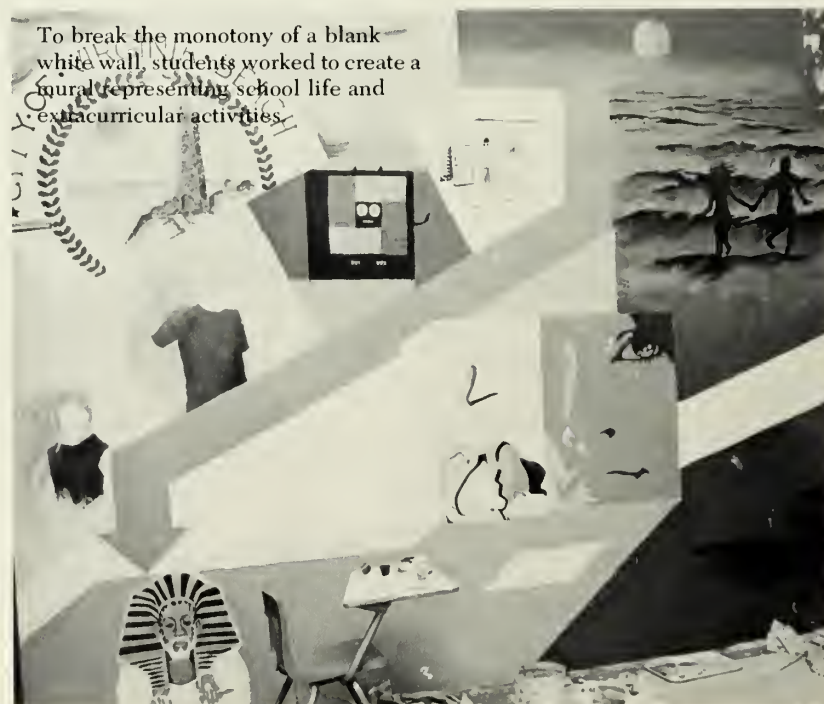
With no heat in the 100 hall, manually rung bells, and a clock reading a permanent 12:31, the first days were ones of adjustment, not only for the student body, but for the faculty as



well. The heat was restored to the and the smell of smoke faded away, but for the remainder of the year the clocks continued to read a reminding 12:31.

Before they moved to trailers, the entire administration and clinic personnel were housed within the library. The guidance department established themselves in room 808, and the nurse manned her post in the library for the duration.

Positive results came from the fire. For one, the mural came into existence. This was an example of hard work, talent, time, and dedication. It represents First Colonial, from its environment to its inner workings. Perhaps the greatest result was the emergence of a renewed school spirit. Through working together students and faculty relationships have also been rejuvenated. Even though a destructive force damaged a physical part of F.C., a stronger sense of school concern grew from that destruction.



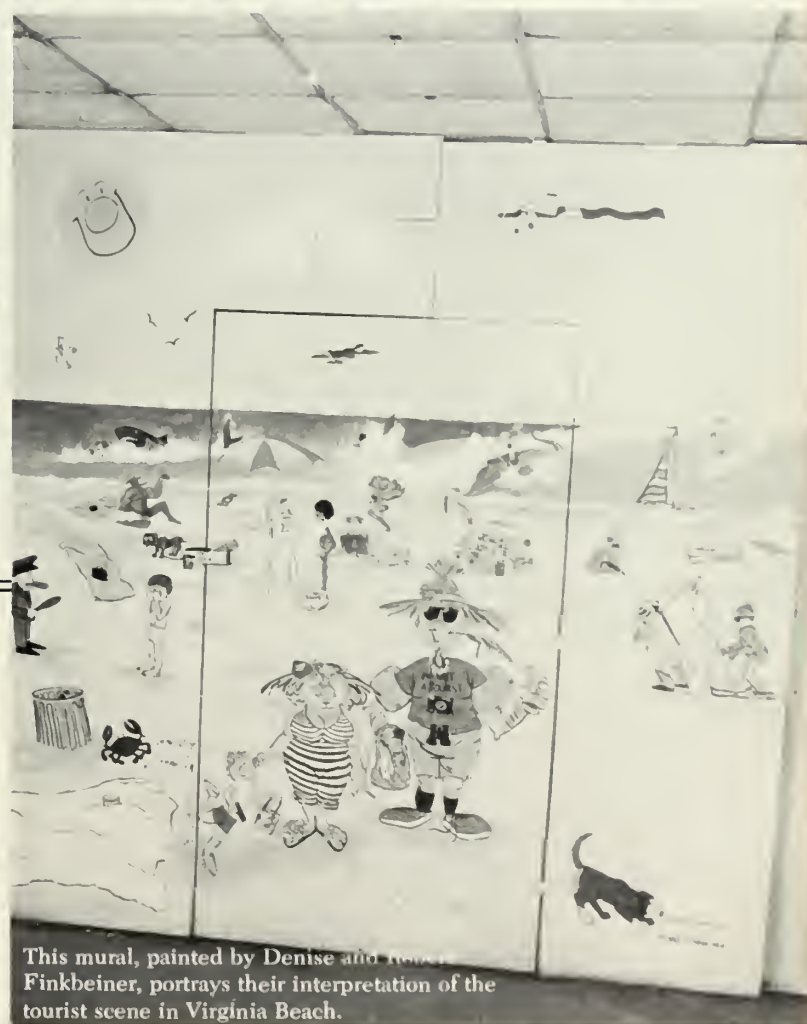


A skeleton of mailboxes and office equipment remains after the fire.

A reminder of time . . .



As well as covering the fire itself, the press followed up with the mural and student reactions



This mural, painted by Denise and Roman Finkbeiner, portrays their interpretation of the tourist scene in Virginia Beach.





Seniors

There is one thing which can be said about the class of 1979: seniors are fun! Who laughs together? Parties together? Runs through the halls yelling TOGA, TOGA together? The seniors do, of course.

Being a senior is something special. No longer are the upperclassmen laughing at us and bossing us around. '79 finally rules the school.

The senior superiority was observed in all phases of school life. Seniors won the homecoming week competition and slaughtered the juniors in the powderpuff game. Senior Sillies was a

smash success just as Junior Jollies was last year. Who were the cutest, smartest, and best all-around this year? SENIORS!!

As members of the class of '79, we are graduating at the end of a decade. As children of the '70's we are supposed to be better adjusted and less active and revolutionary than the '60's youth. Maybe we are, but our future is just as uncertain as any graduate. What will the '80's hold for us? Nobody knows, but our time spent at First Colonial will definitely affect our future attitudes and intelligence.

Seniors Sail



The '79 sign serves as a reminder to all of the superiority of the senior class.

In 1977, a shy frightened group entered high school at First Colonial as “lowly” sophomores. All they heard were shouts of “Class of ’77 sees the light.” One year later, confused and still a little scared, this group became juniors. That year the big phrase was “Class of ’78 is great!” Time has passed, and now it is 1979. The group has risen to the top and are the leaders of the school. Throughout their stay at First Colonial, the class has progressed and can finally shout remarks such as, “Class of ’79 is mighty fine” and “’79 shines.”

Although these remarks are catchy, still another phrase has become popular — that is the theme of the senior class — Sailing into Tomorrow. The class officers brainstormed this summer for a theme that would not only describe the senior class, but one that would tie in with living at the beach. “Sailing into Tomorrow” definitely serves its purpose in this way.

Along with coming up with a theme this summer, the officers planned for the many events that come with being seniors. One of these is the traditional class sign. Tim Drinko, chairman of the

project, began organizing in late August. He, along with several other seniors, built, painted, and finally mounted the sign in September. Although the senior class was impressed with the sign, someone was not; one night in November, a villain came to First Colonial and decided to “add some finishing touches” — with an ax!! But did this destroy the seniors’ spirit? Definitely not! The sign was fixed and mounted once again to show that nothing can stop or surpass the class of 1979.

Into Tomorrow



Delite M. Ackels



Frank I. Adkins



Laura S. Agnew



Susan M. Ailes



John C. Ailstock



Senior class officers are Vicki Ruth, president, Craig Gallagher, vice-president; Kathy Mitchell, treasurer; and Patty Mayo, secretary.



Dona M. Ainsley



Scott S. Alexander



Kenny L. Allen



Robert A. Allen



Theresa D. Allen



Beth A. Allred

Homecoming:

"Now, come on y'all. We've got to get started on this thing," pleaded Almiede Meinicke at an SCA meeting. After applying and being appointed the chairman of the Homecoming festivities, Almiede thrust forth her energetic enthusiasm and set her creativity to work. The experience gained from being on the Homecoming dance committee last year was beneficial in planning for the annual occasion. In the beginning, problems such as constructing floats too late and a lack of enthusiasm set in; however, they disappeared shortly after as students began showing school spirit and class support.

Not only has Almiede participated in making Homecoming a success, but she also is on the literary magazine staff, in the Thespians, involved in forensics, and is on the SCA holidays committee.

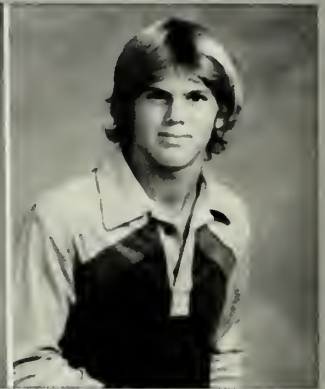
Although she is active in school functions, Almiede possesses outside interests such as drama. She was in the musical *Oklahoma* last year and performed at the Little Theater of Virginia Beach in *Pajama Game*.



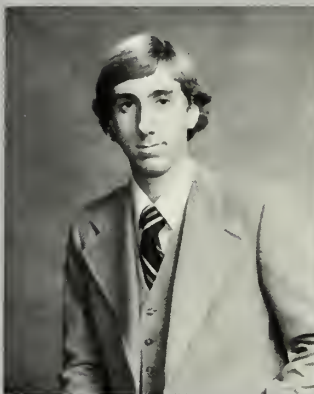
Julia L. Anderson



Linda C. Anderson



C. Scott Anderson



Mark T. Andrews



Rob K. Angellatta



Cuprice L. Anthony



Tom Apple



Tracy W. Armstrong



Anne M. Arnaud



Michael K. Arranz



Tammy R. Arrington



Jon M. Babineau



Richard A. Baer



Tina M. Baese



Robert K. Bagley

A Big Responsibility



Jeff T. Ballard



Robert Murice Banks



Nicoletta Barberis



Deborah Anne Barbey



Kim N. Barker



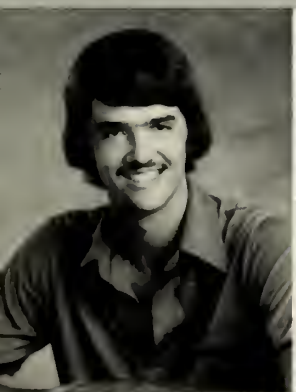
Kathy E. Barnes



Susan L. Barnes



Tracey J. Barrow



Keith J. Bartee



Elizabeth M. Beam



Becky Potter and Jim Standing show their excitement at Becky's new title.

Stroking Into Success



Catherine J. Beaty



Teresa F. Beecher



Mark W. Been



Debbie A. Bennett



Katherine D. Benson



Carrie A. Berry



Thomas R. Berry



Charles W. Best, III



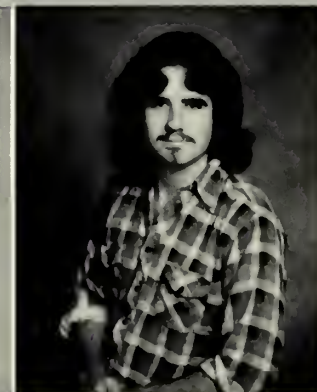
Michelle D. Bishop



Elaine M. Blair



Christopher J. Blaski



Guy P. Boisselle



Marie L. Bonelli



Susan I. Borjes



Leslie F. Borland



Tory L. Borland



Cindy Lou Boyd



Wanda P. Boyd



Damita Y. Braye



Thomas C. Bridges



Janet L. Brinkley



Gina M. Brogan



Earl Brown



Susan P. Brown

To say that Scott Turnbull is a good swimmer would be a definite understatement. He has proved that he is not the average swimmer in many ways. He is in the Old Dominion University Aquatic Club which is a member of the Amateur Athletic Union. He is an avid swimmer and must practice in the early hours of the morning from five to seven o'clock at the Kempsville Recreation Center as well as from four-thirty to six-thirty in the afternoons at ODU. This is the everyday routine for Scott. Although the training is strenuous, it has paid off.

First, he has earned several awards such as being placed number one in the nation for the 11-12 age group when he was twelve. In the past seven years of swimming, Scott has won seventy first places in state and regional competitions and has placed first

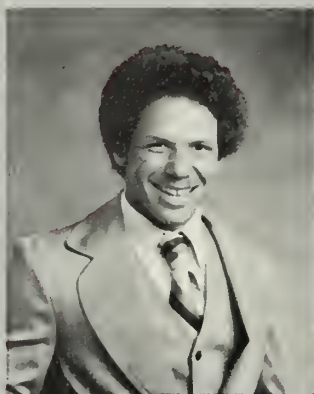
through third in the Virginia Junior Olympics every year. Most recently, he became the state champion of the 200 backstroke competition.

Second, Scott gains a sense of personal satisfaction from his hobby. He claims that "It feels great to swim really hard after a frustrating day at school."

Although swimming occupies a major part of Scott's day, he still finds time for school activities. He was president of the Spanish club last year, participated in Junior Jollies, has been on the *Heritage* staff for the past two years, and was the SCA treasurer in his senior year.

As for the future, Scott plans to continue to swim at a small college; however, no matter what, "Academics come first."

'79 Shines With



Christoph E. Brownley



Anne W. Broyles



Beth F. Buchert



Stephanie L. Bunting



Martha L. Bunton



Mary E. Bunton



Susan M. Burt



Carla Butcher



Ann L. Bybee

"I'm really a ham," said Kevin Marshall, one of the musical talents of the Senior class. When asked what he enjoys most about music, Kevin replied, "to perform for a crowd that really enjoys listening to me." Along with taking guitar lessons for nine years, Kevin has also become interested in the banjo and the trumpet. He has spent many nights performing at places such as the Cavalier Country Club, Ramada Inn, The Lighthouse, and Fantastic Fenwick's Flying Food Factory. Much of his time has been spent in many school activities such as the Marching Band and the Wind Ensemble. This year, Kevin played a trumpet solo in the field show which was performed at half time at the football games. A couple of hours on Sunday with Willy Bogan, a Young Life director, and a few other guitarists serves as preparation for background music at Young Life meetings every Wednesday night. Most likely, Kevin will be a music major in college. Even though long and frustrating hours of work lie ahead for him, Kevin will undoubtedly be successful.



Connie S. Cahoon



Mary P. Callis



Edward A. Camp

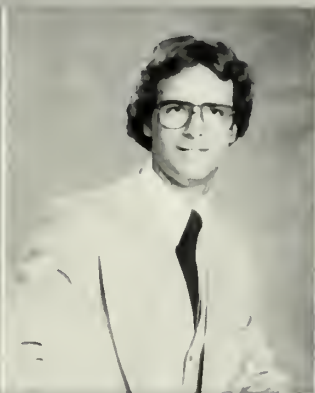


Margaret E. Camp

Musical Talent



Elizabeth K. Canada



Robert S. Candelario



Donna L. Cardwell



Keith R. Carlson



Donna M. Carroll



Julia A. Carter



C.E. Cather



Ross C. Catoe



Robin G. Chapman



Albert L. Charles



Laura A. Chutter



Teri A. Clark



Catherine C. Clarke

Striving for Excellence



Mike Clement



Frances E. Coffin



Tim Hartsell believes that concentration is essential in order to be accurate and precise.

Academic success is attained by hard work, persistence, and composure.

Brandon Smith displays such characteristics with his academic achievements. In his junior year,

Brandon attended the selective Governor's School at Mary Baldwin College. There, he spent six weeks with other gifted students, sharing knowledge and amusing times. For the past two years, he has also been a member of the Ledger Star Scholastic Team, and with his average grade of an A, Brandon has been a member of both the National Junior Honor Society as well as the National Honor Society in high school.

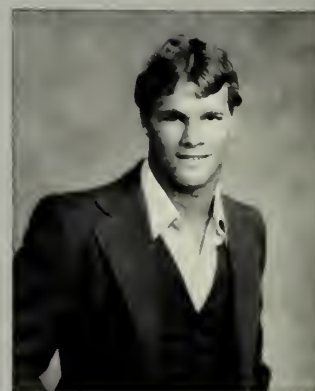
Last year, Brandon revealed his exceptional ability in science by placing first place in the science fair for both his category, microbiology, and the overall competition. Being an eager mathematical student, he ranked third place in a mathematics contest at Virginia Wesleyan College. Another individual achievement was representing First Colonial in the Optimist Society. This honor was

presented to him by the teachers of First Colonial. Brandon was selected as a representative for he is intelligent, athletic, perceptive — a "well-rounded person."

Aside from fulfilling his responsibilities as a competent student, Brandon finds time to enjoy school activities and sports. He is an active member of the National Honor Society and the treasurer of the Spanish Club. Being an enthusiastic and talented skier, he is a member of the FC ski club. With the club, Brandon relishes gliding down the steep ski slopes, feeling the chilly air against him.

Brandon's other hobbies are skateboarding, water skiing, and coaching a community league football team.

As for the future, Brandon wishes to attend the College of William and Mary. There, he will follow a liberal arts program and major in math. From there, he plans to follow in the fields of either law or engineering.



Tom E. Coghill



Charles Cole



Lee R. Collins



Brigitte Z. Comer



Jim Conlon



Paul A. Consolvo



Kate M. Cooper



Donna L. Corbitt



Jim B. Corleto



William O. Cornick



Robin P. Coulsting



Mary W. Coupland



James J. Cole



Carrollyn Cox



Timothy C. Craddock



William C. Crawford



Mark Jones appears to be lost in thought as Liz Tarver casts a wary eye toward the camera.

A Funny Thing Happened



Romans of '79 gather in the courtyard between classes.

If you didn't see several students dressed in togas, or socializing in the library foyer, you might have heard Vicki Ruth, the Senior class president, yelling "Toga!" over the intercom. Picking a theme for their spirit day that would coordinate with the Homecoming slogan, "Lights on Broadway," the Seniors chose, *A Funny Thing Happened on the Way to the Forum*. This play, of course, was followed by the idea of wearing togas.

As anyone could see, the seniors proved that their idea would be a great way to show their spirit. Togas were donned with everything from gold chains and ivy crowns to neckties and cowboy hats. Sheets varied in colors and styles from dark greens and hot pinks to striped and flowered prints.

The recent film *Animal House*, especially contributed to the seniors enthusiasm to wear togas. Many of these "Romans" were seen doing "the worm" in the foyer or yelling "toga!" in the hallways. Seeing all this excitement and fun, many seniors who came to school dressed in regular clothing somehow ended up in a white sheet with a branch of leaves attached! Once again, the seniors proved that the spirit of '79 really does shine.



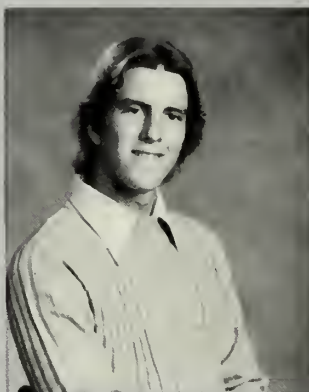
Robert L. Creekmore



Edward R. Crittenden



Robert J. Crocker



Finian B. Crowley



Anne E. Curran



Timothy R. Curtiss



Glenn P. Custer



Monette L. Dail



Vickie K. Dailey



Celeste D. Daniels



Caroline R. Davis



Elizabeth A. Davis

on the Way to First Bell



Robert W. Davis



Angeles O. Delloro



Mark A. Dennis



Mark W. DesRoches



Carol Diederich



Mary K. Dines



Penny H. Dize



Jim Dollenmeyer



Denise A. Doss



Scott King's authentic Roman garb demonstrates the kind of support that brought a Spirit Week victory for the seniors.



Ranger Dough



Janine M. Douglas



Ronald S. Doummar



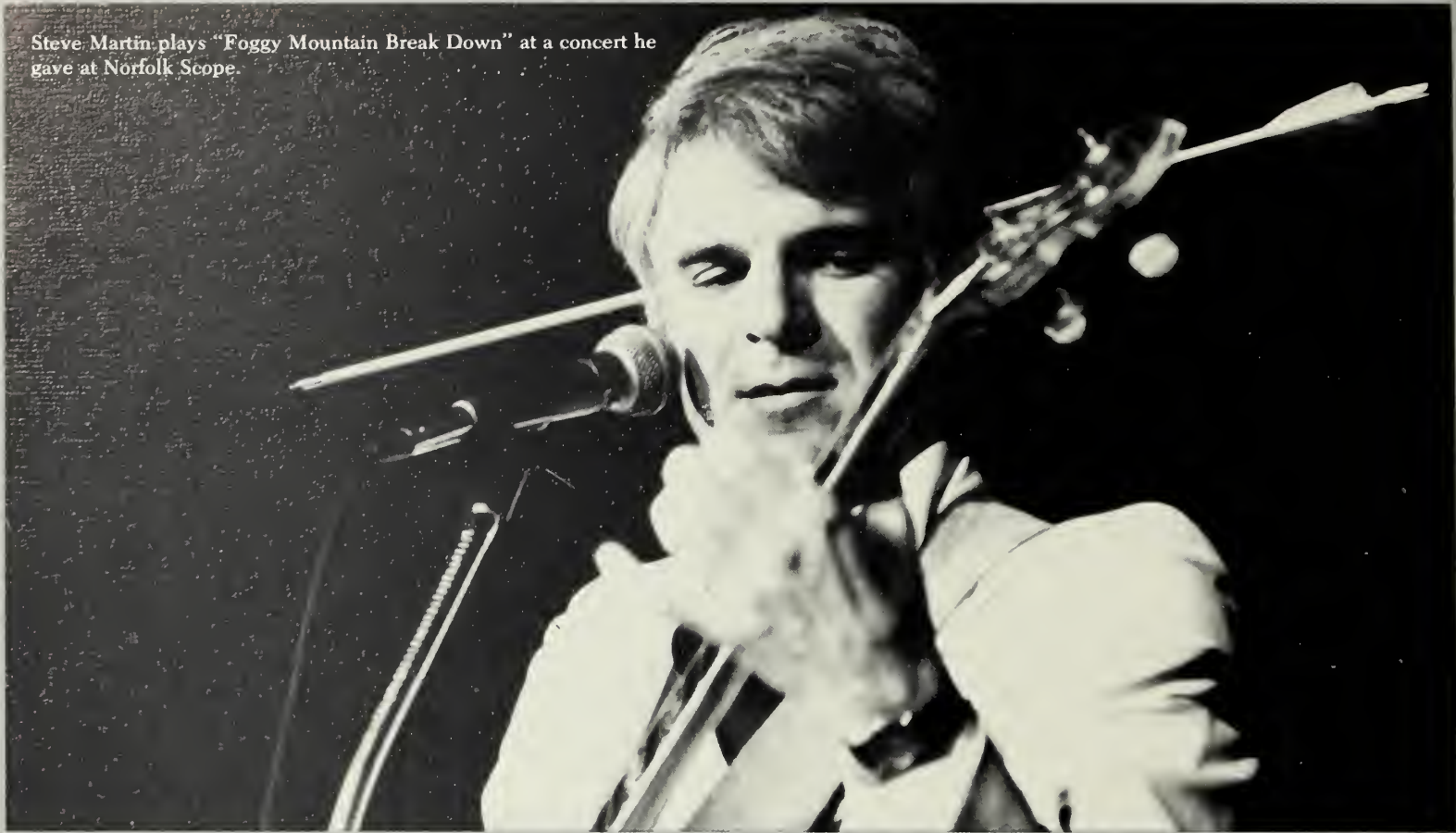
Wendy A. Drake



Tim A. Drinko

Wild And Crazy

Steve Martin plays "Foggy Mountain Break Down" at a concert he gave at Norfolk Scope.



Edward M. Duben



Jerry L. DuBose



Princess D. Eckley



Karen L. Eckstein



Laura L. Engel



Dawn Enlow



Wendy L. Ennis



Todd Erhardt



Brad J. Esinhart

Guy's



Ricky A. Esposito



David R. Estes



Karen K. Etheridge



Carol D. Everton



Steven P. Faini



Marvin A. Fentress



Tracy D. Fentress



Laura L. Fernandez



Steven A. Fernheimer



Catherine W. Ferrell



Charles E. Fishel Jr.



Maurice B. Fisher



Mark R. Flanagan



Cathy A. Fletcher



Patricia Florance

If you happen to be the owner of a gasoline powered turtleneck sweater and cat handcuffs, or if you like to live in a swamp and be three dimensional, then you are undoubtedly one of the many "wild and crazy" followers of Steve Martin. In becoming America's hottest new comedian, Steve Martin has had a profound effect on seniors at First Colonial. His devoted fans are easily recognizable by such peculiar items as wearing arrows through their heads, and on special occasions, bunny ears. Other eccentric habits of seniors bitten by the Steve Martin bug include throwing fish, and periodic uncontrollable dancing spasms, a condition referred to as "Happy Feet." Acting like Steve Martin is a sure laugh in the cafeteria, and for those of you who are appalled at that sort of behavior, all of the Steve Martin fans at First Colonial cordially wish you "Best Fishes" and a sincere "Well, Excuuuuse Meeeeeeeee!!!"

Game - Set - Match



William A. Flynn



Lesha R. Forbes



Susan Forch



Eric W. Fountain

Three-thirty in the morning, when most people are in sweet slumber, Stacey Ives heads towards Norfolk's indoor Tidewater tennis center. After three hard, yet exhilarating hours, Stacey is ready to start her day at First Colonial High School.

Stacey Ives has been playing tennis since she was seven years old. She started the sport as a hobby, but with long, dedicated hours of practice, she has become a powerful, recognized tennis player. When asked why she does not play for the First Colonial tennis team, she admitted that "tournaments take up most of my time." These various tournaments in which she has participated have earned her many titles. She has been ranked the number one woman tennis player in Tidewater, number one in state doubles, number one in high school competitions, number two in the state, and one of the top eight indoor tennis players in the United States. Recently, she was presented the honor of being selected to go to Europe with the United States tennis team to travel and compete in tennis matches this summer.

Stacey hopes to continue playing her favorite sport through college and one day display her valuable talent in a tennis career. She is indeed an accomplished athlete, one of whom the class of '79 can be proud.



Patricia S. Francis



Keith C. Frazier



Michael S. Freed



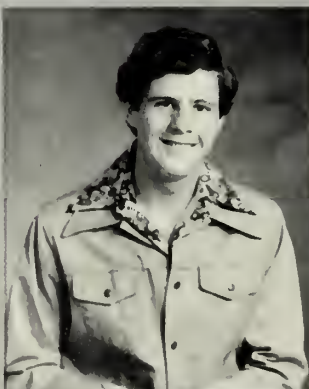
S. Berkeley Furniss



Heather H. Gaines



R. Craig Gallagher



Bob Galway



Mary Jo Gamba



Sally D. Garrett



Yelling from the sidelines, Chris Brownley encourages the players on the field.



Jimi M. Gatlin



Robert C. Gentry



Sherry D. George



Amy J. Gerhauser



Sandy J. Ginn



Wayne R. Gladin



Patricia A. Gleason



James F. Gloeckner



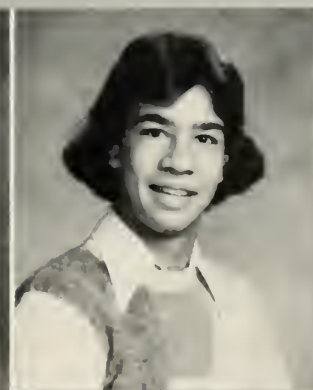
Allyson A. Gonzalez



Christine M. Gorman



Shelly Grabinsky



Roger Griffin

Leaders of the Future



Philip E. Haas



Robert P. Hairston



Margaret R. Hall



James E. Haltigan



Sharon M. Hammer



Matthew B. Hancock



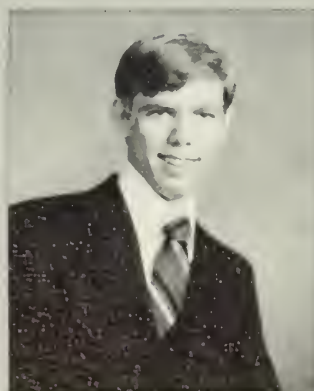
Alan S. Handford



Patricia R. Hankley



Joe M. Hanley



Todd Hanley



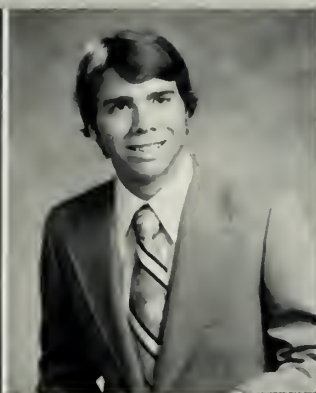
Lisa M. Harrill



Tom Apple gives a demonstration of the equipment used in the Civil War.



Melinda J. Harris



John W. Hart



Steve C. Hartman



Timothy L. Hartsell



Leslie E. Harvey



Michael E. Hays



Charlotte E. Henderson



Holly A. Henry



Craig L. Herrick



Cheryl A. Hewitt



Karen S. Hibbard



Roger C. Hinde

"I stole it from a Yank," replied Tom Apple jokingly when asked how he came to own guns and ammunition from the Civil War. Tom is a participant in the living history program sponsored by the National Parks Service. In this pastime, Tom, and hundreds of other enthusiastic members that are interested in history and wars, have the chance to bring the actual conditions of a war to life. They reenact the battles, shooting with guns loaded with blanks, setting up camp as it would have been, eating the food that was eaten, and, in general, fighting the war again.

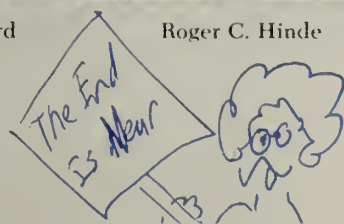
All of the equipment used is supplied by the members. Tom possesses a wide variety of items used in the Civil War ranging from original guns of 1830 and 1848 to the authentically stitched button holes on his uniform.

Although the program involves other wars such as World War I, Tom claims that his favorite is the Civil War, and he prefers to be on the side of the Union.

The organization has other activities such as visits to battlefields and museums.

Tom's future plans include attending Virginia Tech. Since the living history program is popular all along the East Coast, Tom can participate in the events held in Northern Virginia and in nearby states.

Whiff -
 This year has
 been great!!! We've
 enjoyed our last year our
 fortune and we have nowhere
 but up to go. So Hang tight
 have a great summer and always
 be yourself
Roger



Seniors Have Clout!

Stevie James has double vision.



Rosemarie A. Hissam



Karen E. Hoel



Jennifer C. Hoff



Stuart A. Holland



Cleophus K. Holsey



Brian R. Horen



Carol L. Horen



Donna Jo Houser



Jeffrey T. Howard



Phillip L. Hubbard



Jay W. Hudgins



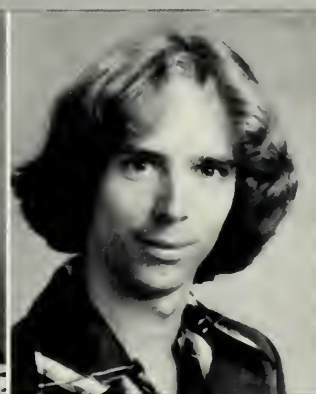
Debra L. Hudler



Brian W. Huffman



Carroll Huger



Robert J. Hughes



Valerie L. Hunt



Ralph J. Hutchins



Ronald W. Illingworth



Helen M. Irby



Lance A. Jackson



Rebecca S. Jackson



Deborah A. James

Many people discover great enjoyment in the thrill and competition of sports such as football, basketball, and gymnastics. Senior Tom Lawrence has also found a "sport" — flying an airplane. He has "always been interested in flying;" however, it was not until a few years ago that he actually got to take an active stand. He got his Student Pilot's Certificate which declares that he is physically fit to fly. With this, Tom is able to fly solo. In other words, he is in complete control of the machine without the help of an instructor.

As of now, Tom has approximately twenty hours of flying time. After twenty additional hours, he will be eligible for his pilot's license. The number of flying hours appears insignificant; however, the price of plane rental, at fifteen dollars an hour, limits his amount of time spent up in the air. In boasting of having no troubles or accidents, Tom claims that "Airplanes are safe. People just think they're not."

There's More to



Joy Michelle James



John C. Janssen



Stephanie A. Jett



Patricia A. Johnson



Renda G. Johnson



Darcy L. Johnston



Deborah G. Jones



Elaine E. Jones



Mark W. Jones

Is Scottish Highland dancing for you? A decisive "yes" accompanied by a smile is Karen Priolo's answer. She has been flinging to the bagpipe for five years, and presently she takes lessons twice a week at the Academy of Virginia Beach Ballet. Karen's interest in Scottish highland dancing developed during her two year stay in Scotland. There, inspired by other American girls, she traded in her jeans, t-shirt, and sneakers for colorful knitted socks and kilts.

Highland dancing is a traditional Scottish dance. Centuries ago, the men performed this highland sword dance before a battle. If a warrior was to contact the sword before the war, it was believed that he would have bad luck in the battle. The main dance, the fling, was executed on a shield. At the beginning of the 20th century, the art

of highland dancing began attracting potential women dancers. Presently, this ballet-like dance is enjoyed by both men and women of Scotland, as well as American girls like Karen.

Upon her return to the United States, Karen joined the competition team at the Academy of Virginia Beach Ballet. With dedication and constant practice, she has earned thirty-six medals. Most recently, she received the honor of being the best Virginia highland dancer. The award was presented by the Chamber of Commerce at the Neptune Festival.

Even though highland dancing demands a keen sense of coordination and long, difficult hours of practice, Karen relishes her hobby. Being devoted and ambitious, Karen should accomplish her goal of becoming a highland dancing teacher.



Shirley Jones



Vicki L. Jones

Dance Than Disco



Linda A. Jordan



Leslie A. Karnitschnig



Susan K. Karvala



Wesley D. Kavula



Craig D. Kay



Striking a pose, Karen Priolo performs a high land dance.



Mark C. Kelly



Robert V. Kemether



Jody L. Kemick



Tim D. Kemp

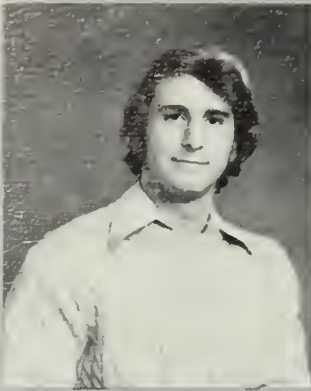


Vicki A. Kigerl



Terri L. Knight

Fun in the



Hon K. Kinzie



Ken N. Knight



Sherry L. Knight



Andrew H. Kollmorgen



Robert Kohrherr



Steve D. Kuehn



Susie Nagg and Heather Gaines clown around in the Homecoming Parade.



Phyllis A. Kunkler



Micheal H. Laform



Renee J. Laman



Susan H. Lamb



Edward B. Lane

Midst of Work



Cheryl M. Lassiter



Michael F. Lawlor



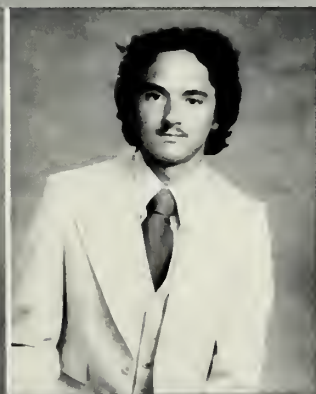
Thomas Lawrence Jr.



Loletha D. Leaks



Jacque A. Lee



Michael L. Lett



Richard L. Lett



Crystal D. Lewis



Leshia A. Lewis



Joe K. Libbon



Michelle Lindsley



Nancy J. Linsly

And now . . . it is time for the . . . **FAMOUS YOUNG LIFE MINUTES!** This cry, followed by howls of laughter, clapping, and screaming, echoed throughout the crowded, but cozy living room. These Minutes, however, were not exactly what the name implies. Instead of being the expected reading of what happened at the previous Wednesday night meeting, Penny Bogan, one of the Young Life leaders, proceeded to call out names of people who had so unselfishly "volunteered" themselves to be in the Minutes. Cheers of approval and applause followed as the victims suspiciously trudged out of the room.

Next, Penny introduced the world famous Wilhemina Bodanski, a fictitious fashion expert portrayed by Willie Bogan, the Young Life area director for Virginia Beach. Wilhemina gracefully entered with an air of dignity and sophistication. She then informed everyone that she had brought along some of her top models who would be displaying her newly designed sleepwear apparel for women. The fashion show proved to be quite a surprise as several males pranced along the runway showing off their flannel nightgowns, feet pajamas, and even a sheer negligee. Upon its conclusion, all appeared to be satisfied with the unrehearsed production as the audience gave the performers a tremendous round of applause, complete with whistles, hoots, and yells. Seconds later, guitars, harmonizing voices, and clapping hands filled the room. After several more songs, scattered hushes dominated the atmosphere as the group quickly quieted down. For the next fifteen minutes, Keith Eubank, another Young Life leader, talked about Jesus Christ and the significance He has in our lives. The group listened intently; however, when Keith finally ended his talk and vibrantly, shouted, "O.K., let's all go munch out at McDonald's!" the group scattered in every direction and chatter among friends began.

When asked what exactly Young Life is, Willie Bogan replied, "It's just a break in the week for friends to get together and have a good time." This is a true statement as Young Life proved to be an enjoyable experience for all.

Give It All You've Got!



Gaile R. Lipp



Cathy M. Loiercio



Angela D. Long



Steven W. Long



Vicki L. Loper

Break a leg! This theatrical phrase which means "Good luck", has been heard by Bob Kohrherr, a second year drama student, for quite a long time.

Bob began performing at the age of five by being an angel in an annual Christmas pageant. Since then, Bob has advanced and has done numerous productions. For instance, he is involved with pantomime at the Kempsville Recreation Center and is in a clowning group known as *Two Laughs and a Half*. His biggest and most popular performance, however, was his leading role as Charlie Gordon, in the Drama Department's production of *Flowers for Algernon*.

His overwhelming ability to emotionally involve his audience shone through as he drew tears into everyone's eyes and caused the audience to give standing ovations on both nights of the performance.

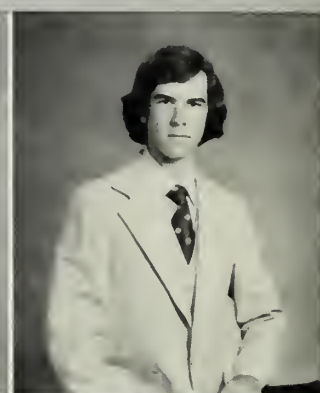
As for the reason for his participation in drama, Bob jokingly answers, "I was always loud and obnoxious, so I might as well get credit for it." He went on to explain that acting is "a good release from the anxieties and the tensions of the day" and that he plans to continue to study the theatre. This may be quite a while, however, for although Bob does not plan to pursue acting as a career, he would like to teach drama.



Nelson D. Loucka



Forde B. Lowery



Ned H. Lowery



Larry D. Lowton



Reese F. Lukei III



Norman T. Malbon



Kelly A. Manning



Vicki L. Markowski



Lisa S. Marlow



Kevin M. Marshall



Donald G. Martin



Kaytren Martin



Richard Martin



Gregory A. Martinez



Gail Martino



Advanced dramatic students pantomime a tug-of-war.



Ronald C. May



David L. Mayhan



Patricia K. Mayo



Kirk N. Meeker



Almiede Meinicke



Judy R. Meyer



Amy R. Meyers



Lourena Miles

Balance, Poise, and



Mitzi E. Milius



Lauri A. Miller



Kathleen A. Mitchell



Lisa E. Mitchell



Diane R. Mizelle



Bob Moe



Lee M. Monroe



Melinda J. Moon



Angelina Moody



Lewis E. Moore



Baker Lee S. Mordecai



Kelly J. Morgan



Sameul T. Morgan



Paul M. Morris

Perfection

elly Morgan leads the senior class in the Homecoming cheering competition.



Pam L. Morse



John T. Mosely



Karen K. Muller



Deborah E. Mundy



Jana S. Munson



Dale P. Myers



Joyce E. Myers



Ellen M. McBride

Body strength, coordination, and flexibility are well exhibited by First Colonial's talented gymnast, Leslie Karnitschnig. Leslie has been tumbling, leaping, and stretching for six years. Impressed by the controlled, flexible body movements of her sister Theresa, a 1978 First Colonial graduate, Leslie executed her first forward rolls under Mrs. Jean Wallace.

Leslie's recognition in gymnastics has not been an overnight success. Instead, it involved at least three to six hours of daily practice, and a few fractured bones and muscle strains. However, Leslie's enduring devotion has earned her merits in the highly competitive Amateur Athletic Union (AAU) meets and the U.S. gymnastic federation competitions. Recently, Leslie was placed number one in an

all-around compulsory meet during the Neptune Festival.

When asked what her favorite apparatus was, Leslie unhesitatingly replied, "the uneven parallel bars!" On these high bars, she displays her knack for optional exercises. Optional exercises are movements composed by the gymnast. Leslie is judged on the difficulty of the movements involved, originality, fluency of movements, perfection of execution, and the beauty of combining various movements. The parallel bars require well-distributed support and balance of Leslie's body.

Leslie will continue mastering her gymnastic skills through college, hopefully James Madison University. She is undecided about a career in gymnastics, thus stating that "it may be something I can fall back on."

We're Special!



John S. McClintock



Jon H.C. McConnell



Mary E. McCormick



Melinda E. McCraw



Martha A. McDaniel



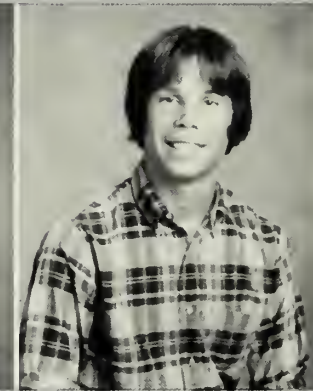
James M. McElligott



James A. McLeod



Susan E. McLuckie



Robert C. McRee



Susan D. Nagg

"We're special," remarked Mrs. Betty Rogers in reference to her Advanced Placement (AP) English class. The course is for seniors only and only a few of them — fourteen to be exact. AP is an English course that is taught on a college freshman level. The course is actually a preparation for a test that is given to the students in the spring. These essay exams, which are graded by a panel of English teachers, are a reflection of the work done in class during the year. Since the class reads, discusses, and writes about an average of one book per week, much work and preparation is accomplished at home by the students on an individual basis. The students are on their own as they would be in college as the course itself and the material is on a college level. Most colleges accept this AP course and will exempt a student from having to take freshman English. This is the purpose of the entire course. The work load is quite heavy for the students; however, after the AP test has been taken, the class will retreat to the stage to put on *Spoon River Anthology*.



Steven M. Neely



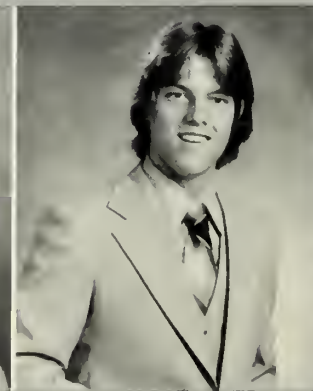
Archie R. Newell



Pamela R. Nickles



Charlene E. Nissen

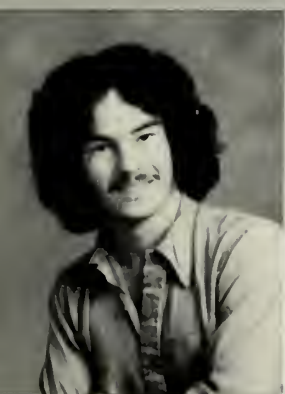


Brian K. Nock



Sharon K. Nolte

Advanced Placement English students listen intently to Mrs. Rogers as she explains the importance of literature.



Brian K. Norris



Cathy O'Brien



Carroll A. Oliva



Gregory E. Olds



Doug S. Onhaizer



Austin E. Owen



Sharon L. Owens



Julian W. Palmer



Patricia Parker



Pete Parker

T-shirts, '79 Style



Phyllis Parker



Terri J. Parker



Charles F. Payne



Robert H. Pearsall



Michael R. Penny



Tanya D. Perrault



Mark S. Peters



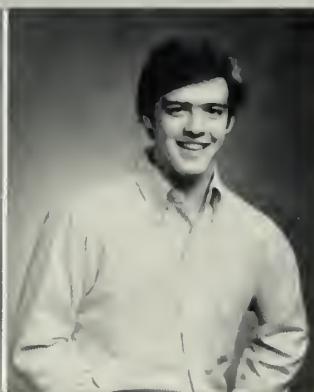
Elisabeth E. Peterson

Susan Karvala and Scott Turnbull prove that seniors have pride covered on all sides.





Nancy A. Petroff



Stephen L. Phelps



Adam T. Phillips



Donald O. Phillips



Rebecca D. Potter



Susan D. Potter



Now in its third year as a tradition, the Senior t-shirts were sold once again. Planning for the design and sales of the shirts began early in the fall after the Senior chairmen were selected. The shirts were printed with colonial blue as the background and First Colonial High School on the front. On the back, the '79 theme, "Sailing into Tomorrow" was printed with a vivid scene of a ship sailing into a brilliant sunset.

Tim Drinko, an artistically talented student, contributed several ideas to the design of the shirt. With Tim's drawings, Roger Griffin, chairman of this activity, requested a design of the American Silk Screen Company. An artist there finalized the initial draft as it appeared on the t-shirts: The incorrect spelling of the word "tomorrow," however, brought about much criticism from the underclassmen, but the Seniors unanimously agreed that the Old English spelling contributed to the shirt's appeal.



Theresa M. Prats



Jeanne P. Preston

F.C.'s Wave Riders



Karen L. Priolo



David M. Rager



Blake Ramsey



Surfing — one of the Beach's most popular sports.



Daniel L. Ramsey



Steven C. Raper



Jerome P. Reagan



Laura L. Redford



Mark E. Reiber



"Surf's up!" Those are magic words to many First Colonial High School seniors. It is not uncommon to see a parade of cars with surf racks heading towards the beach at sunrise. Virginia Beach, like other beach resort areas, attract many skillful, as well as amateur surfers.

The surfing conditions at Virginia Beach depend mostly upon the season. During the summer the waves are small and choppy; however, from fall to early winter, 14th street at the wooden pier and Croatan offer "good, consistent waves."

Surfers agree that the best time to surf is in the early morning. This time of the day provides the ideal conditions for surfing. According to the surfing enthusiasts, the ideal surfing condition consists of waves four to six feet high, glassy water, clear day, and the presence of slight offshore wind. They also affirmed that Cape Hatteras is the best place to surf. It sometimes offers waves as tall as eight feet, and there exists a mild offshore wind.

Most surfers develop their interest in the sport, for they have been exposed to the beach life since childhood, and many of their friends or older brothers inspire them to surf. Surfing is a unique and challenging

sport. As senior Bart Weis stated, "it's exciting, fun, . . . it's a natural sport." This strenuous sport builds up self-confidence and gives a special feeling of accomplishment and freedom unlike any other sport.

In order to become a competent surfer, one must practice with dedication, courage, and imagination. "It's very important to learn from watching others, and it's equally important to have patience," claims Scott Anderson, an enthusiastic surfer.

For some, surfing is more than a provocative hobby. It means competing against experienced surfers from all over the nation. Joe Hanley is one such qualified surfer. He has participated in surfing contests in Cape Hatteras, and for the last three surfing contests at Virginia Beach, he has been placed number one in the junior men competitions.

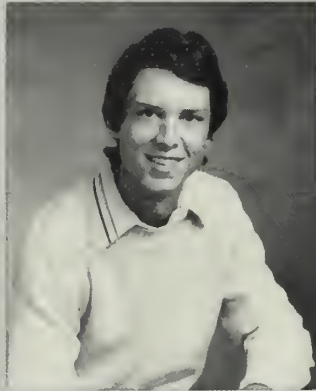
For the past few years, surfing has become a popular sport, for the rewards in surfing are great. Surfing teaches one to overcome a great natural force — the pounding, strong, ever-changing sea. It challenges the rider's agility and imagination, and it gives him a sense of freedom and fulfillment.



Mary S. Renstrom

Richard W. Revolinsky

Commanding Attention



David K. Richlie



Inez Riddick



Willie A. Riddick



William C. Riesenberg

Andy Delloro leads the band in another halftime performance.





Tom J. Riley



Robert C. Rish



Doug Robertson



Sam R. Rockwell

Scott King jams on the bass guitar.



Silence and anticipation fill the chilly air. Suddenly, with a snap of his fingers, one hundred people emit a clear, harmonious sound, swelling the crowded football stadium. Who is this powerful one with the dominating finger snap? It is Angeles Delloro, First Colonial band's field commander. He is the one responsible for leading the band in competitions, executing the marching movements, and helping the band director, Mr. Gonano, create show designs.

Angeles has been in band since the end of sixth grade, and since then, he has had the ambition of becoming a band leader. Last year, he was the assistant field commander of the First Colonial band, and now as a senior, he has fulfilled one of his goals by becoming the leading field commander.

Being a field commander takes much time and dedication. Angeles practices with the band every day for an hour after school, in addition to the fifty minutes in class. Aside from practicing as a field commander, he also spends

many hours mastering his skills in playing his E flat clarinet. Where does all this steady practicing and hard work lead? It has earned Angeles his position in All State Band, in Regional Band, and in Who's Who in Music. Another individual accomplishment was his Arion Award, which was presented to him by his own fellow band members last year. The award was well deserved, for Angeles was indeed the junior displaying most overall credit for band.

Angeles has also exhibited his leadership talent by placing in various drum major competitions. He has merited first place at the Neptune Festival, second place in State Fair Competition, and first place in Tidewater competition.

With all his achievements, Angeles should have a bright musical future, and with his driving ambition, Angeles could become the successful professional band director that he has always dreamed of being.

Prime Time-That's



Swanna D. Rodriguez



John W. Rogers



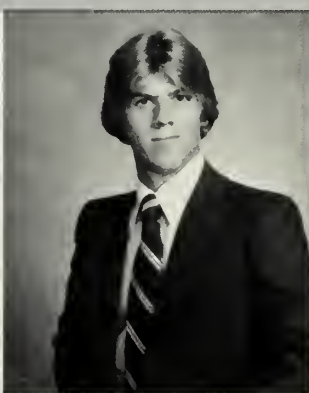
Daniel J. Roland



David H. Rosche



Steve A. Rubin



Harry M. Runkle



Donna R. Rusk



Rusty J. Rust



Vicki J. Ruth



Janet M. Salmon



Lisa G. Saunders



Pamela M. Schaadt

Last year's Junior Jollies was a one-hour and fifteen minute success that only the juniors of '78 could do so well. Much of the deserved credit for the production went to director Lyn Cox and head writers, Geoff Wolfe and Bob Kohrherr. Lyn's job as director put her in charge of casting, selecting scripts, and setting and attending all rehearsals, which lasted from the end of February through the entire month of March.

The Junior Jollies, which took place March 30th and 31st, 1978, were

hosted by Masters of Ceremonies Ward Valentine and Steve Long. Highlights of the production included such parodies as "You Bet Your Life", a game show, "M.D.", a talk show with doctors, and "Ritz Cracker", a spoof of the commercial. Scott Turnbull and Almeida Meinicke teamed up to perform "Friday Night Temperature," a take off of the movie *Saturday Night Fever*.

The proceeds taken in by the Junior Jollies went to fund the 1978 Junior Prom.



Patricia L. Schaadt

Entertainment

Bob Kohrherr explains to Ellen McBride why "C people" are the best in a Junior Jollies skit.



Jerome B. Schaum



Cathleen A. Schmidt



David A. Schrenk



Louise Seawell



Kimberly A. Sellers

'79 - We're So Fine



Kathy S. Sexton



Randal G. Shelin



Richard W. Sherrill



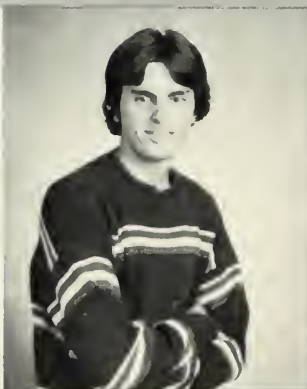
Stephen R. Sherwood



Equestrian Laura Engle enjoys her victory.



Cynthia L. Shipp



Ed C. Sierra



Christopher A. Simmer



Lorence P. Sing



Kevin L. Slattum



Terrie L. Smalls



Alice M. Smith



Brandon C. Smith



Kathi R. Smith



Pamela C. Smith



Robin C. Smith



Sandy E. Smith



Harry R. Smithson



Lloyd C. Snowden

Class of '79 of First Colonial High School displays many talented students. Two such seniors are Debbie Jones and Laura Engel. They have been proficient horseback riders for about seven years. Debbie's interest in horseback riding started at her aunt and uncle's farm. There she developed her love for horses. Laura's interest was promoted by a farmer who inspired her to ride and train one of his ponies. Ever since then, horseback riding has been an important part of her life. Both Debbie and Laura own horses. Laura has an eight year old, grey, male Arabian horse named "Flagman," while Debbie enjoys riding her large pony, "Prairie Breeze".

According to our riders, horseback riding is fun, but it also means many enduring hours of practice. Debbie spends much of her free time at Hillcrest Farms, training and preparing for horse shows. She participates in one or two horse shows a month during the winter months, and weekly shows during the summer.

Laura also is active in horse shows. In preparing for these horse shows, she practices at least five times a week, all year long at M.R. Adam's Farm at Princess Anne Road. For the past five years, Laura has been selected to participate in Richmond State Fair Grounds for 4-H horse shows.

Both Laura and Debbie ride English style, which involves jumping. In horse shows, they exhibit their mastered skills in jumping.

Having been around horses for many years, the girls have come to love animals. Laura even hopes to extend this concern for animals by seeking a career as a veterinarian technician.

With their accomplishments, Debbie and Laura are just two more reasons for the senior class to boast of its superiority.

This is Only a Drill



Lynn Snowden



John C. Snyder



Baird Spicuzza



Jesse Spute



James A. Standing



Julie M. Stebe



David D. Stiles



Tracy L. Stockton



Ellen O. Story



Cecil M. Swain



Mike R. Swindell



Paula R. Swindell



Katherine D. Swingle

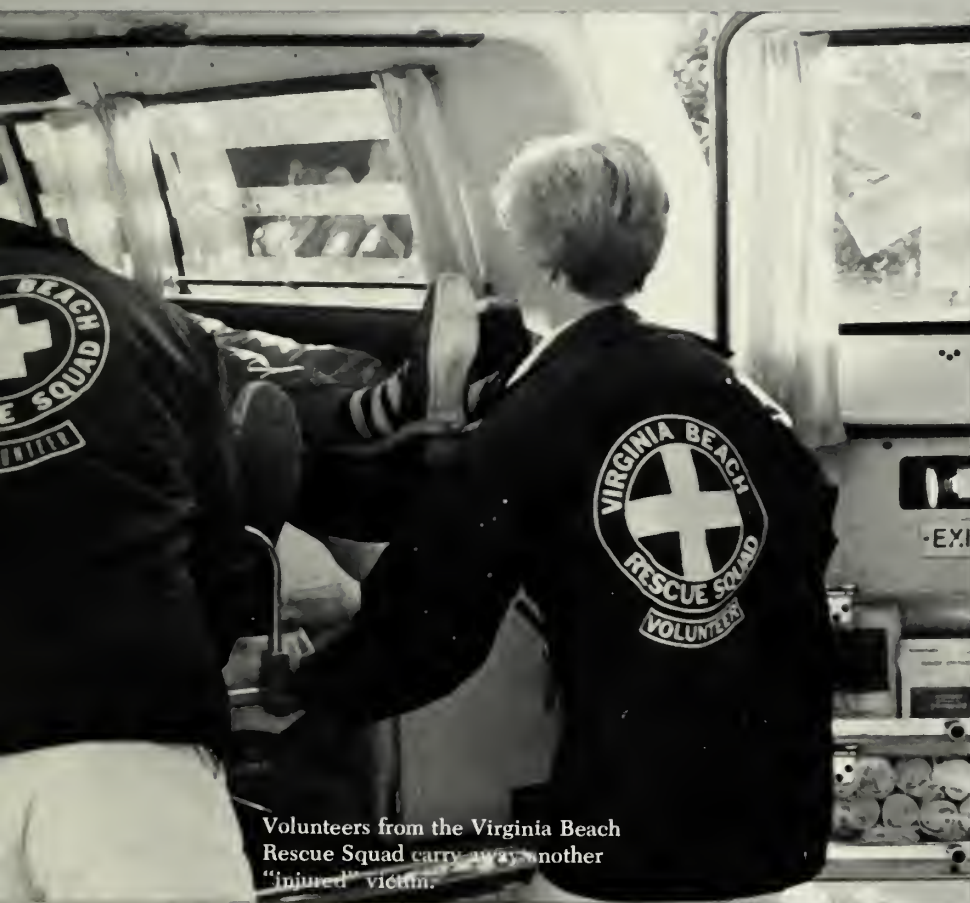


Elizabeth A. Tarver



Another result of First Colonial's simulated Disaster Drill.





Volunteers from the Virginia Beach Rescue Squad carry away another "injured" victim.

"Who needs more blood?" the woman asked. Voices excitedly cried, "I do! I do!" Sound strange? Not to the first Colonial drama department as they prepared for a simulated explosion in the school's cafeteria on December 13.

Earlier in the month, the drama department was contacted by Mrs. Jo Downs, coordinator of the project. She said, "The purpose of this drill exercise is to see how effectively the police, hospital and fire departments can handle a disaster if such did occur."

The mock explosion in the cafeteria was set up by Tidewater Emergency Medical Services. This crew, along with the students involved, rearranged the cafeteria to look as if an explosion had taken place and also applied professional make-up to twenty-six victims as if injuries had occurred.

At 2:49 p.m., Mrs. Joyce Harper, drama teacher, placed the call that sent the rescue teams racing to the scene. They administered first aid to the vic-

tims and transported each one on a priority basis to the General Hospital of Virginia Beach.

Inside the hospital, the administration had its hands full with five demanding parents, three nosy reporters and two persistent photographers. To prevent their admittance, the front entrance was blockaded by hospital security staff as well as the emergency room entrance.

Parents were escorted to a quiet corner to file a report with the hospital, while the reporters and photographers were ushered to the News Media Room on the East Wing to await any report on the victims.

Down in the Emergency Room, doctors had the situation under control. Each patient was attended to according to his wounds and some were even sent to different hospitals in the area. The drill was a complete simulation of the procedural duties of the hospital and other public health services. Mrs. Downs concluded that the drill was a huge success.



Jennifer L. Taylor



David A. Templeton



Mitchell T. Terry



Melanie K. Tillet



Rosella S. Timba



David S. Timms



Billy Torbush



Raymond T. Toupin

A Winning



Jeanne M. Traub



Robert J. Triplett



William J. Triscritti



Scott A. Turnbull



Elizabeth S. Tyler



Marjaana Vahviala



Herman E. Valentine



Jayme B. Wakefield



David M. Walker



Jane B. Walker



Russell L. Walsh



David W. Walters



Paula S. Warren



Billy E. Washburn



Barton D. Weis



Michael J. West

Combination



Kim Whitaker



Theresa A. Whitbred



Donna L. White



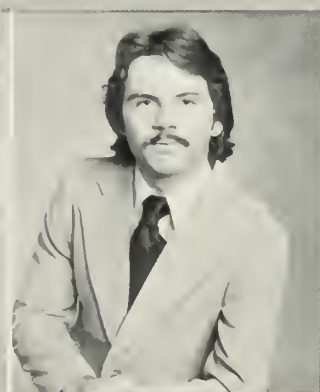
Tracey L. White



William C. White



Cheryl A. Whiting



Robbie L. Widgeon



Michael E. Wiggins



Carole L. Williams



Demetress A. Williams



Kelly E. Williams



Rhonda M. Williams



Stacy A. Williams

It takes a special type of person to keep clubs and at their best. Who would be a better example of this type person than Steve Phelps? Steve is a spirited senior who has been exemplifying his beliefs in student involvement throughout his high school career.

In his sophomore year, Steve was co-chairman of the Carefree gum contest. This enthusiasm was carried over into his junior year when he was elected vice-president of his class. He still found time, however, to participate in Junior Achievement, where he was named vice-president of his company. Membership in clubs such as the Spanish Club, E.G.C., and Key Club, in which he was an officer for two years, add to Steve's list of accomplishments. In his senior year, Steve was selected to be a class chairman because of his responsible attitude; thus, he was elected most dependable. He also exposed his musical talents by singing in Madrigals.

Highest on Steve's priority list however, is the debate team. Steve began debating in his sophomore year, but in his junior year, Steve proved that hard work and perseverance can and often do result in genuine success.

Last year, Steve teamed up with Judy Peterson, a 1978 graduate, to collect numerous debate awards in district, regional, and state competitions. He has won fifteen individual speaker awards and is presently a member of the Tidewater Debate League. Steve has proved that he, as a member of the class of '79, can surely express himself well.

Awaiting A



Elizabeth A. Willis



Teresa F. Winford



Charlie W. Wise



Noreen L. Wolf



Geoffrey S. Wolfe



Horace M.B. Wood



Joselyn A. Woodhouse



Willie R. Woodies



Anne S. Wool



Laura Jane Woolridge



Mark W. Worrall



Barbara D. Wright

The Spirit of '79 — you'll never hear the end of it!



New Voyage



Seniors make a point of wearing their class rings wherever they go.

A SHIP — '79 CLASS

A ship has sailed
O'er the water blue,
It's harbored now
The voyage is through.

Twelve happy years
It has been at sea,
The treasures it holds
Are of countless memories.

Arts were learned
From a Master's hand;
And friends were made
In distant lands.

Resolutions, made
Some broken and some kept;
When the storm clouds pass
The sun will be left.

The treasures now held
Are yours and mine
The ship that has anchored
Is the class of seventy-nine.



David D. Wright



Rebecca E. Young



Chester A. Zeman



Barbara L. Ziemba



Mark D. Zimmer



Brenda Bonney





Underclass

Although the seniors often made fun of the juniors and sophomores, it has to be admitted that they were an important and contributing part of our school. Their creative projects inspired enthusiasm and spirit while adding dollars and cents to their class funds.

Some of the projects included the

sale of Homecoming Mums and Student Bargain Paks, a huge pizza dinner, a bake sale, a car wash, the construction of prize winning floats, Junior Jollies, and Junior Prom, and many others. With all of this dedication and eagerness, the classes of '80 and '81 show great promise for the future.

Needing strong, level-headed leadership, the class of 1980 elected its Junior class officers. Richard Schlimgen, Lee Anne Caton, Jeanne Guiffre, and Karen Blankenship took the responsibility with the spirit to obtain higher goals.

Richard Schlimgen, dedicated and enthusiastic, was ready to tackle the problems of the class. Richard possessed the qualities that few leaders in a lifetime ever achieve.

Dictatorial at times, his practice of keeping competent people around him proved to be a guiding force that made this year shine.

Lee Anne, the domineering, outspoken Vice-President of the class, was ready to step in when Richard wasn't there. Lee Anne's presence and silent force kept everyone together during this year.

Jeanne Guiffre, secretary and Karen Blankenship, treasurer, and also the Junior Class attendants, had the beauty and intelligence to keep the Class of 80's power machine running.

Richard Schlimgen was the junior class president, and Leigh Anne Caton was the vice president.



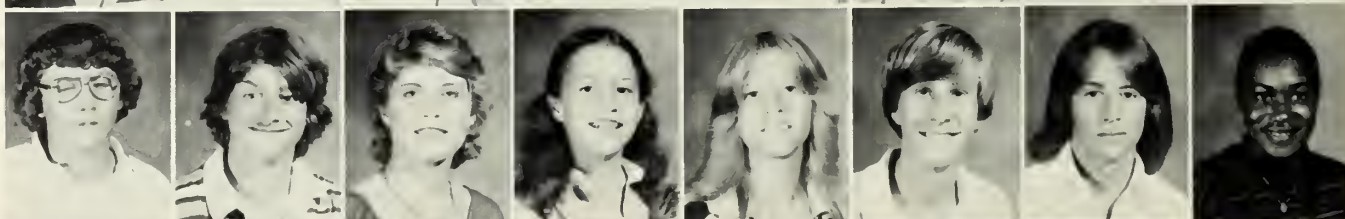
Susan Ahrin
Kate Akright
Gwen Albritton
Cherie Alexander
Jan Alexander
John Alexander
Albert Allen
Brent Allen



John Allen
Lenny Allen
Melony Alley
Dell Ambrose
Larry Ambrose
Kathy Anderson
Richard Angeliatta
Beth Ansell



John Ashworth
John Aucamp
Leslie Ayers
Kerry Baese
Shelly Bagley
Don Bahlman
Mike Bailey
Lorna Baity



Les Baldwin
Karen Ball
Denise Bapties
Whitley Barcalow
Joey Barnes
Susie Barnhart
Sandy Bartman
Marvin Baskerville



Penny Beam
Rochelle Beardslee
Alan Beck
Jeff Beck
David Becker
Doug Been
Dana Bendall
Billy Bendix



The CLASS of 80



Jan Beneger
Terri Bennett
Joe Bessler
Fred Betz
Kim Betz
Lauren Beyer
Karl Blackhorn
Tonya Blacksher



Mary Blair
Karen Blankenship
Ray Blevins
Madelyn Bertugn
Chastity Bottoms
Kandall Bowman
Arch Bracher
Pat Bracher



Brad Bradshaw
Janine Bradshaw
Leesia Bradshaw
Todd Breen
Brenda Brinson
Cindy Britton
Scott Britton
Robin Brown



Tim Brown
Todd Brownell
Kathy Brothers
Sally Brunelle
Gary Bryan
Ken Bryant
Cheryl Bubeck
Randy Buckley



Dawn Buffington
Ellie Bull
Lynn Bulla
Randy Bullard
Chris Burkart
John Burrows
Becky Burton
Frank Butler



Jeanne Guffre was the secretary of the junior class and Karen Blankenship was the treasurer.



Lynn Buxton
Ricky Caffee
Mark Caldwell



Shirley Callis
Julie Cambell
Gerard Capres



Bill Carey
Randy Carila
Kenny Carlson

Courtney Carpenter
David Carroll
Sherry Carroll
Laurie Carter
Maureen Casey
Sharyn Casey
Michael Casson
Leigh Anne Caton



Eyvone Chancellor
Jeff Chandler
Sandra Cheney
Harold Cherry
Gina Chianelli
Cindy Childress
Jack Christian
Pete Christodoucias



Brian Church
Julie Clark
Teresa Clements
Beth Clugston
Deborah Coffey
Charles Cohen
Jim Cohen
Kelly Colletti



Pat Collick
Sharon Collins
Sean Connell
Corky Connor
Ramona Consolvo
Rick Cook
Ron Coons
Teresa Copeland



STUDY BUMS

Beach bums, who live in sandcastles, worship the Coppertone Bottle. Tennis Bums, who live at the Virginia Beach Racquet Club, worship the Fuzzy Ball. Surf Bums, who live at the 17th Street Surf Shop, worship the Wave. A new phenomenon at First Colonial during 1979 was the study bum, the Advanced Placement American History student, who lived in his desk and worshipped *Barron's How to Study for the Advanced Placement Exam in American History*.

The purpose of the A.P. course in American history was twofold. The course endeavored to subject students to a collegiate academic program whose end was the Advanced Placement exam administered by the College Board. The A.P. course also served as an extensive study of American history — not just the facts, but a thorough analysis of historic trends which occurred in America. The ultimate goal, of course, was to turn a group into hardworking, well-rounded study bums.

The teachers of A.P. United States

history were also hardworking, well-rounded study bums from way back. Mr. Richard Cain, Mrs. Laura Ezell, and Mrs. Gwen Infantino often spent their early morning hours laboring to prepare for dazzling class lectures, filled with enthralling anecdotes such as Mrs. Ezell's story of the dead officer in the War of 1812 who was shipped across the Atlantic in a brandy cask. Only a true study bum could concoct such a tale.

The study bum of A.P. history worked his pencil to the eraser, grind-

These books contain the creeds by which Study Bums live.



ing out his weekly paper and feverously scribbling away during class lectures. Only the study bum knew the deep, dark void of his desk drawer, which would hold the secret ingredient that would get him through a night's preparation for a test — a page of sample essay questions.



Rob Cornelius
Sherri Cornelius
Angie Cosentino
Edwin Cowell
Robert Cox
Dawn Cramer
Raleen Cribbs
Tina Crisson

Angel Crockett
Kathy Culbreth
Jan Cupp
Wandra Dancy
Sherry Daniels
Charlotte Davenport
Tammy Davenport
Ellen Davis

Jemmy Davis
Kelly Davis
Teresa Davis
Troy Davis
Richard Dawson
Donna DeFebo
Terry Dellinger
Keith Denman

Diana Dines
Tracey Dingwall
Mike Disilvestro
Mike Dixon
Julie Donovan
Scott Dormire
Robert Dowb
Lou-Anne Drechsler

Walter Drewitt
Jane Drewry
Stephen Drucker
Dick Drylie
Ben Dubois
Abbie Duncan
William Duval

However, the fledgling September study bums became in April tough tacklers of essay questions and devious deciphers of multiple choices. The A.P. exam loomed paramount in May, and the hardened study bums were fully prepared to meet this vigorous test of not just American History, but the ability to assimilate facts in an analytical style. The students found out that seven months of conditioning for this test made the exam, to quote Mrs. Infantino, "a piece of cake."



David Eames
Todd Eastlick

Debbie Edwards
Susan Edwards

Betsy Eldridge
Joyce Elliott

Terri English
Roger Evans

After many hours of hard, time consuming, and grueling work the Class of '80 can proudly say they have mastered the art of "stuffing." Known to the multitudes as a food eaten with turkey Juniors at F.C. have given the term a new meaning. The Juniors did not invent the art, but they have mastered it.

One unique quality about the art of stuffing is that it has to be mastered by a group, not an individual. Single superstars do not exist in the National

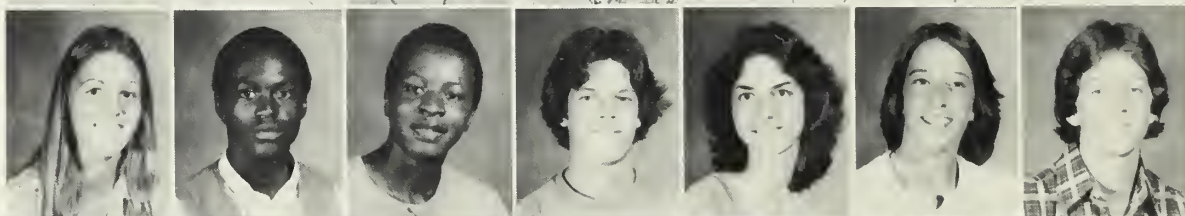
Association for Avid Stuffers (N.A.F.A.S.), only teams of dedicated personnel attain stardom in the field. The Class of '80 has attained this level of excellence.

Working at three different places the pieces to the puzzle were being created. The design was set and construction began. South Pacific was about to become a milestone in the history of stuffing.

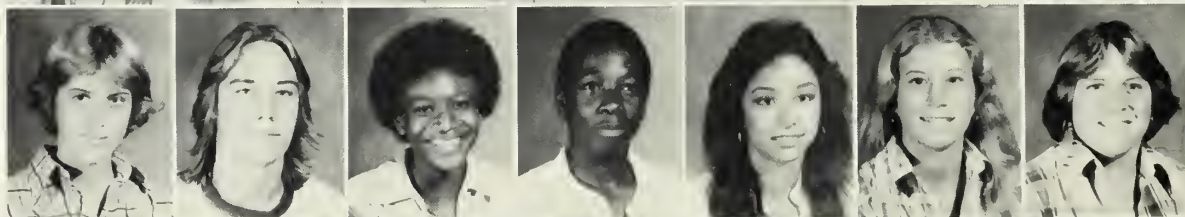
Tracie Everett
Laura Ewing
John Fairfield
Sheri Falkner
Stephanie Falls
Bill Fanney
Toni Fantino



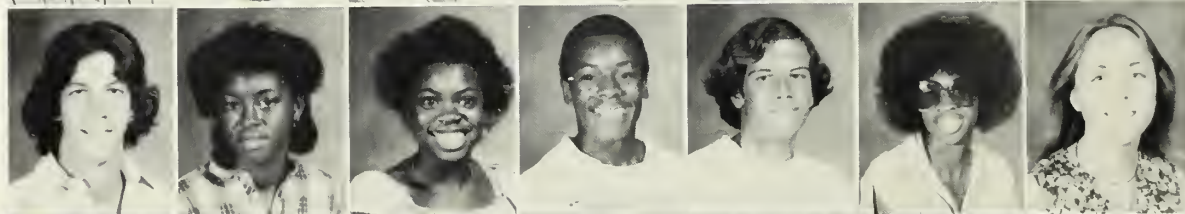
Loraine Felth
Gary Felton
Fred Fenner
Frank Fentress
Denise Finkbeiner
Ami Finn
Gray Finnegan



Lisa Fisher
Steve Fleming
Brenda Fletcher
Tyrone Flora
Bridgett Flores
Charlene Foley
Holly Foley



Wally Fontenot
Brenda Forbes
Rhonda Forbes
Wayne Forbes
Daniel Ford
Veronica Ford
Ann Fortenberry



Kent Francis
Trey Fraser
Kay Freeman
Malcolm Freeman
Susan Freer
Anne Frierman
Jeff Frizzell
Eddie Furniss



Pam Gallagher
Kathy Galloway
Lisa Galyon
Judianne Gamba
Charles Gardner
Johnny Gawrys
Peter Gebhart
Mike George



Charles Gibson
Micheal Gibson
Darrell Gilliland
Jeanne Giuffre
Kinney Glascock
Rhonda Glesmann
Dana Graves
Barbara Gloeckner



As each team consisting of five to twenty people finished its part the culminating activities could begin. The day had come to get the flat bed. The final piecing together had begun. All of the effort had been worth it. The pride of accomplishment ran through the team. Spirits were high and everyone was excited only to be crushed as they found out, later that night, they had lost the contest.

N . A . F . A . S .

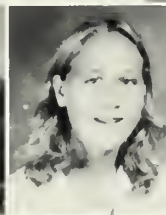
Seniors portray the many characters of South Pacific on their float.



Sherry Carroll works diligently in order that the Junior float be perfect.



Mitchell Godfrey
Paul Gordon
Geoff Gordon



Jeri Goodwin
Laura Goodman
Ann Grantham



Richard Gravatt
Eddie Graves
Bill Green



Brenda Greene
Durwood Griffin
Gary Grissinger



Jeff Groh
Carol Haag
Charley Hall



Linda Halverson
John Hammer
Mike Hancock



Nakita Hankins
Tom Hanley
Steve Harnise

Rookies

Brenda Harper
Elizabeth Harper
Heather Harrell
Debbie Harris
Angie Harrison
Randy Harrison
Donnie Harshbarger
Anthony Hawa



Debra Haymaker
Denise Hayungs
Hilton Hazelton
Leslie Heath
Pam Henderson
Kimberly Hess
Cindy Hewitt
Debbie Hicks



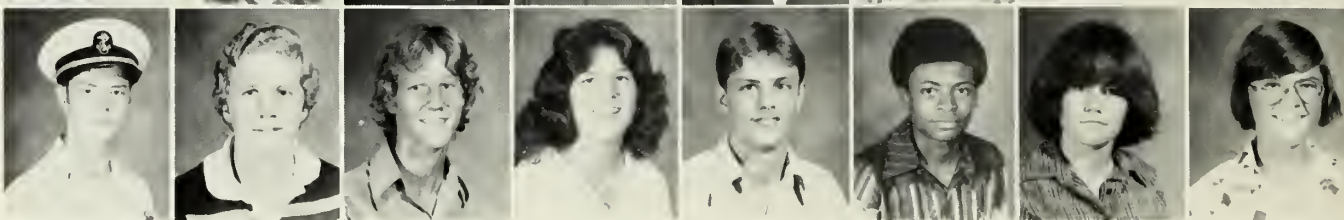
Frank Hiehle
Barbara Hill
Cheryl Hill
Theresa Hillegass
Anthony Hills
Bill Hiltibran
Laura Hines
Sherri Hoggard



Steve Holland
Janice Hollins
Shade Honeycutt
Billy Hooker
Tim Hoover
Terry Hope
Allen Horton
Michael Hotigan



Tim Howlin
Keith Hudgins
John Hryskanich
Kim Hudgins
Allen Hughes
Avery Hughes
Kim Hughes
Marshall Hughes



It's only a matter of time until the Class of '80 acquires the thrill of victory. Like the many classes before them the juniors lost to the seniors in the annual powderpuff game. The final score was 36-0; however, this score did not reflect a lack of effort on the part of the juniors but only a lack of experience.

The night was cold, windy, and rainy, but that didn't stop the action.

On the sidelines the cheerleaders chanted out their cheers. On the field the girls struggled onward, trying to win for their class.

The preparation before the game seemed never ending. For two weeks the girls attended practices where they worked till they were too stiff to move. The junior guys practiced their cheers in the 700 hall after school.

Although many juniors feel that the night was a disaster and a complete loss, much was gained. The Class of '80's time will come and again roles will be exchanged next year.

Coach Darrell Gilliland
contemplates the next play while
Patty Lynch and Taylor Wright
accept the agony of defeat.



Junior cheerleaders model the "hip" fashions of '78.



Terri Hughes
Max Hunter



Robert Hunter
John Hurdle



Ernie Hux
Kevin Illingworth
Bruce Irish
Henry Jackson
Kirsten Jackson
Robert Jackson
Jane Jacobson
Larry Jamerson



Mike James
Renee James
Clifton Jennings
David Jett
Greg Johnson
Guy Johnson
Jerry Johnson
Liz Johnson

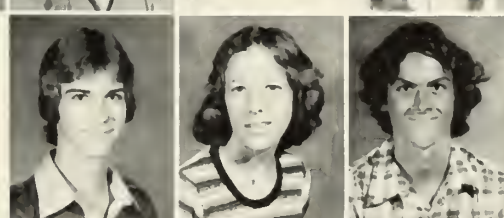


Carolyn Jones
John Jones
Lonnie Jones
William Jordan
Kevin Karn
Kathy Karp
Mark Keeffe
Edi Kemp



Frank Kern
Trisha Kessler
Sidney King
Kli Kinzie
Charles Kirkley
Richard Kitt
Timmy Kittrell
Kathy Knapp

Junior girls display their number one potential.



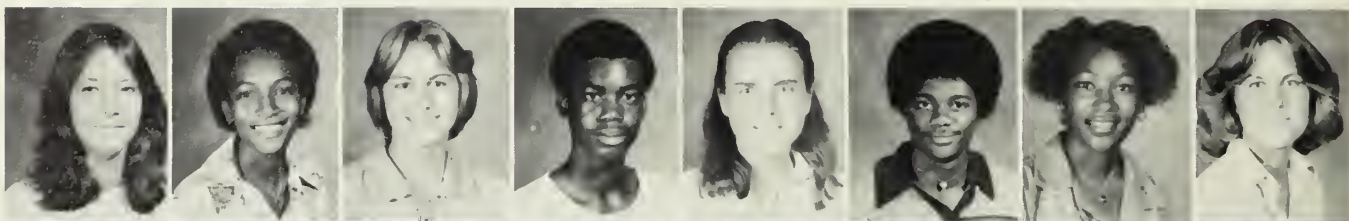
Vincent Knaus
Ann Knudson
John Kochey



Regis Krah
Cheryl Krakower
Beth Krueger

SHIMMERING GEMSTONES

Donna Laemmermann
Gloria Lamb
Nancy Lamb
Robert Langly
Joann Lawrence
Finis Lawson
Debbie Leaks
Beth Lee



Helen Lee
Sandy Lee
Robert Leipold
Colleen Leonard
Kevin Letourneau
Marilyn Levins
Tom Lewellyn
Richard Lewis



Van Lewis
Cheryl Lindsay
Todd Lineberger
Michele Loll
Chris Loney
Russell Lovern
Joey Lucas
Ann Lusk



The coming of Stan, "the man", Martin to First Colonial this fall cast a deep feeling of wholesomeness into the hearts of every Junior. Not merely a trinket, the class ring was the symbol of prestige. The shining new class ring gave the Juniors clout. The sharply defined 1980 on the ring told everyone that its wearer was an authentic, bona fide JUNIOR. One saw the ancient ritual of ring turning during the winter months at First Colonial, whereby the Junior consecrated his friendship with his fellow Junior by giving his comrade that honor of rotating the ring about the finger one of eighty-one times.



"Stan the Man" solicits his wares to eager Juniors.

Lisa Lutz
Patty Lynch
Donna Majewski
Adrienne Malaspina
Keith Monday
Lynn Manger
Tommy Mapp
Liz Marchione



Amy Markman
Eric Markowski
Elizabeth Marks
George Marshall
Todd Marshall
Cindi Martin
Greg Massa
Lisa Mathis





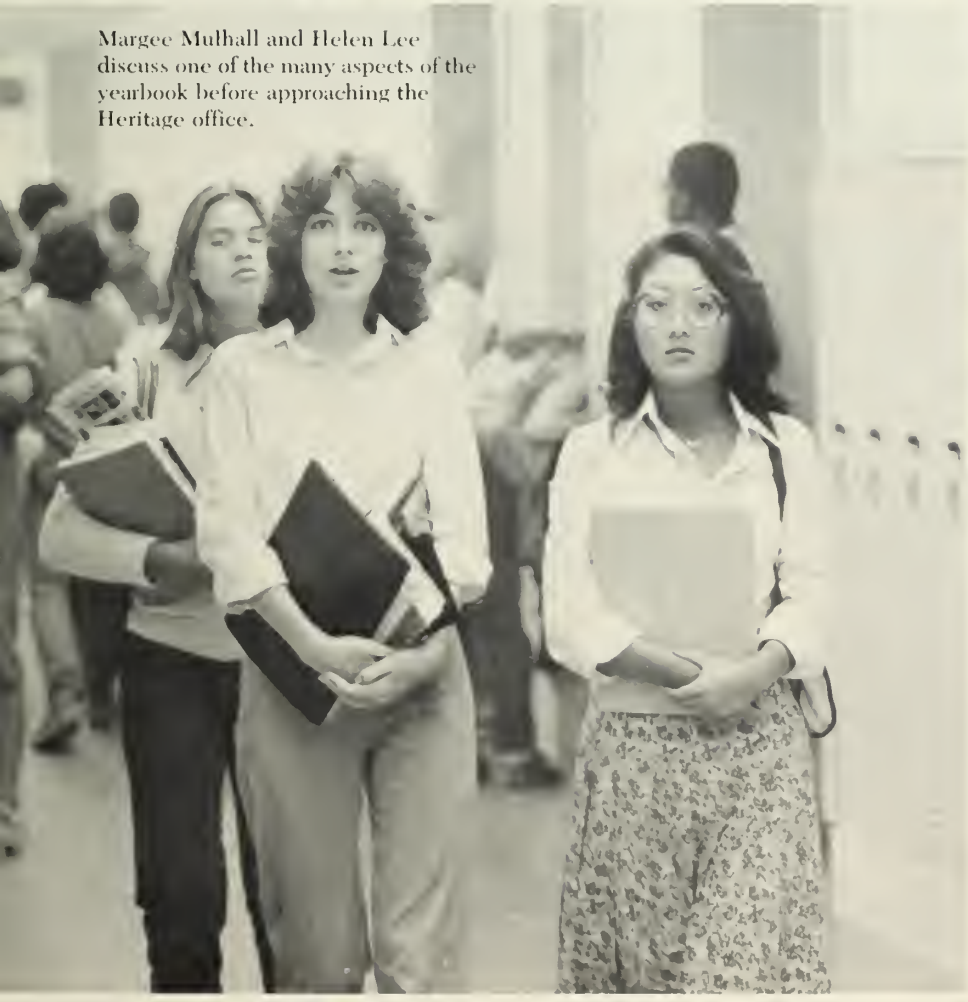
Chris Matt
Kelley Mathews
Mary McCann
Lisa McClendon
Melody McCloud
Tim McDaniel
Brenda McGowan
Amy McIntyre

Debbie McKeever
William McKree
Diane McLaughlin
Debby McHahon
Jennifer McNulty
Kathy McQuillin
David McTague
Jessica Meekins

Vickie Meekins
Bruce Meeks
Michael Meese
Chuck Metzler
David Midgarden
Eliza Midgett
Virginia Miller
Betty Mills

Joe Mills
Mary Beth Mitchell
Ricky Mize
Suzanne Moineau
Ross Montgomery
Kate Moore
Melanie Moore
Melvina Moore

Margee Mulhall and Helen Lee discuss one of the many aspects of the yearbook before approaching the Heritage office.



Molly Moreau
Glenn Morrill

Kelly Morris
Keith Morrison

Bobby Mosby
Bill Mosley
Kelly Moss
Margee Mulhall
Mickey Mullaney
Diandra Mundy
Cheryl Munford
Melinda Munson



Beverly Murphy
Susan Murray
Jim Nabors
Jimmy Nash
Kevin Nelson
Will Nelson
Debbie Nepper
Paul Newsom



Mike Niegro
Regina Nixon
Sandy Nixon
Betsy Noll
Elizabeth Oake
Pat Oakeley
Jim O'Brien
Barry O'Neil



Inga Ostrander
Jenny Overman
Steve Owen
Bryan Owens
Jeff Owens
Jerry Parker
Sharon Parker
Susan Parker



Britt Parris
Kim Parris
Chris Patterson
Heidi Paul
Greg Pawlowski
Harry Pearson
John Perez
Jim Perry



hIGHLIGHTS

Sandi Paganelli
Nikita Perry
James Page



Milton Palmer
Raelynn Person
Cheryl Peters



Kirsten Jackson works along side the office staff.



Tony Hawa gets into float stuffing.



Brenda Phillips
Valerie Phillips
Delilah Pickens
Mary Pillis

Jeff Piper
Tammy Platt
Diane Plumeau
Gabriela Pluntke

Ingo Pluntke
Dale Poe
Mary Potter
Lisa Powers

Troy Price
Bill Proferes
Germaine Pscion
Chris Pudsey

Arlene Puryear
Margen Reed
Laura Reid
Marcia Remick



The class of '80 came into the year with three things on its mind: Homecoming, Junior Jollies and Junior Prom.

Homecoming was a success. The Juniors won the pep rally and participation on the float was much better this year than that of the previous year. Homecoming '78 was the first time the class of '80 really pulled together.

Junior Jollies was something everyone looked forward to. It was a great amount of fun, good entertainment and the major fund raising event the class had. This year, the Jollies was done in good taste, with a capacity house each night.

The Prom was the highlight of the year. Careful and secretive planning made it all the more exciting.

Every Junior should be proud of himself, and anxious to make his senior year the best yet.



Carolyn Reynolds
Pete Reynolds
Ernie Richter

Don Rigolo
Colleen Riley
Tony Rios

Robert Ronick
Mary Rookus
Robin Rosen

Jennifer Rouse
Scott Royal
Jody Rundle

SPREADING

David Runyon
Clay Rust
Dena Ruth
Ron Sadowski
Kevin Sanderlin
Kim Sanders
Dianne Saunders



Liz Sayer
Sam Scarborough
Richard Schlimgen
Terri Schmidt
Andy Seaman
Chester Shaffer
Terri Shaffer



Joann Shears
John Sherman
Karen Sherwood
David Shortt
Brant Shuman
Ann Siegel
Barbara Simmer



Margaret Simmons
Terry Simpson
Debbie Sipler
Terry Skidmore
Keith Slattum
David Slawson
Bob Smith



Wanting to redeem themselves for a poor showing as sophomores, the Class of 80 was ready to take Homecoming Week by storm. The enthusiasm and the people were there ready to hula their way into the judges' hearts.

With hula skirts, leis, and sailor hats the Juniors were spreading the enchantment of South Pacific. Their efforts were done in earnest, but the ominous chant of "toga" and hoards of Greek gods and goddesses beat the Juniors' efforts.

Disappointed, but not discouraged, the Class of 80 still had hopes of a Pep Rally victory. Signs and noise makers had to be acquired or made by 9:15 a.m. October 20. Even before the rally started the Class of 80 was yelling, screaming, and becoming uncontrollably rowdy. New and exciting chants such as the loud, repetitious "eighty"! "eighty"! or the ever popular "We're number one!" were heard.

As each team was introduced at the pep rally every Junior member received an ovation of loud cheers and tribute.

Juniors show spirit at the homecoming pep rally



ENCHANTMENT



Catherine Smith
Curt Smith
Kristi Smith
Mary Smith
Susan Smith
Tyler Smith
Cindy Snodgrass

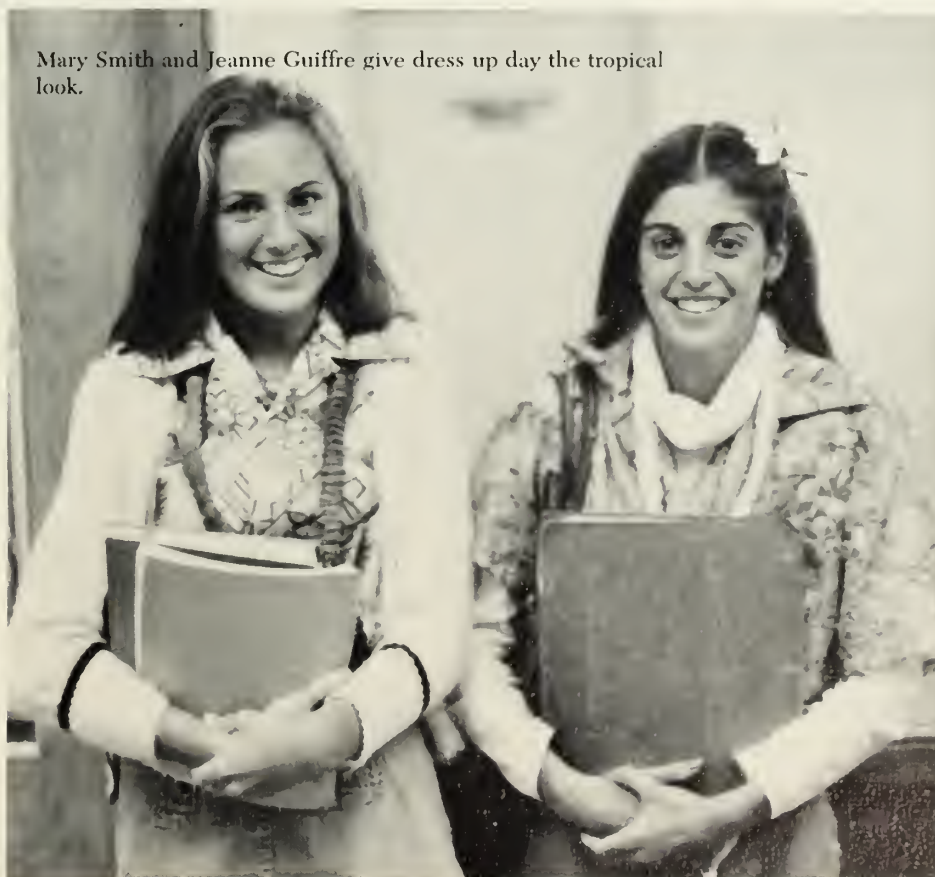
Angela Snowden
Angelaica Snowden
Lynn Snowden
Sandy Snyder
Chris Soulerin
Kelly Spry
Nancy Standing

Leslie Startt
Sharon Staton
Sheila Staton
Kelly Stenser
Kim Stephenson
Bodene Stevenson
Eugene Stevenson

Jennie Stiles
Mel Stowers
Alison Suter
Pam Swertfeger
Pam Talkington
Glenn Taylor
Rick Tetlak



Mary Smith and Jeanne Guiffre give dress up day the tropical look.



Bill Thompson
Brenda Thompson
Melanie Thompson
Edward Thorne
John Todman
Eddie Tolson
Jimmy Towery



Steve Townsend
Buddy Trafton
Carol Travis
Carl Trest
Wes Turley
Betsi Turner
George Valdesno



Susie Vaughan
Wendy Vaughan
Joella Vendrick
Patty Via
Mike Vollrath
Patty Wagner
Jeff Waller



Sherry Wallin
Lon Walker
Steve Walter
Sonia Ward
Jeff Warren
Jane Watkins
Greg Web



Rick Weeks
Clarice Wegzyn
Lance Wells
Ralph Weller
Chuck Wermers
Brent West
Jill West



Sean Connell practices cheering techniques.



JUNIORS Pull Together



Cheri Whetzel
Carol Whitaker
Scott White
Tarry White
Crystal Whitehurst
Eddie Whitehurst
Sharol Whitehurst
Laura Whitley

Tammy Wigent
Christine Wiggins
Hope Wilkinson
Steve Willey
Emily Williams
Joyce Williams
Denise Williams
Lisa Williams

Pam Williams
William Williams
Tony Willis
Doug Wills
Margaret Wilson
Scott Wilson
Steve Wilson
Valerie Wilson

Lisa Wiltse
David Winfield
Gerry Withrow
Sandy Wise
James Wisniewski
Marilynn Woodhouse
David Wright
Taylor Wright

Robert Wysocki
Jim Young
Petra Zanzig
Cindy Zeiter
Paige Zeman
Tim Zirnheld

The Class of 1980 suffer
from Homecoming Mania!



Several times the Juniors had to be told to hold it down because although their energy was appreciated, the Juniors would not give the other classes a chance.

Finally the games were to begin. They were to be kicked off with Jane Watkins and Keith Slattum running the three legged race for the Junior class and pulling in a first place. Curt Smith was chosen to represent the Juniors in the second event which was the ice cream eating contest. No matter how great his efforts, Curt had to yield to the Senior class and settle for a close second.

A skillful eye and a gentle hand were the requirements for the third event. Fitting the requirements to a tee were Diana Dines and Jeff Waller. Their task was to throw an egg back and forth between them without breaking it.

Again the Juniors yielded to the other classes and took a second. Rob Cornelius was the class of 80's version of Captain Blue Beard. He had to find hidden treasures lost in the Junior class crowd. He didn't find a pot of gold, but his treasure finding talent gave the Junior class valuable points for the pep rally held at the end of Homecoming week.

It is general knowledge that the class of '80 has the best cheerleaders. Their jumps and cheers seem so effortless and easy, but thanks to Sean Connell we found out that it is practice that makes perfect. Sean gave it his best effort, to the approval of the juniors, but after only two months of practice the expertise was not there. However, Sean's ungraceful routine did ignite the stands in a victorious cheer of "Red Hot."

Steve Meetre, David Bogardes, Beth Meinecke and Kim Wright have become household words for the Class of '81. Elected as officers, after only a month of school, they worked hard and efficiently to make their first year shine with excellence.

Steve Meetre, a member of the champion football team, gave up many hours of his time this year and the end results show it. He worked hours at the float and helped organize every project.

David Bogardes is the quiet, get the job done type. His calm, cool manner of fact way kept all projects running strong.

Beth Meinecke kept all records up to date while supplying pep and enthusiasm to others when times were bad.

Kim Wright was a strong willed, well organized treasurer, whose efforts held the officers and class together. A quiet, shy, but totally dedicated person to make the Sophomore Class shine.



Sophomore class officers: David Bogardus, Vice President; Beth Meinecke, Secretary; Kim Wright, Treasurer; Steve Meetre, President.

Janice Acela
Jaime Ackels
Ricky Acosta
Lynn Adams
Craig Adkins
Doreen Albert
Susan Albrecht
Peter Aldridge



Judy Alexander
Bobby Allen
Bonnie Allen
Jim Allen
Sis Allen
Linda Almberg
Pat Almberg
William Annines



Gary Armstrong
Blaine Arnold
J.C. Ashley
Byron Askew
Lester Atkins
Jeff Atwood
Bill Aucoin
Mike Auxier



John Bailey
Hatton Balderson
Randy Baldwin
Russell Baldwin
Carmen Ball
Lynn Ballard
Andy Bankowski
Jackie Banks



Anna Barberis
Kenny Barbey
Chris Barford
Linda Barnes
Daniel Barr
Jean Baxter
Clark Beasley
Annette Belange



The CLASS OF 81



John Bellay
Gina Beninato
Misty Beninato
Chuck Bennett
Irene Bennett
Carol Bergeson
Leslie Berry
John Bessler

Beynon Bevan
Mike Beveridge
Lisa Biggs
Susan Bischof
Kim Blankenship
Gina Bliss
Mike Block
Fe Bluestone

Roger Bluestone
Jeff Blumenthal
Barbara Blum
Jessica Blunt
David Bogardus
Katie Boggs
Leslie Bolick
Jayme Boyd

Mike Boyd
Jackie Bradley
Monica Bradley
Dickie Bragg
Courtney Branch
Robert Braun
Fely Brink
Gary Brink

Susan Britt
Frank Broadhurst
Emmanuel Brown
Joe Brown
Jonathon Brown
Tanja Brownley
Robert Bull
Kelly Bunting

David Burnett
Donna Burrus
Miriam Burt

Denise Butt
Mike Cain
Greg Calabrese

Cindy Canemigo
Terri Capps
Julie Carlsen

Estatic sophomores show homecoming spirit.



UNLOCKED DOORS

Pattie Carlton
Michael Carter
David Carver
Ellen Carver
Connie Caton
Andrea Causby
Vince Chamberlain
David Chapunoff



Allen Cheek
Patricea Cherry
Paul Chorry
Nancy Clark
Betsy Clarke
Julia Collins
Tim Collins
Karen Combs



Katy Conrad
Timothy Consolvo
Carolyn Cooke
Todd Cooksey
David Corey
Joe Corleta
Larry Cornett
Neel Coulsting



About the only thing a sophomore looks forward to when entering high school is getting a driver's license. Until he reaches that magic age of 16, all trips beyond bicycle range are chauffeured by Mom or Dad.

Obtaining a drivers license entails the unlocking of three locked doors. The first door can only be opened with the passing of time, (15 years, 8 months) when one gets a learner's permit. Now only two doors remain unopened.

The drivers ed. teacher is the keeper of the second key. In six weeks one's emotions towards him turn from fear, to hate, and finally respect if one passes. After passing, the drivers ed.

teacher will turn the second key over to you and the next door opens easily.

With two keys in hand, and one door left to be opened, a third key must be obtained. The setting is simple, the car of your choice, the day you feel ready, and a short trip around the block with a total stranger. Any layman would laugh at such an easy task, but a few intangible items are not mentioned. Sweaty palms, tight muscles, and total fear give this test a special degree of difficulty. Most people, however, pass this test and finally the third door is opened, and a new dimension is added to one's life.



John Cowperthwaite
Tom Crabbs
Cyndi Craft
David Crell
Angela Crocker
Albert Crumble
Maschell Crumble
Lisa Crunk



Laurie Dahlke
Scott Dammert
Darryl Darling
Donna Davies
Randy Davis
Scott Davis
Raymond Dawson
Nancy Day





Jack Debauche
Casy Deboxtel
Ricky Delloro
Debbie Demasters
Laura Dickson
Mark Dines
Deloris Dixon
Mike Dixon

Mark Denan
John Denzell
Doug Dotson
Joe Dozier
Lafrenda Drenitt
Matt Duben
Shirley Dudley
Lisa Duff

Ellen Duffy
Pam Duval
Jerry Dworske
Mark Eastlick
Thomas Eckley
Dee Dee Edwards
Stacey Ehrhardt
Lynette Elliott

Mark Elliott
Monica Emerson
Joel Ermen
Karen Ermlich
Jim Esinbart
Steve Etheridge
Tracey Etheridge
Tammy Eure

Keith Eutsler
Blane Evans
Tracey Evans
Steve Ewell
Ron Falkner
Scott Fancher
Lynn Farmer
Cathy Farris

Deborah Fisher
Joe Fisher
Patricia Felton
Galeta Fenner
Anthon Fentress
Michael Fernheimer
Jim Finley
Steve Finley

Brady Flax
Matt Flitten

Bryan Floyd
Joe Flynn

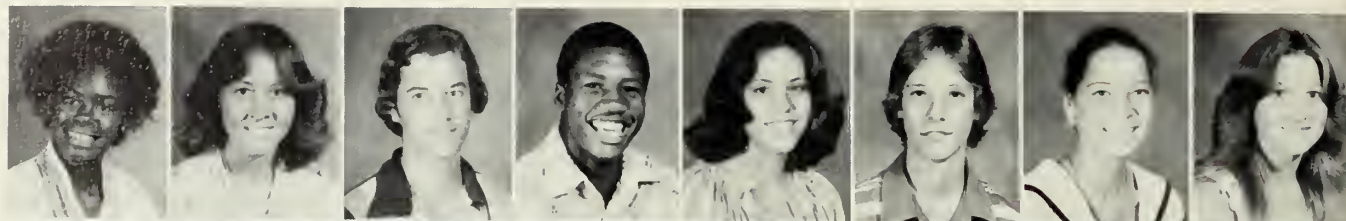
Marcy Flynn
Liz Foote



Skillfull hands put shape to
the class of 81.



Regis Forbes
 Laura Forch
 David Ford
 Larry Ford
 Tammy Fork
 Chris Foshee
 Sheila Francis
 Vicki Franz



Doug Fredrick
 Duane Frederick
 Amber Freeman
 Gina Freeman
 Jerry Freeman
 Bill Freid
 Trisha Franke
 Clay Fuqua



Troy Galloway
 Joane Galloway
 Judy Gardner
 Sherry Gardner
 Margaret Gassaway
 Greg Gatlin
 Linda George
 Bodri Ghaziaskar



Melissa Gibson
 Gary Given
 Kent Givens
 Mary Glascock
 Mark Glen
 Mary Gloeckner
 Jeff Godfrey
 Mike Goodman

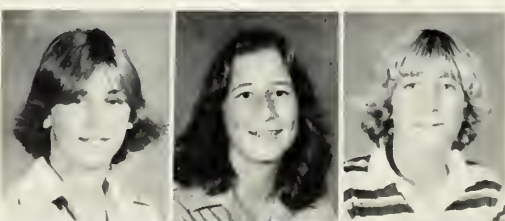


Joyce Gordon
 David Gray
 Matt Gray
 Scott Gray
 David Greene
 Gail Greisinger
 Angela Griffin
 Hazel Griffin



hANGING AROUND

Curt Grissinger
 Lexie Grolman
 Tim Grunwald



Judy Haas
 Mike Hackworth
 Brenda Hall



After school activities occupy Pearl Miles' afternoon.



Robin Hamilton show his strength and stamina on the pull-up bar in P.E.



Shardine Hall
Robin Hamilton
Lynne Hancock
Amanda Hardee

Patricia Hardy
Tom Harp
Vicki Harrell
Golden Harris

Michelle Harrison
Kim Harris
Rusty Harris
Donna Hartz

Virginia Hatchell
Lu Hawkins
James Hayes
Tina Haymaker

Scott Hayungs
Litty Headly
Ricky Heath
Barbara Hellwege

First Colonial High School this past year had a wide variety of extracurricular activities. Our athletic program has grown to become one of the most respected in the Tidewater area. We have been in the finals of the state football and basketball playoffs since 1977 and won the state championship in Tennis (girls') last year. Other sports activities included field hockey, girls basketball, baseball, softball, track; both girls and boys, golf and soccer.

We had many academic and social clubs at F.C. Everything from Math and Science to National Honor Society and foreign language clubs.

Our musical program had an excellent year. Our band under the direction of Max Gonano grew to be not only a top contender, but a winner in both local and state competition. Mr. Miller continued to develop the voices of the Madrigals for their many performances during the year.



Frank Hensley
Kelly Herd
Robin Herndon

Mary Herzer
Katie Hewitt
Martha Hiehle

Lori Hill
Tucker Hodges
Billy Hohman

Holly Holbert
Donna Holland
Crystal Holloway

Stacy Hope
Daniel Helsey
Becky Houston
Robin Hudgins
Bruce Hughes
Paul Hughes
Mike Hunter
Lisa Huxter



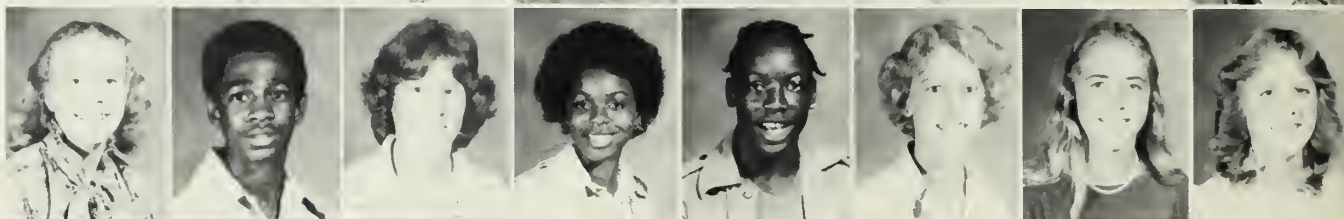
Paul Hutchins
Linda Irby
Tricia Irby
Scott Jackson
Sherri Jacobs
Jeff James
Chris Janssen
Sherri Jeffers



Lisa Jensen
Robbie Jewell
Keith Johnson
Robert Johnson
Debbie Jones
Jennifer Jones
Linda Jones
Ron Jones



Tracey Jones
Gerald Jordon
Jeff Jordon
Linda Joshua
Jerry Joshua
Maria Kamrad
Jill Karn
Karen Kearney



Ricky Keaton
Doug Keffe
Debbie Keeler



Cowboys SAIL To VICTORY



Steve Nagel becomes wrapped up in his float work.



Oklahoma dust is converted to beach sand.

It was as if placed into a different time with the task of conquering the existing enemy powers. The Class of 81 must build a float that would win Homecoming. It was like finding one's self in a war and having no weapons. The sophomores took on the challenge with the spirit of a young brave warrior. Having little financial backing, but plenty of hard working energetic underclassmen the task was undertaken.

"Sooner" Sophomores hoedown over their homecoming rivals.





Martua Kellam
Ron Kellogg
Mike Kemethlar
Andria Kemp
Roy Kennedy
Richard Kershner
Ashley Kent
Ed Kersey

Tim Kight
Mary Kiley
Ross Kincaid
Margie King
Meade King
Patty King
Jon Knaus
Mary Koeppen

Steve Kohrherr
Kathy Konkle
Kathleen Koscak
Kim Knapp
Bill Knox
Dean Krueth
Chuck Krummell
John Kuchem

Angela Kue
Cynthia Lamb
John Larrimore
Jennifer Lasko
Mike Lamore
Wendy Lavenstein
Sandi Lawler
Belinda Layton

Jong Lee
Ricky Leopold
Tracie Lerner
Donna Levine
Leslie Levines
Jeff Little
Crystal Long



First a leader had to be chosen; effective battle efforts are not fought without the guidance of a trusted leader. Miriam Burk accepted the job and battle plans were set. Chicken wire, paper, paint, wood, and a flatbed had to be obtained. Finally, materials in hand, construction on the secret weapon began. With "Oklahoma" in mind and the spirit of battle in everyone's heart, the weapon pieced itself together.

The stage was set and each foe had gained a strategic battle victory earlier in the week. If any hope of peaceful existence was left to be had the secret weapon had to be successful. The artillery was unveiled and a masterpiece of a float was pulled into view.

The enemy looked on in awe and paid their respects while the judges announced that the 78-79 homecoming float champion would be the sophomores. The Class of 81 had won an important battle. They had beaten the older, wiser enemy and now had the right to say "81 is here to stay."



Loukia Louka
Brooks Lowery

Linda Lustig
Willard Lykes

Mike Lynch
Scott Mahanes

Ann Majewski
Michele Mallicote

Sophomore BLITZKRIEG

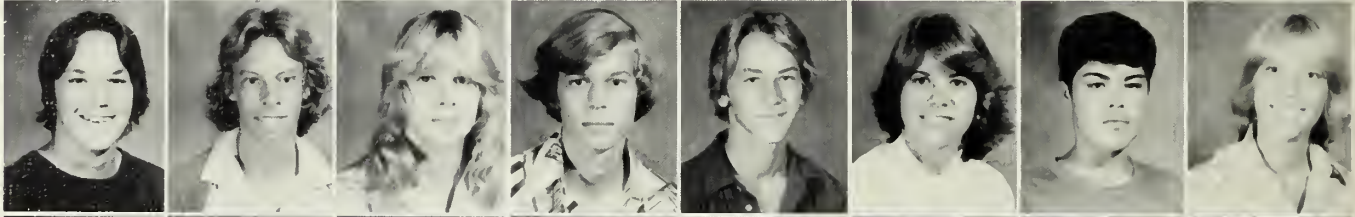
Randy Marlow
Jennifer Marrow
David Martinez
Sean McBride
Greg McClendon
Mark McConnell
Mike McDaniel
John McGuill



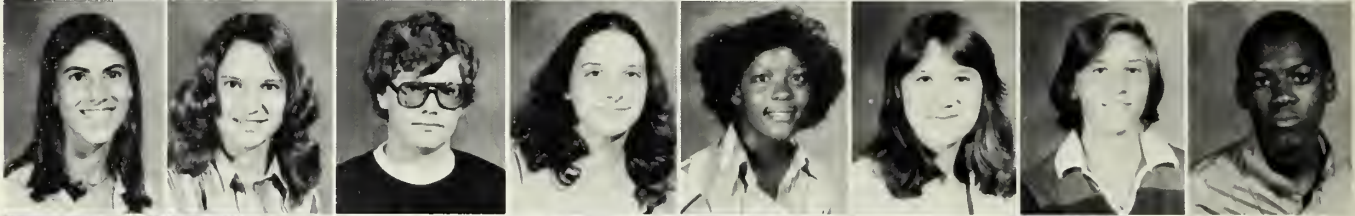
Stuart McGuire
David McIlwain
Pam McKean
Koggie McKeever
Debbie McKone
Karen McLeod
Terry McPherson
Jay Meagher



Tom Mech
Michael Mednick
Renee Meek
Mark Meeks
Steve Meetre
Beth Meinicke
Kenny Melson
Barbara Meyer



Andrea Michalos
Anne Midgarden
Buddy Midget
Barbie Miederich
Pearl Miles
Lucinda Miller
Robert Milletich
Barry Mitchell



Craig Mitchell
Kevin Mitchell
David Mizelle
Richard Moe
Shelly Moineau
Julie Moore
Rita Moore
Bryan Mordecai



Imagine Hitler, Roosevelt, and Stalin fighting together for the simple goal of respectability. Take the class of 81, a conglomeration of students from Virginia Beach Junior High, Princess Anne Junior High, and Lynnhaven Junior High, all pulling together and fighting to win respect during Homecoming Week. Enemies since time can remember, sophomores pulled together in an effort to beat the Juniors and Seniors for a spot of notability.

Having just elected officers; this group of Junior High loyalists had to band together as a spirited, united

Class of '81. Eager and willing, the opposing masses combined forces for the united effort.

Propaganda was put into gear. In order to get the machine going, people had to be aware of the situation. Announcements and posters gave the spirit machine the fuel it needed to get off the ground.

Plan A: attack opposite forces with large masses of spirited cowboys and farmers. Although a very admirable attempt was made, the more experienced forces beat them down.

A corralled herd of spirited sophomores.



Laura Moore
Deborah Morgan



Bradley Morris
Quinn Morris



Ed Morrison
Marvin Moser



Marie Mess
Ruth Ann Metyca
Kathy Mountjoy
Mary Kay Mulhall
Pam Mullen
Lynne Muller
Eric Myers
Steve Nagle



Mary Lynn Napier
Phillip Nash
Gary Nelson
Bonnie Nemeroff
Jeff Neunz
Tammy Newcomb
Kim Newsom
Sharon Nichols



Charles Nizon
Harold Noell
Cheryl Nolan
Tom Noll
Jody Norris
Rick Norton
Kevin Obal



David Bogardus and Karen Combs prepare for the barn dance.



Keith O'Bryant
Karryl Olds
Dezade Olds



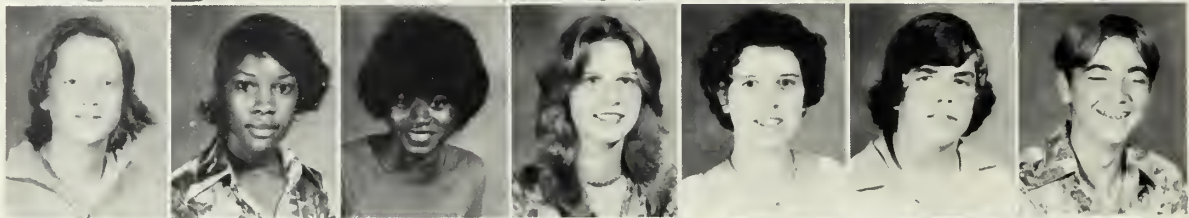
Kenneth Oliver
Cindy Onhaizer
John Osberg

WELL ROUNDED

Chip Osburn
Melvin Outlaw
Angie Owen
John Pacuierk
Derrie Pagano
Carolyn Painter
William Palmer



Whitney Parcels
Angela Parker
Debra Parker
Donna Parker
Cindi Parsons
J.J. Parsons
David Partin



Phillip Pasqualino
Dan Patterson
Fritz Paul
Ken Peake
Pam Pearsall
Mason Peay
Gwendolyn Penn



Monique Perrault
Billy Perez
Julann Perry
Dana Person
Susan Peters
Sally Petroff
Terri Peverall



Mark Pinner
Eva Pitrone
Harry Platt
Romaine Pontbriand
Bill Poole
Lolita Powers
Pam Proulx
Roger Pscion



Diann Puvis
Scott Pyles
Linda Quigley
Becky Ralph
Larry Raper
Scott Reck
Badan Remedies
John Revercomb



Walter Richmond
Juke Riley
Ursula Roberge
Judy Roberson
Bowen Robertson
Bruce Robertson
Clay Robertson
Mike Rodriques



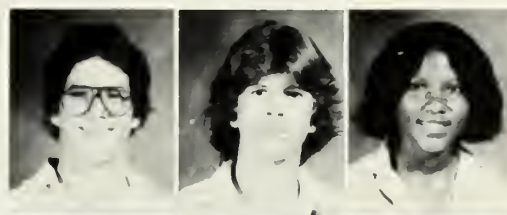
One unique facet of a sophomore's curriculum is the requirement to take co-ed Physical Education. The aims of the school board in instituting this requirement were to give the students a well-rounded education. The school board felt that a student's entry into high school should not be met with a strict academic oriented program. The P.E. class gave the Sophomores a chance to benefit themselves not only body but minds as well. Overall, the Physical Education program has met with few adverse student reactions.



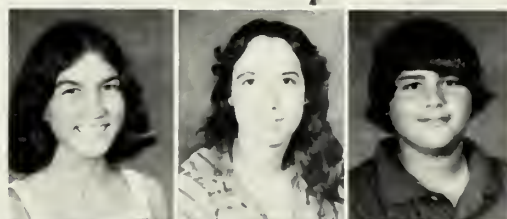
The high jump represents a conquered enemy to Susan Peters.



Sophomores reflect over the boundless realm of jogging as they meet a mirage of the finish line.



Tom Roland
Brad Rhosto
Joyce Rouse



Cynthia Rowan
Mary Rowsey
Douglas Ruben



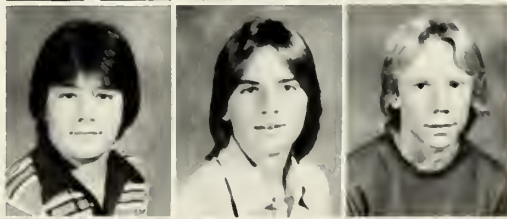
Cheryl Runkle
Troy Rust
Kelly Rutledge



Steve Salland
Jimmy Sanderlin
Mary Sargent



Harry Savvides
Debbie Jo Sawyer
Sara Scarborough

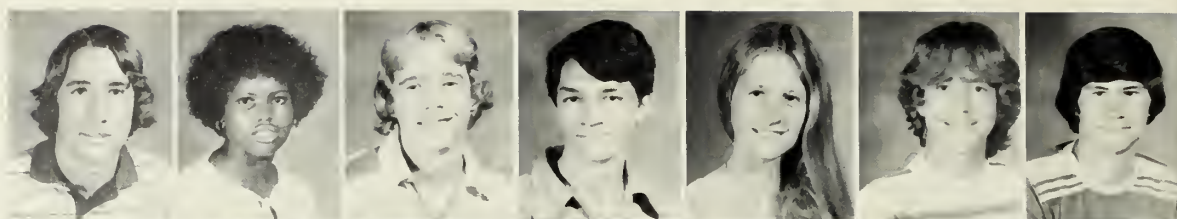


Lee Scarbrow
Martin Schara
Steve Schleck



Tammi Schmidt
John Schmitz
Becky Schwegler

Mike Scott
Debra Scutchings
David Sears
Roger Sears
Laura Seibert
Steve Seif
Mark Settles



Susan Sevinsky
Scott Shaffer
Cynthia Shaw
Debby Sheehan
Jeff Shepherd
Dana Sheppard
Beth Shiverdecker



Sherry Sholar
Johnny Shorter
Terri Silvernail
Alan Simmer
Marie Simmons
Tim Sims
Chao Siong



Karl Sjolund
Brant Skidmore
Susan Skinner
Kerry Smalls
Greg Smith
Jessica Smith
Michele Smith



Steve Smith
Tracy Smith
Mike Synder
Sharon Spates
Mike Spink
Kathy Stebe
Jane Steinberg



Mrs. Warren checks Kathy Karp's note as she fills out a pass.

30 Days



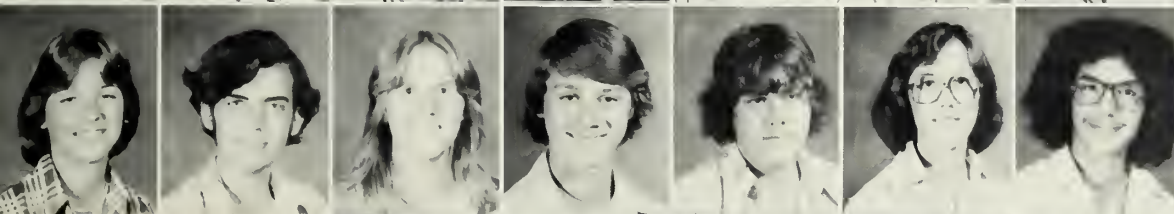
Ellarce Stephens
Laurie Stevenson
Lee Ann Stevenson
Sharon Stahl
Troy Startoni
Scott Stoops
Carol Strano



Casey Strickland
Amyce Stubbs
Stephanie Sukoff
Shane Sullivan
Yvonne Sutton
Dwight Sybers
Teresa Talbert



Cindy Talbot
Crystal Tann
Elsie Tarr
Ginger Tarver
Joe Tauler
Debbie Taylor
Ray Taylor



Roberta Taylor
Mike Teel
Jane Teets
Kenneth Tharp
Ricky Tharp
Karen Thompson
Max Tiekner



Elmer Timba
Pam Tipton
Larry Tolson
Graig Towpin
Sue Traub



Rick Trevino
Andre Tripp
Johnny Tucker
Annette Turner
Jill Turner



Mrs. Gordan writes two more passes

Due to the lack of student attendance many new rules were set for the 78-79 school year. School Board officials decided that there must be a system to discourage truancy. Many long hours of work went into the forming of the system. The result was to set a limited number of days a student may miss. The limits were 15 days for a semester course and 30 days for a year

course. If more than the set number of days were missed by a student an E would be received in the course. Extenuating circumstances do exist, so it was decided that the individual's principle would give the final ruling.

Many students feel this was unfair but the facts show that the result was favorable: attendance for the month of September alone was increased 96%.

PROMISING

Courtenay Tyler
Jill Vaderson
Carl Vandermeijden
Todd Von Zuben
Lori Voss
Beth Waddell
Ianna Wakefield
Mariann Waldrop



Donna Walker
Pete Walker
Vikki Walters
Kevin Waltman
Brenda Ward
Jeannette Ward
Donna Warren
Jody Waterfield



Tom Watkins
Gloria Watson
Margie Weatherston
Debbie Weiner
Mike Werhan
Larry Whitbred
Anthony White
Michelle White



Donna Walker
Andre Whitehurst
David Whitehurst
Ellen Whitehurst
Robert Whiteman
Angie Whitlock
Barbara Wiener
Alvin Wiggins



Bridget Wiggins
Ricky Wiggins
Sheila Wiggins
Phil Wilder
Whitney Wilken



Judy Williams
Kathy Williams
Kim Williams
Michelle Williams
Patricia Williams



1978-79 was a year of great anticipation for the sophomores did not know what their future at First Colonial would hold.

The Class of 81 was inexperienced and unsure, but they showed surprising determination, a sign of better things to come. Beginning with Orientation, which took place in August, the Sophomores knew that high school would be a new and challenging event in their lives. They responded to the challenge by willingly taking an active part in school affairs. This experience molded them into a force to be reckoned with by the upperclassmen.



Todd Cooksey and Leslie Berry
share ideas for their World
History class project.



Anthony White explores avenues of learning in the library.

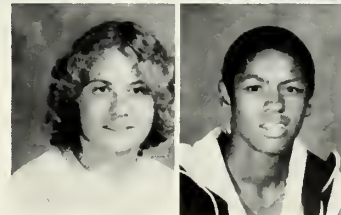


William Williams
Denise Willis
Carl Willman
Priscilla Willson



Karen Wilson
Kenneth Wilson
Leon Wilson
Tracy Wiltse
John Winnett
Ross Wolfe
Jay Woodies
Mark Woods

Toddy Wool
Richard Wrenn
Guy Wright
Hunter Wright
Jennifer Wright
Kim Wright
Andy Yates
Jack Young



Albert Yarnie
Dennis Zollicoffer



Laura Forch anxiously listens for the rules of the egg toss game.

THE FORGOTTEN

Volume I Edition I

Main Story

VIRGINIA BEACH, VIRGINIA — In reaction to the findings of an FTC subcommittee and the subsequent indictment of Timex, Inc., on a violation of the Truth in Advertising Act, John Cameron Swayze appeared at First Colonial High School here last night before throngs of punctual onlookers.

In a yet-unconfirmed FTC publication, it was reported that Timex's claims of endurance were inaccurate. Swayze was confounded, and he subsequently made the trip to First Colonial.

It was with a rampant fervor that Swayze declared, "It takes a licking and keeps on ticking!" and he doused a massive sweep-second hand with kerosene.

Seconds later, Jean-Claude Pierre of the fifth Alberta detachment of the Royal Canadian Mounted Police, arrived on the scene, and Swayze fastidiously anchored a bright yellow Mickey Mouse Timex onto the left arm of the burly Pierre.

"In you go," exclaimed Swayze as he fitted the soon-to-be fireproof Pierre into an asbestos suit, leaving only the Timex exposed. Before a captivated audience, Swayze led the courageous Pierre through the administrative wing. One could perceive the crisp wisps of condensation forming around Swayze's sharp-featured face as he bellowed, "Good luck, Jean-Claude!" With that, Swayze ignited the sweep-second hand, and in an ecstatic display of company pride, set the ivy-covered walls of First Colonial ablaze.

Within seconds, the main office was a raging inferno. A courageous band of onlookers remained transfixed to the site, peering hard into the holocaust. A wandering troop of nearsighted Boy Scouts happened upon the searing wreckage, and soon the night air was filled with the reassuring scent of weiners and marshmallows being lovingly toasted over the flaming Jean-Claude.



After what seemed like a millenium to this reporter, the smoke cleared, and from the once-sacred halls of learning stumbled clumsily the charred Pierre.

"What time is it, Jean Claude?"

"Precisely twelve thirty-one, Mr. Swayze!"

"Yes, ladies and gentlemen — even when Mickey is fried, it takes a licking and keeps on ticking!"



Classified Announcements

FOR SALE

A 7 acre lot with unique home located at 1272 Mill Dam Rd. Features include: 16½ baths, central air, central heat, sunken fire place, 86 live in babysitters, well equipped study, large dining facilities, game and exercise room with showers, music conservatory, 1900 individual storage units, large landscaped grounds, can easily be converted into a fallout shelter.

WANTED

Information leading to the whereabouts of the "K" page. There is a reward offered.

FIRE SALE

Located at First Colonial High School Monday through Friday. Reasonable prices offered.

EMPLOYMENT

Needed: Factory worker to screw toothpaste caps on tubes. Experience required (PhD preferred.)

CHRONICLE

January 15, 1979

WEATHER:
Outlook for tonight: DARK
Forecast for tomorrow:
LIGHT

Sports

It has been brought to the attention of this staff, by many loyal readers, that you, the public, are sick and tired of the everyday sports articles that have been published. We now know that the behind the scene stories on the towel-boys of the NBA and our "Daily Diet" section by the general manager of the WHA isn't what you want. So in a last frantic effort to please the masses, we have created a masterful thirty-seven part series on "Athletic Events: From everywhere going nowhere."

To introduce this fantastic series, we are going to preview a few of the unique stories that we know will captivate your inner love of the great world of sports.

Ads

WASSER'S

fire

extinguisher's

before it's

too late

You will read about two women who dominate the world of falling off walls. This sport may seem futile and boring, but through the efforts of T.K. and J.G., wall falling has grown tremendously in the axis nations, particularly Bismasnia. In fact both T.K. and J.G. got their starts in falling with harrowing jumps off the Wall of Berlin. However, we will keep that exciting story for another day. (All names will be abbreviated in this article because of shortage of ink, and the element of intrigue.)

Another fascinating figure in the world of uncommon athletics is D.K. This unheralded savior of the sport of "rail jumping with books," only found his potential while escaping from the penitentiary library where he was staying. His daring efforts, carrying an arm load of books, was in vain. But it changed his outlook on life, and after his parole, he joined, what was then the last rail jumping team left, and through his efforts, brought the sport back to life.

These and many other fascinating articles, about unbelievable athletes, such as T.H., the world record holder in the slowest running 100 yard dash, and many others will bring that missing light back into your world of sports.

Entertainment

Whether you enjoy listening to rock, soul, or disco music it can always be found in the halls of First Colonial. Although they are banned by the School Board, radios are a break from the humdrum of a school day. Many students take this break before or after school and even the time given between classes. So if and when the mood strikes to "boogie down," hit the halls at F.C. but beware of leary faculty members lurking around corners ready to destroy First Colonial's afternoon fever.



F.C.

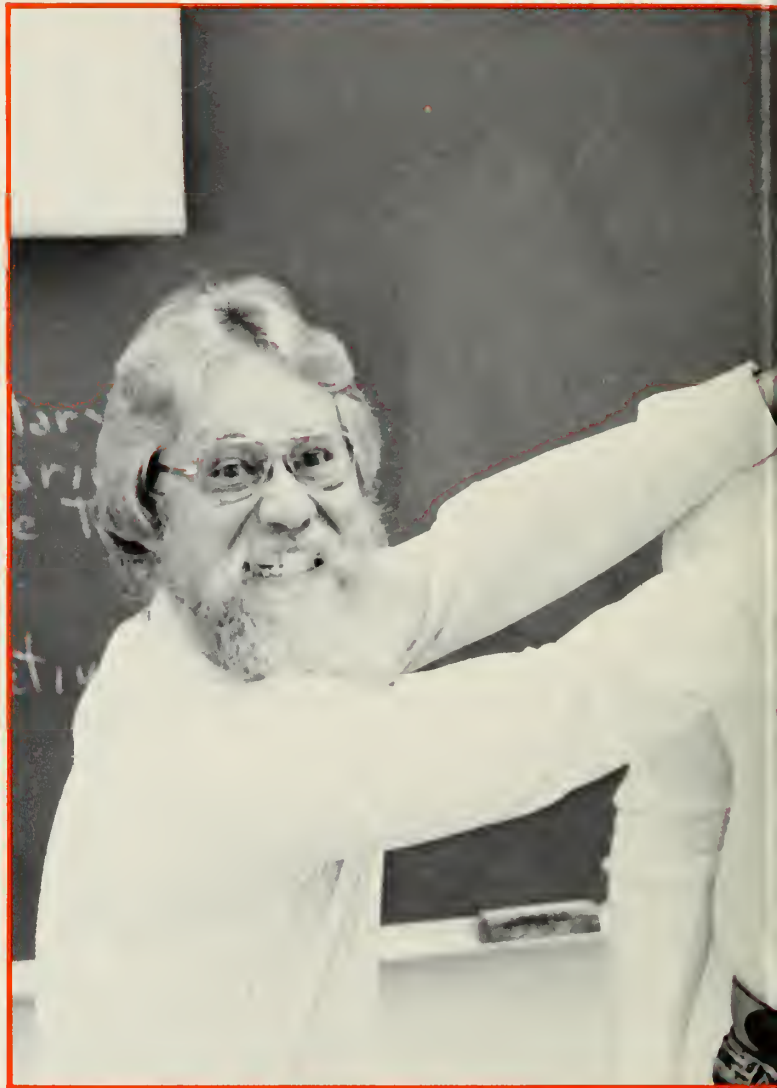


CAFE.

open nightly

orders

to go





Faculty

Teaching at First Colonial is a challenge. Not only is there an abundance of students with lack of space, but F.C. students have a special intelligence and liveliness which is sometimes hard to cope with.

But generally, the faculty at First Colonial is outstanding. Most teachers are experts in their fields and enjoy teaching their subjects. Many teachers have special "help sessions" for any con-

fused members of the classes. Many out of school activities have superior faculty advisers and sponsors.

One main quality which members of the faculty possess is friendliness. Most teachers enjoy talking to students, sharing experiences, discussing politics, or just telling favorite jokes. Good teachers are sometimes good friends.

Leading and Governing

"The true test of what we believe is an education is not the building, the size of our classes, nor the books, but the kind of student that First Colonial High School turns out. This is what is most important."

— Joseph J. Owens, Jr.



Mr. Joseph J. Owens, Jr.
Principal
B.S. Ca. State, M.Ed. U.Va., C.A.S. O.D.U.



Dr. E.E. Brickell
Superintendent of Schools



Mr. Ray Smith
Assistant Principal of Administration
B.S. Atlantic Christian, M.ed. U.Va.



Mr. John Roberson
Assistant Principal of Administration
B.A. E.C.U., M.A. E.C.U., C.A.S. O.D.U.



Mr. Kenneth Lumpkin
Assistant Principal of Instruction
B.A. Elon College, M.ed. U.Va., C.A.S. O.D.U.

Leading and supervising the microcosm known as First Colonial High School is the chief purpose of the Administration. Mr. Joseph J. Owens, Jr.'s dedication and hard work has made First Colonial the most outstanding school in Virginia Beach and certainly one of the finest and most well-respected high schools in the State of Virginia.

The individual assigned duties of Administrative Assistants Mr. Ray Smith, Mr. Kenneth Lumpkin, and Mr. John Roberson, who aide Mr. Owens, have completely changed from last year. Instead of the Assistant Principals being assigned separate duties to perform, such as discipline and evaluation of students and teachers, each is assigned a certain portion of the student body in which to regulate student administration and control. This allows each Assistant Principal to become more involved in the total administrative process of the school, as well as promoting a more personal contact with their specific assigned areas.

Serving the Student

Guidance counselors take on a variety of roles: teacher, friend, and most important of all, advisor. The counselors have a full schedule ahead of them. Along with their everyday counseling duties, they administer S.A.T., P.S.A.T., and S.R.A. tests, advise on course and career plans, as well as organizing pre-registration.

For the second time, the counselors are holding a sophomore orientation program for the tenth grade students and their parents. The orientation is held to familiarize the student and his parents with his guidance counselor, the guidance programs available, and the school's policies and procedures. It is an important step in bringing the student, his parents, and his counselor together, and helping the student start on the course toward his career goals.

College and career nights are also

sponsored by the guidance department. Representatives from most of Virginia's colleges and universities are present to give out information and answer any questions. Many different professions are represented on career night. The student can ask questions and receive a different outlook on the career which interests him.

The counselors are expanding their Career Counseling Center this year. In-depth information on colleges and careers can be found in two places, in the main guidance office, room three, and in the guidance conference room. Many books such as college bluebooks and occupational outlook handbooks are available to the student. Cassettes, filmstrips, microfiche, and microfilm aid the student on subjects such as the first job interview and the future job openings in the Tidewater area.



Mrs. Shirley B. Hangen
Counselor
Gettysburg College, Wm. and Mary



Mrs. Margaret Murray
Counselor
Wellesley College, Wm. and Mary



Miss Katherine L. Reilly
Counselor
Brenau College, U.V.A.



Mr. B. Thomas Copley
Guid. Dir.
Lynchburg College, Wm. and Mary, O.D.U., U.V.A.



Mrs. Bernadine A. Rasberry
Counselor
VA. Union Univ., Hampton Inst.



Ms. Mary W. Commander
Counselor
Wm. and Mary, O.D.U.



Rita Nyland
Guid. Secretary
Morgantown Bus.

The Paper People



Mrs. Anne Warburton



Mrs. Phyllis Hosier

Organization is the key word in keeping First Colonial running smoothly. No group knows this better than our office staff. The utmost in office management is performed each day by the secretaries, registrar, and bookkeeper.

In addition to typing and filing, their duties include registering and transferring students, and issuing work permits. They are also called upon to help students with various problems such as missing books and misplaced car keys. Our competent and dedicated staff maintain a well run, efficient office.



Ms. Lynn Spangler



Mrs. Nancy Fifield



Mrs. Darlene Noble



Ms. Elizabeth N. Schley
Wilmington College

Giving T.L.C.

New to First Colonial is Ms. Schley, the school nurse. The move from an elementary school is quite a change, but Ms. Schley explains she feels very much at home thanks to the friendliness of the faculty as well as the students.

Many duties await Ms. Schley

during her first year. Managing the clinic and caring for ill students is only the beginning. Testing the sophomore class during P.E. bells is one of her biggest projects. She is also asked to be present during the administering of the scholastic aptitude tests.

Library Staff

Central to learning is the library; it is an area where students can find enjoyment and challenges beyond the classroom. Through the use of varied audio-visual materials, books, magazines, and newspapers, the students are made aware of the value of resources available in today's world.

Librarians continue to expand their instructions of library skills and video tape services. The main goal the library staff wishes to accomplish is the plan for improving the esthetic beauty of the library by the addition of art prints, sculptures, and other forms of art work.



Mrs. Sherry Arendt
Head Librarian
B.A. Cornell, M.A. Univ. of Iowa



Mrs. Ruth Barco
Asst. Librarian
B.S. E.C.U.



Mrs. Mary Stewart Darden
Asst. Librarian
B.A. Salem College



Mrs. Joann Trafford
Lib. Secretary



Mrs. Ann Hopewell
Lib. Secretary

Cafeteria Personnel

Variety is an important factor in planning the menu for First Colonial. We have an excellent staff which prepares the lunches for over nine hundred students. Choices vary from fast foods, to salads, hot lunches, and bag lunches as well as many desserts. Our dedicated staff spends many hours of preparation each day in order to keep the lunchroom running smoothly and efficiently.



Back Left: Mrs. Keiger, Mrs. Reich, Mrs. Embry, Mrs. Alligood, Mrs. Gilliland. Front Left: Mrs. Chamberland, Mrs. Shaw, Mrs. O'Neill, Mrs. Salata, Mrs. Hawkins

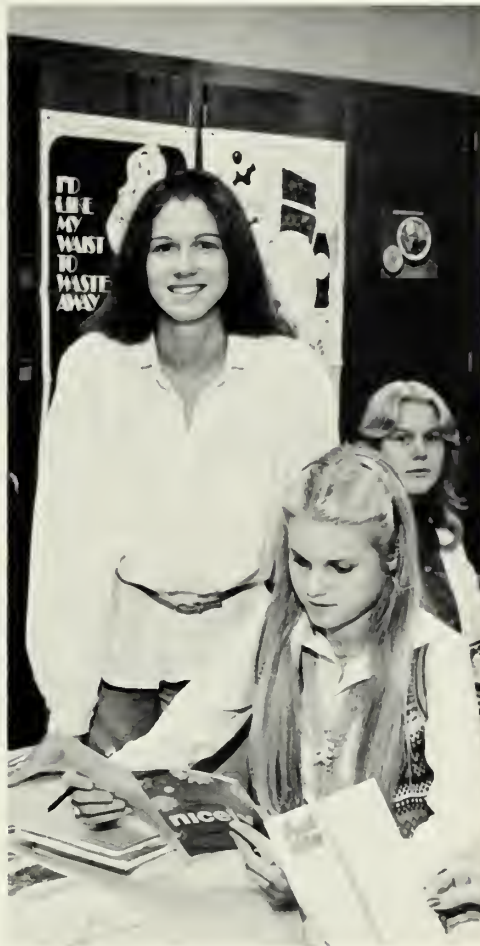


Mrs. Elizabeth Callan
Clothing I, II; Interior Decorating
Hampton Institute



Ms. Chris Lockwood
Ind. Living, Marr. and Family, Eff. Parenting; F.H.A.
Univ. of N.Y. at Oweonta

Home Economics



Ms. Margie H. Grindle
Foods I, II; Marr. & The Family; F.H.A.;
Cheerleader Sponsor
Campbell College, V.P.I. & S.U.

Preparation for the future is an important goal of Home Economics. Courses range from those which help the budget such as Clothing I and II to Foods I and II. Clothing classes teach basics to advanced sewing techniques. Food I and II not only teach cooking tips but also money saving recipes.

Other courses provide a framework for independent living, marriage and family life, child care and interior decorating. Many of the courses include field trips which provide the students with valuable, practical experience. Home Ec. courses provide an interesting and enjoyable way to learn basic homemaking skills.

D.E. - I.C.T.



Mr. Larry W. Brown
DE I, II, III, DECA Sponsor
B.A. Catawba College

Providing students with a solid background in sales, Distributive Education allows them to obtain practical experience by outside work in the fields of their own interests.

DE I classes learn attitudes and skills of obtaining a job while in the classroom. DE II and III students attend school part-time and work part-time in marketing situations. Inter-

Cooperative Training provides a student with skills he needs to obtain a job after graduation. ICT students are involved with vocational skills both in school and in after school jobs. DE and ICT provide students with a better understanding of the working world and their responsibilities as a working citizen.



Mr. Thomas W. Speelman
DE I, II, DECA Sponsor
B.A. Univ. of Pittsburgh, B.S. O.D.U.

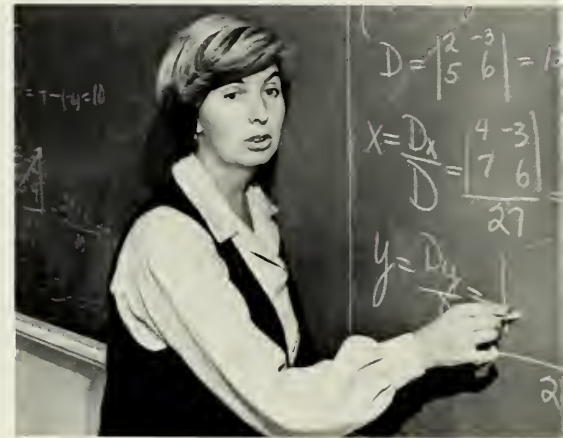


Mr. Bill Combs
ICT I, II, VICA Sponsor
B.A. Univ. of Tennessee

Math: Key to the Sciences

As stated by a noted mathematician, "Mathematics is an exercise in the grammar of a foreign language." The courses offered by the mathematics department are designed to teach us to "speak the language of size", and to expand our knowledge of various types of math concepts. General Math to Calculus is the wide range covered. A new course, Trigonometry, was introduced this year and is offered as a semester course. Many of the classes are studying

mathematicians such as Plato, who taught that, "mathematical statements represented eternal truths." He felt a right angled triangle represented the "spirit of water". A scalene triangle represented the "spirit of air", and an isosceles triangle was the "eternal fire". We have advanced from this point, but many of the math teachers are teaching their students such philosophies in order for them to understand the origin of mathematics.



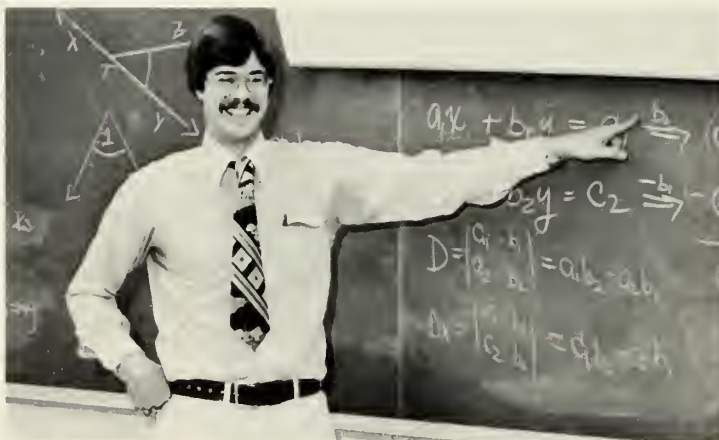
Mrs. Judy Warner
Alg. II, Alg. II-Trig.; Student Activities Director
William and Mary



Mrs. Betsy Durrant
Alg. II, Gen. Math 9
Duke Univ.



Mr. Chip Ikwild
Alg. I, Elem. Alg. Part I
Univ. of N.Y. at Oweonta



Mr. Bob Blenner
Geom., Alg. II-Trig., Trig.; Baseball, Basketball Coach
William and Mary



Ms. Cox feeds Hermie some information.



Mrs. Nancy McClure, Dept. Chairman
Calculus, Math Anal.
U.N.C-G., S. Meth. Univ.



Ms. Carolyn Cox
Alg. II-Trig., Prob. and Stat.; Computer Club Spousor
Madison Univ.



Mr. Donald McAdams
Geom, Elem. Alg. Part II
U.S. Naval Acad., O.D.U., George Wash. Univ.



Ms. Louise Cross
Geom., Alg. II
U.N.C.



Miss Olive F. Daughtry
Elem. Alg. Part II; Black Culture Club Sponsor
Va. Union, Hampton Inst., Norfolk State, Va. State



Mrs. Carolyn Ainscough
Consumer Math, Geom.
Edinboro State, California State, Penn. State

Focus on Society

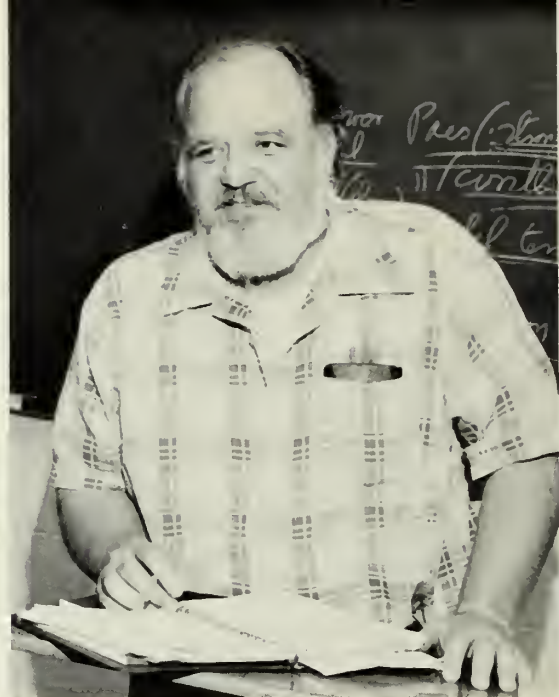
It is through the past that students can see that the world is a constantly changing and exciting place. Social studies is an important section of our curriculum; through it students learn their heritage and their places as citizens of this country. Students learn how the government functions within the state and country, and its relations with other countries.

On a smaller scale, pupils are exposed to the actual mental processes of an individual as affected by society.

A new course called Advanced Placement (AP) U.S. History has been added to the department. AP is a college level course; students completing it with a satisfactory grade will be given six hours of college credit.



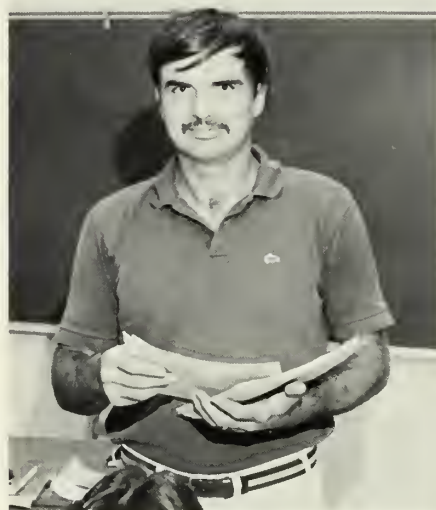
Miss Bess Mann
U.S. Gov't
B.S. Longwood, M.Ed. Wm. and Mary



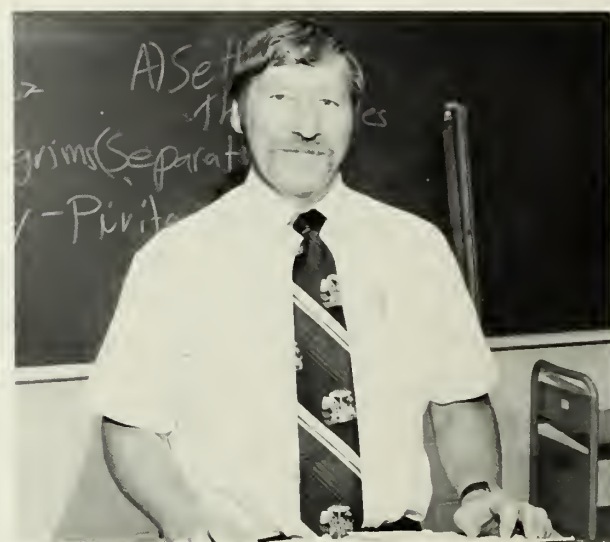
Mr. Stewart M. Douglas
U.S. Gov't, Int. Rel., Football Coach
B.A. Randolph-Macon College



Mrs. Laura E. Ezell
World Hist., U.S. Hist., AP Amer. Hist.,
Yearbook Sponsor
B.A. Va. Wesleyan College



Mr. Norbie Wilson
Soc. I, II, Basketball, Soccer Coach
B.A. Atlantic Christian



Mr. Frank Webster
U.S. History, Head Football Coach
B.S. V.P.I.



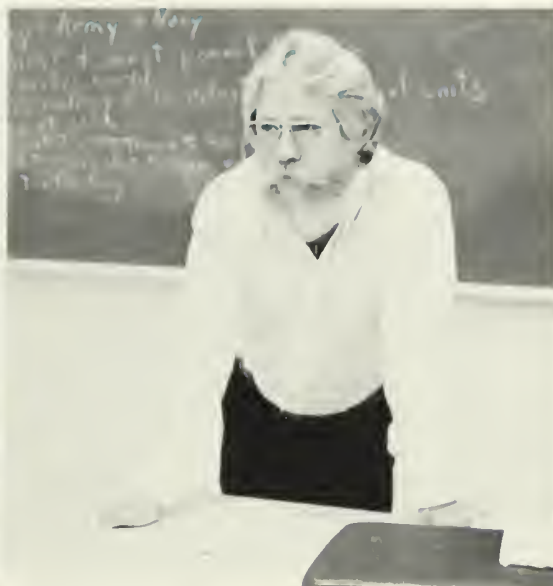
Mrs. Phyllis S. Jones
U.S. Gov't
B.S. O.D.U., Penn State, R.I. College Pharmacy



Mr. Bruce W. Platz
U.S. History, Econ., Anthro.
B.A. Geo. Washington, M.A. O.D.U.



Mrs. Gwen D. Infantino
World History, AP U.S. History, Dept. Chair.
B.A. Salem College, M.Ed Wm. and Mary



Mr. Pete DeWolf
U.S. History
B.A. Lynchburg College, Frederick College



Mrs. Cheryle G. McCann
Psych. I, II
B.A. Mary Baldwin College, M.Ed. U.V.A.



Mr. George Garbark
U.S. Gov't.
B.A. Univ. of Mississippi



Mrs. Jeanne Chapman
U.S. Gov't, Geography
B.A. Va. Wesleyan College



Mrs. Stuart Grimes
U.S. History
B.S. O.D.U.



Mr. C.L. Hill
U.S. History, Indoor Track Coach
B.S. O.D.U.



Mr. Richard W. Cain, Jr.
U.S. History, AP Amer. History
Cornell Univ., Duke Univ.



Mrs. Hope W. Parker
U.S. Gov't, Yearbook Sponsor
B.A. Mary Washington College

Changes in Co-ed

Changes in the co-educational format have been adopted by the Physical Education department as it enters its second year of co-educational classes. The major change in the program at First Colonial, as compared to the first year, is that of maintaining individual class unity and integrity. This is done by keeping the students with their own base teacher. According to Mr. Fishel, this concept has proven to be most workable and in close harmony with the new Virginia Beach attendance program.



Mr. Charles E. Fishel, Dept. Chair.
P.E. 10; Men's Gymnastics Coach
B.S., M.A. East Carolina Univ.



Mr. Ken Barto
P.E. 10; Football & Men's Track Coach
B.A. Guilford College



Mr. Fred Britton
P.E. 9,11,12; Men's Football & Tennis Coach
B.S. Frederick College



Mr. Alton Hill
P.E. 10; Cross Country, Basketball &
Golf Coach
B.S. Atlantic Christian College



Miss Sharon Burkhardt
P.E. 10; Girl's Tennis Coach
B.S. O.D.U.



Mrs. Janet Rowlands
P.E. 9,11,12; Field Hockey Coach
Girl's Basketball & Soccer; B.S. O.D.U.



Miss Lynn Hadley
P.E. 10 & Adaptive P.E.; Girl's Track Coach
Girl's Gymnastics; B.S. VPI & SU



Mr. Fishel carefully checks the day's plans.



Mrs. Carolyn Pardue, Dept. Chair.
Chemistry
B.S., M.S. Univ. of Alabama



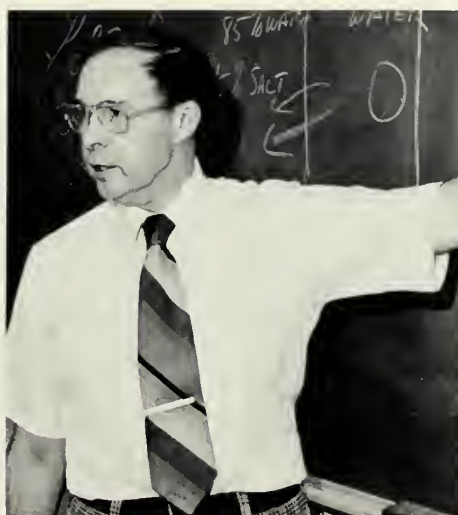
Mrs. Orena Cassidy
Biology, Ecology; Ecology Club
B.S., Univ. of West Florida



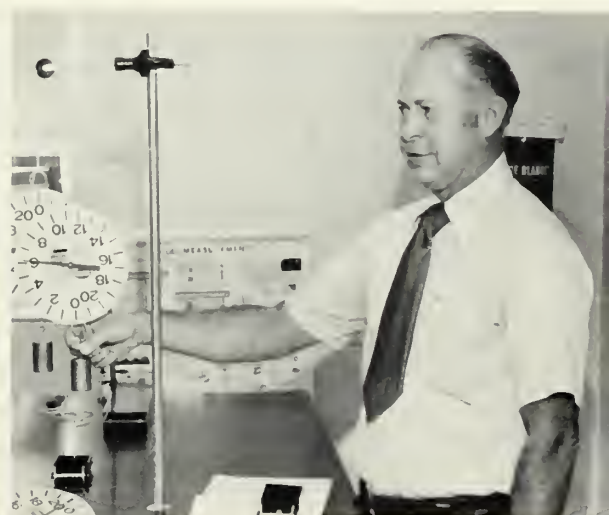
Mr. Robert Swann
Chemistry, Chess Club Sponsor
B.S., Hampden-Sydney; M.S. O.D.U.



Mr. Randy Wells
Physics, Elem. Alg. 2
A.B. Point Loma College



Mr. Ralph Hoskins
Biology
B.S., Marshall Univ.; M.S. O.D.U.



Mr. Carl Turk
Physics, Geometry
B.S., U.S. Naval Acad.; M.A. O.D.U.



Mr. Gary Kleinworth
Biology; Ecology Club
B.S. Allentown College, M.ed Temple Univ.



Mrs. Mary K. Drew
ESS, Biology
B.A., Longwood College, O.D.U.

Science

There has been a new curriculum added to the Science Department this year. The new pilot program, called "Project ICE," for Individual Concern for the Environment, is taught by Mrs. Cassidy. Its purpose is to teach ecological concepts such as environmental influences on organisms and changes in ecosystems. Geologic processes and regional resources are also studied with emphasis on natural and man-made changes through time in a regional setting. According to Mrs. Cassidy, this new course, now limited to the 10th grade, should increase appreciation of the local environment.

Other new facets in Science this year include new Chemistry books and two new teachers: Mr. Wells in Physics and Mr. Kleinworth in Biology.

Towers of Babel



Mr. Carlton W. Rountree
French I, IV, V; Dept. Chair.
A.B. Asbury, M.A. U.V.A.



Ms. Hope Christie
Spanish III; S.C.A. Advisor, Spanish Club
B.S. O.D.U.



Miss Lynne Doerfler
German II, III, IV, V; German Club
B.S. Bowling Green State Univ.



Mrs. Joanne Montesano
Spanish I, IV; Spanish Club
B.A. Montclair State College



Mrs. Sylvia A. Halloran
Spanish I, II; Spanish Club
B.A. Univ. of Texas; San Antonio College



Ms. Susan L. Broaddus
French I, II, III; French Club
M.A. Univ. of Paris, B.A. O.D.U.

"I am a part of all of those I have met," is a phrase commonly used by Ms. Hope Christie. There is a special closeness between teachers and students as students learn the language and cultures of other countries.

The language department at First Colonial offers four languages — German, Spanish, French and Latin. Learning is made easier with the aid of additional curriculum workbooks, audio tapes and cassettes, and the always willing help of the teacher.

The International Dinner brings together all of the language students as they each contribute a type of food or entertainment from their country. The dinner is enjoyed by everyone, even those not taking a foreign language.



Mr. Joseph Elias
Latin I, II, III, German I; Latin Club
M.A. Loyola Univ., Univ. of Chicago



Miss Miriam Castaneda
Spanish II, V; Spanish Club
B.A. O.D.U.

NJROTC



Cdr. Ray Lackore, Dept. Chair.
Naval Science; Color Guard and Drill Team
B.S. Rutgers Univ



Chief John McCarron
Naval Science I, II, III
Rifle Team Sponsor

Cdr. Ray Lackore states: "The 1978-79 class is one of the finest I've experienced. They seem to have a renewed dedication to getting an education."

The curriculum this year is the same as last year — offering courses in Naval Science which include astronomy, naval history, navigation, and oceanography.

For the second year, Cdr. Lackore and Chief McCarron are sponsoring a Naval Science course at Virginia Beach Junior High. As in the past, the enthusiasm of the applicants reflects the reputation of the outstanding NJROTC program at First Colonial.

Take Time to Read



Ms. Linda F. Hecht
English teacher; Dev. Reading B
B.S. Ohio State Univ., M.S. O.D.U.



Mrs. Virginia Duncan
Dev. Reading A & B
B.A. Shepherd College, M.ed. Univ. of Maine

Reading is the basic skill necessary to master all others. The goal of the Reading Department at First Colonial is to improve the reading skills for all students. An elective credit course, Developmental Reading, is available for any student who wishes to improve his reading skills in order to reach higher progressive levels in other areas. The Reading Department also offers a program for the student for whom English is a second language. Mrs. Virginia Duncan is the new member of the department.

Special Education



Mr. Bill Winstead
Special Ed.
William and Mary



Ms. Jessie J. Moore
Special Ed.
Va. State, Coppin State, Univ. of Maryland

Under the instruction of their new teacher, Ms. Jessie J. Moore, students in Special Education receive individual instruction which strengthens their weak areas; the students are encouraged to learn and work at their own pace. The main goal of the department is to help the student overcome his difficulty and be able to participate in most, if not all, of his regular classes. Another skill emphasized is social adjustment so that the student may grow into a self-sufficient individual.

Imagery Through Words

Could the best selling authors of tomorrow be sitting next to you in English class? Concentrating on writing as well as the standard English grammar, the English teachers are working on the development of each student's creativity and the transfer of that idea into his writing. Analyzing music, watching filmstrips and movies, discussing art and photography are some of the ways the teachers are expanding the imaginations of their students.

Literature is another important aspect of the English curriculum. English classes are reading the classics (*Julius Caesar*, *Walden*, *Canterbury Tales*) as well as more contemporary novels. Discussions and class presentations bring out the philosophies of the authors and main themes of their books.

A new program this year is Advanced Placement English. Fifteen seniors were selected to study an English curriculum equivalent to that of a college freshman's. At the end of the year they will take an examination to receive college credit for the course.



A long reach.



Mr. Steve Mitchell
Eng. 9A, 11A
William and Mary



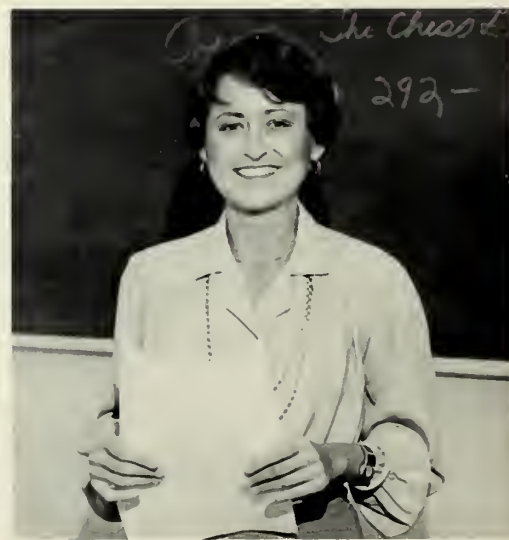
Mr. Lee Pierce
Eng. 12A
Duke, Univ. of Munich, U.N.C.



Mrs. Mary Joyce Harper
Drama I,II,III, Eng. 12A; Drama Club,
Thespians
U.V.A., San Marco Univ., George Wash. Univ.,
Va. Wesleyan College



Mrs. Patricia A. Romeo
Eng. 11A, 10R
Honor College, Univ. of Maine



Ms. Sharyn Kuhn
Eng. 10A, 12R
William and Mary



Mr. Don O'Boyle
Eng. 11S, 11A
Holy Apostles College, W. New Mexico Univ.



Mrs. Carol Wilson
Eng. 10A, 12R
Jacksonville State, William Carey College



Ms. Linda Warren
Eng. 11A, 11R
O.D.U.



Miss Kay Gore
Eng. 11A; Senior Class Sponsor, Literary Magazine
V.C.U.



Mrs. Sandy Brown
Eng. 10A, 10R
Va. Wesleyan College



Ms. Carolyn Speakman
Eng. 10A, 11A
Elizabethtown College, O.D.U.



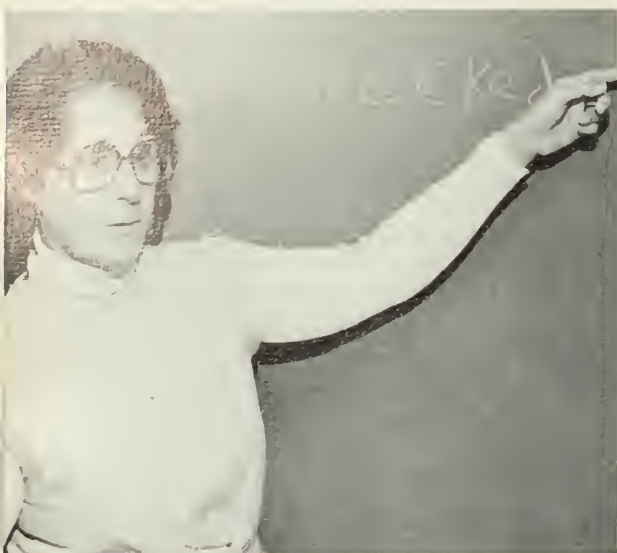
Mrs. Carolyn P. Griffin
Eng. 10S, 10A; Junior Class Sponsor
Frederick College



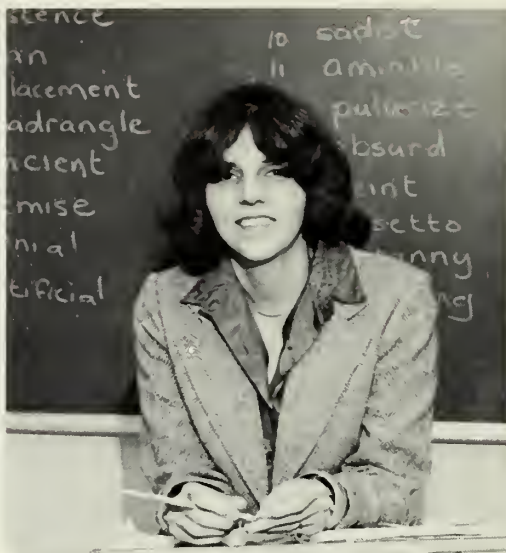
Mrs. Dorothy H. Robbins
Eng. 12A, Journalism I,II; Senior Class Sponsor,
The Town Crier
M.W.C., William and Mary, O.D.U., Univ. of
Delaware



Ms. Christine Sharpe-III
Eng. 10A, Speech I,II,III
Longwood College



Mrs. Betty Rogers
Eng. 12AP, 12S, 12A
Mary Washington



Ms. Lorna Johnson
Eng. 11A, 11R
Drake Univ.



Ms. Martha Dozier
Eng. 10S, 10R
Longwood College



Mrs. Dee Nichols
Eng. 12A, Adv. Comp.
Asbury College, U.V.A.



Mrs. Barbara Owens, Dept. Chairman
Eng. 12S, 12A
U.N.C.-G., William and Mary



Guess who! Mr. Pierce displays his spirit on the teacher's dress-up day. (Mr. Pierce is dressed as Jesus from "Godspell".)

I.S.S. A Firm Grip

In-School-Suspension, now in its second year at First Colonial, has produced marked improvement in school attendance. Designed to improve student behavior, I.S.S. seeks to develop self-discipline and to keep the students in the academic atmosphere as students.

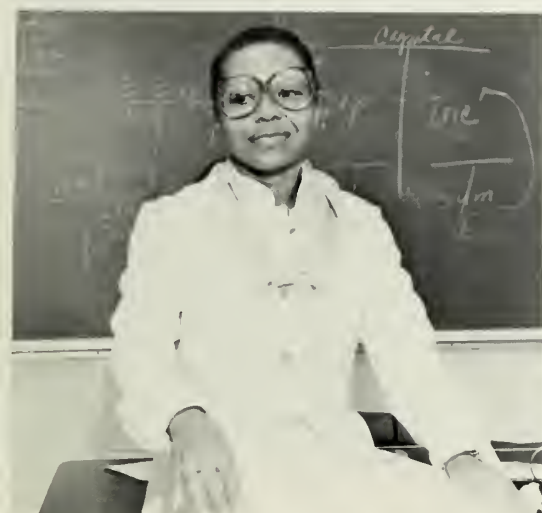
Students assigned to the In-School-Suspension program meet in room 809. They are given assignments of a practical nature which must be completed before being

released from the program. Emphasis is placed on personal and administrative responsibility by Mr. Darden, who encourages the students to openly discuss school policies. Mr. Josh Darden continues as the I.S.S. coordinator. Much of the program's success can be directly accredited to his outstanding leadership. In his seventeenth year as a teacher, Mr. Darden's experience as a coach contributes to his effectiveness in this position.



Mr. Josh Darden, Jr.
I.S.S. Coordinator
Norfolk State

More Than Typing...



Miss Zenta M. Jefferies
Typ. I; Bkkg., F.B.L.A., Black Culture Club
Norfolk State, U.V.A., O.D.U.



Ms. Jean S. Harrison
Steno. II; Cl. Typ. II
V.P.I.; S.U., Madison

More than just typing is taught by the business department at First Colonial. General business, stenography, and business law are offered to teach students business skills and concepts. Personal typing and notehand, designed to aid the college bound student, are offered as semester courses.

Typewriting I and II as well as the in-depth course Clerk Typist I and II are offered. This year a new program, Office Services I has been added. The fundamentals of typing, filing, duplication, and adding machines as well as office procedures are taught.



Mrs. Louise Reid
Cl. Typ. I; Of. Ser. I, F.B.L.A., Black Culture Club
Va. State, O.D.U., Norfolk State



Mrs. Margaret M. Mason
Typ. I; Per. Typ.
Coker College, V.P.I.



Ms. Kimberly S. Ritenour
Gen. Bus.; Typ. I
Kent State



Ms. Susan F. Chewning
Business Law, Per. Typ. F.B.L.A.
Longwood College



Ms. Jean S. Gordon
Steno. I; F.B.L.A., Jr. Class Sponsor
Ind. Univ. of Penn., V.P.I., S.U.



Ms. Jane W. Shell Dept. Chair.
Of. Ser. I, F.B.L.A.
Madison

Industrial Arts

Students in the Industrial Arts Department are exposed to a pre-vocational course designed to acquaint them with the materials, tools, machinery, processes, procedures, and personnel of industry.

This department familiarizes the student to the practical applications of industrial practices to everyday life.

Mrs. Sally Harland, the Crafts I teacher from East Carolina University, and Mr. Edward H. Cahill, the Electronics I and II teacher from Old

Dominion University, are the new additions to the Industrial Arts faculty.

This is the second year that First Colonial High School has been fortunate to have a woman Industrial Arts teacher.

Courses in Crafts, Mechanical Drawing, Electronics, Metals, and Woods offer the Industrial Arts students a wide and varied curriculum covering all aspects of the industrial field. Classes are also available for adult students in the evening.



Mr. Charles E. Pugh, Dept. Chair.
Metals I, II, III
B.S., M.A. East Carolina University



Mr. Maynard West
Woods I, II
A.B. East Carolina University



Mr. William Miller
Drafting I, II, III; Wrestling Coach
B.S. O.D.U.



Mr. Edward H. Cahill
Electronics I, II
B.S. O.D.U.



Mr. West oversees Mark Flanagan working with the sander.



Mrs. Sally Harland
Crafts I
B.S. East Carolina University



Mr. Nelson P. Symonds
Crafts II, Woods I
B.S. N.Y. State at Oswego



J. William Miller
Choral Music
B. of Mu. Shenandoah, M.A. Columbia Univ.

The Musicians



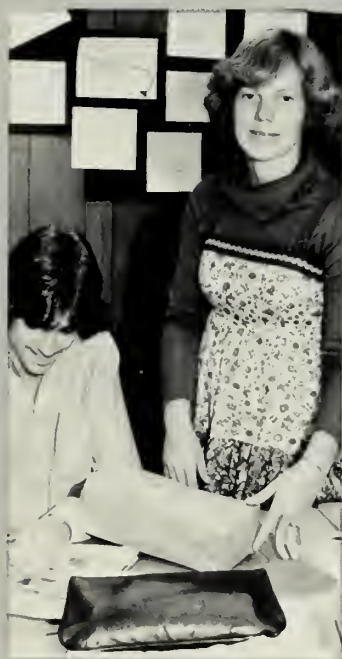
Mr. Max Gonano
Band, Music Theory, Marching Band
B.F.A., M.F.A. Carnegie-Mellon Univ.

Development of musical skills is a major goal of the music department at First Colonial. The skills assist students in achieving an avocation for the worthwhile use of leisure time, participating in community musical activities, exploring the various types of music, and preparing to continue their musical education if they so desire.

Performance and competition are also emphasized by Mr. Max Gonano, the band director. The Marching Band placed in several band competitions, including a first at the Tidewater Festival of Marching Bands. The Madrigals, directed by Mr. William Miller, sing for civic organizations and the school Christmas concert.



Mrs. Louise Lowenthal
Art I, IV, V; Dept. Chair.
B.A. Radford



Mrs. Connie Gallacher
Art I, II, III
B.S. Bowling Green State Univ.

Art Dept.



Mrs. Elizabeth Anne Chapman
Art I, II, III
B.A. San Jose State, A.A. San Mateo

"Life is short, but art endures forever," as stated by Mrs. Connie Gallacher applies to the First Colonial art department. Even though the great Michaelangelo is no longer here, his art work still exists. In the same manner, art students learn to express their own creative thoughts and feelings in a way that will forever last.

Vitally important in today's world is the art of communication. Students have been greatly inspired through sculpting, painting, and drawing. There are many types of art offered at First Colonial. Art I and II classes are an overall view of art; students concentrate on techniques. Third year students break down techniques, while fourth and fifth year artists deal with abstract thinking.



Mr. John Webster
Student Activities Coordinator
B.A. University of North Carolina

Stu. Act. Coor.

At the end of the 400 hall, something new has been added that is beneficial to the Student Body at First Colonial. That something is the office of Mr. John Webster, the new Student Activities Coordinator. Previously an English teacher, Mr. Webster has committed himself to coordinating the school's athletic and student activities programs. Overall, Mr. Webster has

some thirty individual duties to perform. Among these are publishing daily announcement bulletins, preparing and issuing student I.D. cards, arranging for supervision at school activities, and scheduling school assembly programs. Although his duties require much work, Mr. Webster always has time for friendly conversations with students.





Activities

For some students school does not end at 2:05 p.m. Meetings, athletics and band practices, and rehearsals are just beginning. The activities at First Colonial contribute to the entire character of the school and also the people who choose to participate in these activities. What a variety of activities! First Colonial offers organizations ranging from literary publications and student government, to service clubs and special interest clubs. There is something for everyone to join and become involved in as First Colonial strives for a perfect, unified student body.

Class meetings, pep rallies, and other assemblies break the monotony of the school routine. Assemblies, whether formal or informal, allow the

student body to recognize and appreciate the achievements of other students. For example, the induction of National Honor Society Candidates honors students who have maintained high academic averages. In contrast, pep rallies honor athletes of all sports in an entertaining and "spirited" way.

Students need to become involved if First Colonial is to excel with a well rounded curriculum. However, the administration and general atmosphere stressed academic excellence, which is of primary importance. The long, hard hours of study and work may be broken by these various extra-curricular events provided at school. Participation by the students is the key to a meaningful school experience.

Summer is a time of fun: sunning, surfing, swimming. There are no worries, no homework, and most importantly no school.

Well, this is true in most cases, but there are a few students who participate in school related activities which are held in the summer.

Girl's and Boy's State are programs sponsored by the American Legion and American Legion Auxiliary. Each is designed to expose the student to the workings of Virginia State government. Girls and boys from all over the state spend a week at Longwood College and Lynchburg college respectively, and form their own "states" by creating groups of cities. These cities participate in city elections, state nominating conventions, and, finally, state elections. Also included in the week are skits, talent shows, movies, important speakers such as Governor Dalton and Lt. Governor Robb, sports and Girl's State even had their own

concert.

First Colonial sent four girls to Girl's State and five boys to Boy's state. Each of these special people who attended in the summer of 1978 worked devotedly in their city's election and toward the ultimate goal of "model city," but there is one very special achievement worth mentioning. Greg Brainard, a representative from First Colonial who is now living as a foreign exchange student in South America, was elected as the Governor of Boy's State. This means that Greg was singled out of six hundred guys and elected to the highest possible post. This is a great honor for Greg as well as First Colonial.

Governor's School is another important event held in the summer for gifted students who are chosen by a panel of faculty members. Four First Colonial students were selected to attend the 1978 Governor's school held for six weeks at Lynchburg College.

These students attended classes, did homework, and received grades. They were allowed to study about a wide variety of interesting subjects; subjects which are not available in high school. They lived in the dormitories and experienced a taste of college life. The entire experience was learning for the sake of learning.

Many workshops were held during the summer, but when the word workshop was mentioned one special workshop came to mind. The workshop was Leadership workshop. Leadership workshop was held at Virginia Wesleyan College. Students from all the Virginia Beach schools attended, most of the students were either club and class officers, editors or S.C.A. leaders. The week of "Workshop" was filled with discussions about school leadership, skits and games, all of which were designed to encourage involvement and imagination in school and club governments.

Above the



GIRL'S STATE — Left to Right: Vicki Markowski, Patte Gleason, Judy Meyer, Susan Karvala, Laura Jane Woolridge.



LEADERSHIP WORKSHOP — Left to Right: Cathy Beatty, Richard Schlimgen, Kathy Mitchell, Vicki Jones, Steve Long, Vicki Ruth, Patte Gleason, Wayne Gladin, Ellen McBride.



PRESIDENTIAL CLASSROOM — Left to Right: Judy Meyer, Patte Gleason, Ellen McBride, Steve Long.

Everyone who attended Presidential Classroom in 1978 agrees that it was one of the best experiences of their entire life. What makes this program so special? First of all, Presidential Classroom is a program that is held in Washington D.C. for six one-week sessions. Students from all over the United States and even a few from foreign countries attend. Six juniors from the class of 1979 were chosen as First Colonial's representatives.

While in Washington, they learned more about the Federal Government than they could ever learn in a government class, because not only did they read and attend lectures, but they actually saw the U.S. government in action. Trips were made to the White House, Supreme Court, Library of Congress, the Capitol Building and even the C.I.A. Building. First Colonial's representatives even had their own private meeting with Congressman Whitehurst.

Call of Duty



GOVERNOR'S SCHOOL — Left to Right: Lance Jackson, Allyson Gonzales, Cathy Clarke, Brandon Smith.



BOY'S STATE — Left to Right: Cholly Fishel, Jeff Howard, Steve Kuehn, Blake Ramsey.

"The show that never ends", was the theme for the 1978-79 Marching Patriots Field show, and with a new theme for the 1978-79 Marching Patriots Field show, and with a new months.

One crisp, early morning the members of the band gathered to listen to a stern pep talk on the subject of endurance. The first football game stood paramount in the seemingly unreachable distance, and until then, the band, led by Andy Delloro and Lon Walker would serenade themselves to the mellow tones of Chuck Mangione's *Feels So Good*. The ranks soon became a highly precisioned regiment, and as September's autumnal sword pierced the serenity of August, the band members donned their garb. Needless to say, the first field show of the season moved throngs of First Colonial fans



FIELD COMMANDERS AND BAND COMMANDERS. KNEELING — Left to Right: Lon Walker, Andy Delloro. STANDING: Beth Clugston, Patti Schaadt, Joselyn Woodhouse, Marie Anderson, Melinda Harris.



"The Show That

into an uncontrollable frenzy. As the football season rolled on the field show proved to be a much demanded source for the aesthetic contentment while the football team routed its helpless foes. The band accompanied the team to the playoffs at Old Dominion University, in November.

With such a perfected act the band began taking on competitions, the first of which was held during the Neptune Festival in September. In this competition, which included bands from all over the Tidewater area, the First Colonial Marching Patriots won a first place award in their category. The second competition which the band took on was the Richmond State Fair competition. In this competition the First Colonial band did not fare as well as in previous competitions, but the band did bring home a second place trophy.

Moving on to bigger and better activities the band traveled to the University of Richmond for yet another battle of the bands. This battle was swept by the Marching Patriots and once again the first place trophy was brought home to be displayed in the trophy case in the library foyer. The



COLOR GUARD: RIFLES — Left to Right: Stephanie Bunting, Melinda Harris, Marie Anderson, Ellaree Stephens. FLAGS: Kerry Baese, Brenda Hall, Gina Bliss, Linda Schaadt, Kli Kinzie, Laura Moore, Jennifer Marrow, Leslie Bolik, Gwendolyn Penn, Teddy Christi, Patti Schaadt, Sandy Lawlor, Amber Freeman, Barbara Hill, Beth Clugston.

trophy case houses all of the trophies won by the band over the years.

The Christmas holidays arose and the band did not want to be left out of the festivities. The band boosters received great profits in the sale of plaques sold in front of the cafeteria during all lunches. These plaques were depicting different scenes and varied in price. The plaques made terrific Christmas presents for both young

and old. The profits from the sale of the plaques went to helping the band pay for their transportation to and from competitions.

Also circulating widely throughout the school were First Colonial bumper stickers. The bumper stickers were sold by the band booster members. Whoever purchased a sticker for the price of a dollar became a one year member of the band booster club.

The First Colonial-Band Percussion section adds flair to their act by making up for the championship football games.



Melinda Harris and Stephanie Bunting's flirtations don't distract Kevin Marshall's solo in the field show.



Never Ends”



PERCUSSION SECTION: FIRST ROW — Left to Right: Cathy Clarke, Petra Zanzig. KNEELING: Joselyu Woodhouse, Mike Hackworth, Ranger Dough, Robert Leipold. STANDING: Robert Hunter, James Hayes, Alvin Moore, David Martinez, Bill Green, Joe Brown, Vince Knaus, Philip East, Rick Mize, Richard Bullard.



CLARINETS: KNEELING — Left to Right: Rosemary Hissau, Debbie Hicks, Jennie Lasko, Barbara Meyer, Betsy Clarke, Tanja Brownley. STANDING: Cindy Thomas, Theresa Talbert, Lisa Fisher, Paul Hutchins, Scott Wilson, Eddie Whitehurst, Rege Krah, Jerry Causby, Ron Jones, Mason Peay, Jane Steinberg, Randy Shelin, Pam Schaadt, Sherri Falkner, Julie Donovan.



The Band's snare line leads in the new and award-winning halftime show.

Also with the responsibilities of the band came the responsibility of Mr. Max Gonano's choosing of the regional band. Tryouts for regionals were held after school and all those who tried out anxiously anticipated reading the list that was posted the next morning, answering the question of who made it and who did not. When the list was posted it was found to contain twenty-one members' names on it. These members were; Andy Delloro, Lon Walker, Fin Crowley, Cathy Clarke, Kevin Marshall, Melinda Harris, Cindy Britton, Charles Cohen, Carl Trost, Kristi Smith, Philip East, Eddie Whitehurst, Billy Aucoin, Mason Peay, Scott Wilson, Julie Donovan and Jane

Steinberg. Being picked as a member of the regional band is an honor in itself.

An even greater honor had been bestowed upon First Colonial when Petra Zauzig was chosen to be a member of the All Regional Orchestra. All Regional Orchestra is picked by using tryouts, but the tryouts consist of numerous more applicants than the Regional Band. Therefore it is harder to get into the All Regional Orchestra. The honor received by being in either or both of the regional bands is a tremendous accomplishment in itself, the members of these bands should be proud.

F.C. Marching



BRASS. FRONT ROW — Left to Right: Brant Skidmore, Romaine Pontbriand, Kristi Smith, Rob Kemether, Jonathan Brown, David Carver. SECOND ROW: Carl Trost, Cindy Britton, Jon Knaus, Vince Kearney, Blane Evans, Scott Wilson, Kevin Marshall.



Romaine Pontbriand accompanies the First Colonial Marching Patriots in yet another half-time show.

Marie Anderson and Eddie Whitehurst add a new twist to the band's field show.



LOW BRASS: FRONT ROW — Left to Right: Bill Aucoin, Allen Hughes, Bill Mosley, Doug Wills, Dona Arnsley. SECOND ROW: Terence Simpson, Mike Lawlor, Jack Young.

Champions



SAXOPHONES: FRONT ROW — Left to Right: David Midgarden, Ken Melson, Ron Falkner, John Bonds, Donna Defabo, Charles Cohen. SECOND ROW: Ralph Weller, Andy Yates, Mark Kelly, Bill Williams, Robert Langley, Keith Bryant.

Alumni members of the 1977-78 *Heritage* staff were taught new and exciting ways to spruce up an already award-winning annual; these new concepts were taught through a seminar, for yearbook staff members, held in Winston-Salem, North Carolina. During the day, eleven members of the *Heritage* staff attended classes on different aspects of preparing and putting out yet another award winning annual.

Mr. John Perry, First Colonial's representative from Hunter Publishing Company, gathered the new members of the staff at the school for one day.

This day was spent teaching the students layout designs and all the fundamentals of working to put together the annual. With the beginning of school came the upcoming deadlines. Work was done during fourth bell at school and all that could not be finished there was taken



EDITORS — Judy Meyer, Co-Editor; Ellen McBride, Co-Editor.

Imagination

home. Many hours were spent compiling each individual section, and after deadlines were sent to the publishing company, the members of the staff breathed a sigh of relief.



FEATURES — Tricia Hankley, Editor; Patty Wagner, Assistant Editor; Leslie Heath, Assistant Editor.



FACULTY — Margee Mulhall, Assistant Editor; Cholly Fishel, Editor; Leesia Bradshaw, Assistant Editor.



SPORTS — Debbie Hudler, Assistant Editor; Diane Mizelle, Editor; Will Nelson, Assistant Editor.



BUSINESS — Abbie Duncan, Assistant Manager; Bill Crawford, Manager.

in Print



ADS — Beth Krueger, Assistant Editor; Laura Whitley, Assistant Editor; Paul Morris, Editor.



SPONSORS — Mrs. Laura Ezell, Mrs. Hope Parker.



ACTIVITIES — Ann Fortenberry, Assistant Editor; Jana Munson, Editor; Sharol Whitehurst, Assistant Editor.



SENIORS — Helen Lee, Assistant Editor; Joy James, Editor; Delite

Words at

Also with the beginning of school came the difficult and complicated task of selling annuals. The circulation section of the annual staff took care of the new gimmicks to interest the student body in buying an annual. Such gimmicks included the wearing of construction paper buttons exclaiming "Buy an annual from me". These nagging buttons were worn by all annual staff members for one month to remind students to buy an annual. Posters were hung in the halls of First Colonial, yet another reminder to buy an annual. All of the gimmicks used improved yearbook sales, because more than ever were sold this year.

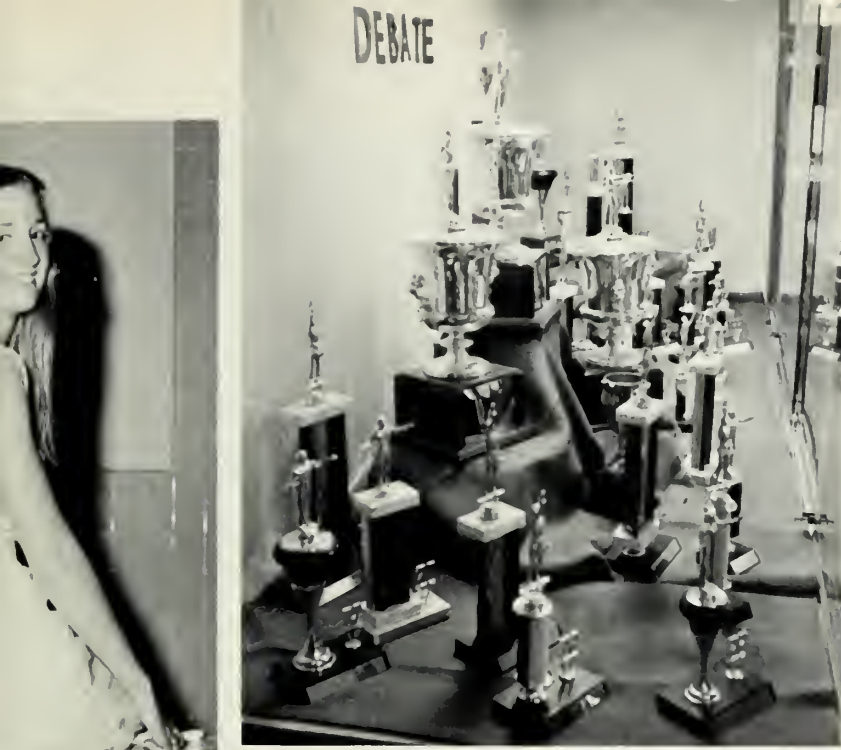
The end of the school year rolled around and the *Heritage* was proudly distributed by staff members. As each member thumbed through the yearbook, pleasant memories as well as some anxieties, came to mind. By far the happy memories and the satisfaction of seeing one's ideas in print deleted from mind the anxieties of the year.



CIRCULATION — Sandy Bartman, Assistant Manager; Scott Turnbull, Manager; Lyn Cox, Assistant Manager.



UNDERCLASS — Mark Keefe, Assistant Editor; Patty Mayo, Editor; Steve Drucker, Assistant Editor.



The Debate team displays the many awards won in years past in the library showcase.

Striving to uphold the winning First Colonial tradition, the Debate Team engaged in many verbal competitions. Under the leadership of Ms. Sharpe-III, the Debaters were involved in the debate competition near Blacksburg, Virginia and many other competitions.

Both varsity and novice debaters attended virtually all of the debates sponsored by the Tidewater Debate League. As in previous years, the Debate Team sought to promote the understanding and use of words.

Winning many trophies, the Debate Team marched through a year filled with victories and success. Requiring many hours of research and hard work the Debate Team reached for many team verbal victories. During second bell, Debate Team awards were announced.

For its participants, debate promotes incentive toward education. Determination is illustrated, and self poise and self assurance are inspired.

Ackels, Assistant Editor.

Work



DEBATE: KNEELING — Left to Right: Jill Turner, Lance Jackson. SECOND ROW: Dausel Borr, Ramona Consolvo, Debbie Weiner, Susie Barnhart. STANDING: Lee Collins, Henry Jackson, Sponsor, Mrs. Sharpe-III, Dale Meyers, David Bogardus.



COMMANDING STAFF: FRONT ROW: LCDR Craig Herrick C.O. BACK ROW: Left to Right: Exec. O. Lt. Chris Snowden, Operations Officer Jerome Reagan.



COLOR GUARD: Left to Right: Tim Howlin, Bruce Meeks, Jerome Reagan, Michael Meese, Dave Parton.

Projections of

Organization and cooperation are mandatory in participating with the Naval Junior Reserve Officers Training program which gives students a better understanding of the United States Navy. Contributing factors to a busy, but fulfilling year were the tremendous leadership abilities of LCDR Craig Herrick and adult advisors Cdr. R.C. Lackore and Chief J.J. McCarron.

Under the instruction of LCDR Glenn Johnson, cadets learned different aspects of Naval Science in the classroom and were trained under his command outside the classroom as well. NJROTC also supplied the color guard for the opening of every home football game, and the commanding staff accompanied the band in greeting the Homecoming Court.

The rifle team, the color guard and the drill team also traveled to the Veteran's Day and the Armed Forces Day parades. The performances of the NJROTC show much discipline and hard work.



THIRD PLATOON: FRONT ROW — Left to Right: Joe Dozier, Leon Wilson, Vernon Franklin. SECOND ROW: Richter, Alvin Wiggins. BACK ROW: John Hughes, Walter Drewitt.





MEN'S DRILL TEAM: FRONT ROW: Marshall Hughes. SECOND ROW — Left to Right: Walter Scott, David Partin, Doc Murphey, Chris Howlin. BACK ROW: Chris Snowden, Larry Baper, Kenny Tharpe, David Gray, Mark Zimmer.

Discipline



NJROTC Officers stand at attention during the half-time show at the Homecoming game.



RIFLE TEAM. FRONT ROW — Left to Right: Kenneth Tharp, Chris Burkhart, Larry Baper, Kenny Melson, Melinda Wiggins, Chris Snowden. SECOND ROW: Bruce Meeks, Dave Partin, Billy Copeland, Davy Gray, Vince Kerney.



FOURTH PLATOON. FRONT ROW — Left to Right: Blaine Arnold, Jack Debauche, Ron Kellogg, Billy Copland, Phillip Nash, Chris Burkart. SECOND ROW: Michelle White, Angela Griffin, Annette Spellman, Melinda Wiggins, Vince Kearney. BACK ROW — Andre Tripp, Keith Johnson, Darvin Perry, Bobby Allan, Kenny Nelson.

"A National Honor Society of drama students" is how the International Thespian Society is described by Judy Meyer, a three year member of the organization. The society, through the year, sponsored plays, contests and dances, all of which contributed to the Thespian's funds.

Scenes were set and actors were awaiting the final moment when the curtain was drawn open. This was the stage for the fall production of *Flowers for Algernon*. As Mrs. Joyee Harper describes the cast "It was the best cast I've ever had the privilege to direct." The auditorium was filled with near-to-capacity crowd, and all were awaiting a super performance. The audience was not disappointed, because the performance was beyond a doubt one of the best shows put on in the First Colonial auditorium in a long time. Running for only two nights the play grossed over \$800.



Keith Morrison, cast as Dr. Strauss, uses a stethoscope to get into character.

Outstanding

Yet another aspect and strong part of the Thespian Society was the one-act play. As in the past years, the one-act play put on and sponsored by the Thespians received a superior rating.

During the cold winter months, the Thespians kept warm and busy by joining with the music department for a Christmas program. This program was a combination of musical and dramatic talent. Not only did the Thespians join with the music department, but they also joined with the Debate and Forensics teams for another project. The Mez-Ter was the reason for the joint efforts of the clubs. It was a special held in First Colonial's auditorium.

Every year the Virginia Beach Rescue Squad joins with the Virginia Beach General Hospital for a required annual disaster drill. This year the drill was held at First Colonial High School. The kitchen had blown up as a result of a gas leak, students were lying along the sidewalks with injuries. This scene was the disaster drill held on December Thirteenth. The students acting the parts of injured passers-by were the members of the Thespians Society.



THESPIANS: FRONT ROW — Left to Right: Bob Kohrherr. SECOND ROW: Lynn Cox. THIRD ROW: Mike Lawler, Diana Dines, Ken Knight, Lauri Miller. FOURTH ROW: Keith Morrison, Judy Meyer, Mary Potter. FIFTH ROW: Stephanie Bunting, Tim Kemp, Keith Frazier, Keith Morris, Beth Curran, Jo Tauler, David Rosche, Linda Anderson, Geoff Wolfe, Beth Harper, Ellen McBride.

Although the drill was only a practice to test the speed and accuracy of the Virginia Beach Rescue Squad and the Virginia Beach General Hospital, the amazingly real make-up job of the Tidewater Emergency Medical Services made the victims of the accident look genuinely injured. Good time was made in the treatment of patients, and when all was said and done the experience proved to be beneficial to both the Thespian students and the hospital and rescue squad personnel.

Spring arrived and along with spring came the Thespian's production, debuting in May.

The actors portrayed their parts beautifully throughout the year. The curtain had been drawn, but in the minds of the people of the community, the students and the faculty which supported the Thespians, shone a year which proved great talent. The actors knew in their own minds that they had fulfilled their motto of "Act well your part, for there all the honor lies."



Dramatics



Keith Morrison portrays his role as Doctor Strauss in *Flowers for Algernon*.



Bob Kohrherr is made up to portray Charlie Gordon in the Thespians' fall production of *Flowers for Algernon*.

mer

A time for lounging, playing and generally just having a good time is a common definition given by most normal students about the summer.

For some students the summer consisted of swimming and surfing, and yet for others the summer consisted of working at a part time job.

Still for others summer time is a continuation of school, just in a hotter climate. Summer school is a major part of the lives of a selected few.

School projects extended into the summer with Presidential Classroom, Governor's School, Boy's and Girl's State and finally Leadership Workshop.

The last week of summer vacation arrived with mixed emotions from students of all ages. The alumni of First Colonial were packing up and making various preparations for college. On the other hand, returning First Colonial students were living it up on their



Scott Turnbull escorts Mindy Moon during halftime festivities at the Homecoming game.

Summer

last moments of summer before the homework was to be passed out, once again signifying the opening of school. Good-byes were said to those students leaving for college and once again it was time for the bells of First Colonial to ring out through the halls. With the bells came the busy chattering of students voices explaining to one another what happened over their summer vacation.

"Together today for a stronger tomorrow" clearly describes the determination and drive that the Student Cooperative Association (SCA) possesses.

Keeping active during the summer months, the SCA. began the school year with a busy schedule, including many planned projects.

At the beginning of the year, the S.C.A. arranged an extremely successful orientation for the newcomers at First Colonial. During orientation student identification cards were produced and distributed. These I.D. cards were engraved with the school

creed on them and were sold at a cost of \$1.00. Also during orientation time the students were given the opportunity to tour the school and become familiar with its surroundings.

In raising money for the United Way, the S.C.A. displayed their willingness to work and their enthusiasm to forge ahead.

Although pep rallies were few in number, there were two special ones held. One before the Homecoming game and one before the State Semifinals held in Richmond. The two pep rallies served to heighten the spirit of all school students, and encourage them to attend the games.

Plans for Homecoming, held on October 20, began in late September. Although clouds were overhead on the Friday evening of the Homecoming game, the Homecoming parade was an outstanding success with a sensational turnout. The football game played against Patrick Henry High School was

an overwhelming victory. Midgame a glistening halftime ceremony was held giving honor to the Homecoming attendants. Saturday night a sensational dance was held in the First Colonial gym. This dance was attended by ninety percent of the student body.

"Wait Until Dark" was just one of the many movies shown by the S.C.A. The movies were held in First Colonial's auditorium, concessions were also run by S.C.A. members. All the factors proved to make the entire evening extremely profitable.

Organization was the key to the successful canned food drive this year. Canned foods were collected in every first bell class, to be given to needy families during the holiday season.

Always promoting school spirit, blue and cream colored t-shirts were sold. The t-shirts were long-sleeved and sold for \$6.25. They arrived just in time to be distributed before the Christmas holidays.

Working



EXECUTIVE COUNCIL: FRONT ROW — Left to Right: Beth Meinicke, Dave Bogardus, Kim Wright, Carolyn Cooke. SECOND ROW: Jeanne Giuffre, Leigh Anne Caton, Abbie Duncan, Ward Valentine, Steve Phelps, Steve Long. THIRD ROW: Almeida Meinicke, Bobby Mosby, Richard Schlimgen, Tim Consolvo, Phyllis Kunkler, Delite Ackels, Cleste Daniels, Cathy Beaty, Sherry Knight. FOURTH ROW: Donna Houser, Curt Smith, Craig Gallagher, Patty Gleason, Dena Ruth, Marybeth Mitchell, Wayne Gladin, Mindy Moon, Scott Turnbull, Karen Blankenship.

Students at First Colonial got into the holiday spirit by participating in the school-wide drive for the Joy Fund. In the beginning of collections the goal was set \$300, but that amount was by far surpassed when the students graciously gave over \$700 to the needy people of the community.

Another inspiration of holiday and school spirit was the annual door decorating contest. A first place ribbon was awarded to the door decorated by Miss Christie's fifth bell class. Christmas cards were sold during all lunches and were distributed during third and sixth bells by S.C.A. officers.

Miss Christie and Mrs. Warner, the S.C.A. sponsors this year, kept the officers and the committees ever mindful of their duties and responsibilities. Work, care, and organization made the S.C.A. of 1978-1979 a tradition of excellence.

Towards Tomorrow



S.C.A. OFFICERS. SEATED — Left to Right, Patty Gleason President, Mindy Moon Secretary. SECOND ROW: Scott Turnbull Treasurer, Curt Smith Vice President, Wayne Gladin Vice President.



I.C.C.: FRONT ROW — Left to Right: Dena Ruth, Leslie Heath, Liz Sayer. SECOND ROW: Dave Bogardus, Cathy Beaty, Kathy Mitchell, Leigh Anne Caton. THIRD ROW: Curt Smith, Wayne Gladin, Craig Gallagher.

September

As the beginning of the 1978-1979 school year began, there were many different kinds of orientations for Sophomores and new students. The first such orientation in September was the library orientation for the newcomers.

Along with the football season came a season of dances. In September, three dances were held sponsored by the S.C.A., the cheerleaders, and finally the band boosters.

Profits were made for the Spanish Club by the before school sale of doughnuts. The doughnuts were graciously supplied by Dunkin Donuts.

Seniors stepped into action with their ever profitable paperdrive. The paperdrives were to take place every other month. Showing off their stuff, the Seniors sold t-shirts designed by Tim Drinko.

Juniors did not sit idly by.



Vicki Markowski puts finishing touches on NHS supply store before it opens.

Dedicated

September

In mid-September the Juniors held a pizza feast at the Pizza Inn on Twenty-sixth Street. The pizza dinner cost three dollars and was enjoyed by many.

Stepping into action, the marching Patriots traveled to different places to compete for various awards. The first competition was the Neptune Festival. The Patriots did not surprise many when they won.

Striving in every way, members of the National Honor Society (NHS) worked to better themselves and their community through various school and community services.

A beneficial effort to help students understand and generate a learning environment was the purpose of the NHS tutoring program. A tutor could be obtained by any student at any after school hour, by simply filling out a tutor-request form acquired from the library.

One of the many community services was the raising of

money for the Virginia Beach Rescue Squads. The money raised for the rescue squad was spent on new equipment which was greatly needed. Appreciation was shown by the rescue squad for the money with various and numerous thank-you notes.

As school began, so began the money making projects of the NHS, the first being a car wash. The car wash lasted all day and the heavy attendance of NHS members to help with the work just proved the point that the members of the NHS would exchange their Saturday to help the club any time. It was nice summer weather for a car wash and many passers-by were willing to trade their dollar for an almost professional car wash. This one day out gave the club more than \$70.

Easy money raised in the car wash inspired the NHS to go on to bigger and better things. This time the project

was the sale of stationery. Six different styles of stationery were sold, ranging from variously colored paper to paper personalized with the engraving of the person's name. As a gimmick to sell the stationery all of the NHS members dressed up as gangsters for a day. That day they walked through the halls threatening people with death if they did not buy at least one box of the stationery. The threats must have worked because this time the NHS made over \$150.

With February and Valentines came the annual sale of carnations. The carnations were sold during all lunches for the price of one dollar, and they were delivered on Valentines Day.

Many student's lives were saved by the NHS school supply store. The supply store was open every morning at 7:30, and those students in dire need of pens, pencils, notebook paper, graph paper, and other such items had the opportunity to buy them from the supply store.



JUNIOR CIVITAN: FRONT ROW — Left to Right: Wendy Vaughn, Recky Burton, Stephanie Jett, David Carroll. SECOND ROW: Tracy Jones, Laura Forch, Jenny Davis, Lynne Hancock, Terri Schmidt, Ruth Ann Motyca, Laurie Stevenson, Lynn Ballard, Roberta Taylor, Jennifer Hoff. THIRD ROW: Lynn Farmer, Maria Kanrad, Martha Kellain, Pam Swertfeger, Liz Foote, Kathy McQuillin, Leigh Anne Stevenson, Jennifer Jones, Sharon Casey, Liz Peterson.

Even though this year's Junior Civitan Club was smaller in size, it never failed to be seeping with enthusiasm. The club continued the four year tradition of helping the community by starting off the year with a trip to the Medi-Center on First Colonial Road.

The club members continued to benefit the community by organizing and conducting a Red Cross Blood Drive in the spring. The blood drive was held in the F.C. gym, and the doors were open to anyone who was willing to help others by giving his blood.

The Junior Civitan did not limit its activities to only the community, but it also held school projects. The members held what proved to be an overwhelmingly popular project, the Mr. Leg's contest.

Through their tremendously active year, the Junior Civitan Club proved to everyone at F.C. that even a small group can achieve large goals.

to Serve



NATIONAL HONOR SOCIETY: FRONT ROW — Left to Right: John Rabineau, Susan Ailes, Vicki Markowski, Karen Priolo. SECOND ROW: Cathy Schmidt, Mary Jo Gamba, Jeff Howard, Sherry Knight, Allyson Gonzales, Cathy Clarke, Bob Kohrher, Cholly Fishel. THIRD ROW: Mrs. Reilly, sponsor, Steve Kuehn, Susan Rurt, Scott Anderson, Stephanie Jett, Lance Jackson, Laura Jane Woolridge, Susan Karvala, Nancy Petroff, Liz Peterson, Judy Meyer, Ellen McBride, Becky Potter, Wayne Gladin. FOURTH ROW: Blake Ramsey, Joy James, Steve Long. (Not Pictured — Paul Consolvo).

The spring of 1979 brought about changes in the NHS. It was time once again for the annual tap-ins. Juniors and seniors alike anxiously awaited the moment of their particular acceptance into the NHS. The audience consisted of fellow students and parents of those students who, as of yet, had no knowledge of whether they were to be admitted or not. As each new member was tapped in, they were given the symbol of the NHS, which was hung around their neck. As the student stood on the stage, he or she would never forget the memory of signing his name in the NHS register book.

Indeed 1979 was an eventful year for the NHS; friendships were made and deepened throughout the year's activities. The memory of this year's NHS members will be carried on through the years and this fulfilling year will be a goal for all NHS clubs in the future to strive.

After looking back over the school year, many felt that October was one of the most active months of the year. The F.C. Marching Patriots moved rapidly through the month starting with a spectacular win over all of the bands competing in the Tidewater Festival of Marching Bands held at Indian River High School. Continuing their activities, the band raised money by selling pumpkins for Halloween.

The F.C. football team added their excitement to the month when they won the title of Beach District Champions as they overwhelmingly beat the Cox football team.

What everyone had anxiously been waiting for, the Spirit week, finally arrived with the theme of "Lights on Broadway". The week began with teacher day, in which the teachers were to dress up as their favorite Broadway star. The second day arrived with the Juniors dressing up as characters from the Broadway play *South Pacific*. On Wednesday, the Sopho-



LATIN CLUB. FRONT ROW — Left to Right: Donna Defabo, Charles Kirkley, Patrick Alnberg. SECOND ROW: Rhonda Glasmann, Sandy Snyder, Debbie McKeever, Tom Watkins, Roger Hine. THIRD ROW: Ward Valentine, Jane Steinberg, Lynda Anberg, Tony Hawa, Bobby Mosby, Mr. Elias, Patty Wagner, Kevin Slattum, Shade Honeycutt.

Linking

Omores wore costumes styled after those worn in *Oklahoma*. Thursday, the Seniors dressed up in togas from *A Funny Thing Happened on the Way to the Forum*. On Friday, everyone competed in various events during the Spirit competition. This already exciting week was brought to a tremendous conclusion with the Homecoming game and half-time festivities that took place on Friday night.

Forseeing a fun and fulfilling activity, many of the Spanish speaking students made the wise decision of joining the Spanish Club. The Spanish Club has always been known for its large enrollment, but this year the members were spirited and genuinely interested in getting things done.

Jumping to a rapid start, the members, assisted by club President Diana Dines, organized and carried out a bake sale. The bake sale was held on October 28, in front of Rose's at Hilltop on a rainy, dreary day. However, the rain did not dampen the workers' spirit and enthusiasm. Throughout the day, the delicacies, put in order by the club members, attracted many passers-by. This one outing put seventy dollars in the Spanish Club's bank account.

Along with the induction of a new staff of officers came the presence of new ideas and most importantly a new committee. The new committee was the scrapbook and newsletter commit-

tee. The scrapbook committee was appointed to gather forms of information and memorabilia having to do with the club. They kept busy throughout the year gathering those pieces of information, along with copies of the monthly edition of the newsletter. The newsletter included in its copy articles about outstanding members, profitable club activities and even included cartoons and jokes, written in Spanish of course.

Contributing large amounts of food to the International Dinner is an activity the Spanish Club could not be out done in. Traditional Spanish dishes were served, dishes such as Spanish bread, vegetables and Spanish chicken and rice. The money stemming from the dinner goes to the language department to be used for teaching aids.

Actively involving each member of the club was a common goal of the club officers. As the club's bank account soared so did the involvement of the members, all the more excited to get many other activities done. This enormous rate of club participation made the Spanish Club a top club of the school this year.

Changes were in order for the Latin club and its members. Becoming more active in school and community activities is what the club strove for. Acting President, Kevin Slattum, helped the club achieve their goals.

Tickets for the International Dinner were sold out after the first week of circulation; people were waiting for this special event. Among the foreign cuisine was food prepared by Latin Club members. Not only did the members contribute food, they helped form the foreign atmosphere which set the tone for the entire evening.

Other activities that members enjoyed throughout the year were the traditional and profitable car washes. Purely Latin activities included the Saturnalia and the Certamen competition.

The Saturnalia held in December, by definition is a party of feasting and exchanging gifts. The party was held on December 17, and is of Roman origin. When attending a Saturnalia it is

traditional to wear a Roman toga. Every person who attended the Latin party was in attendance with a toga on, that included Mr. Elias the club sponsor.

"A competition held between Latin Clubs on a high school, regional, state, and East coast wide basis," is how Latin Club member Patty Wagner describes a Certamen. Latin Clubs from around the area gather to compete to go to the regionals.

Each club is split into teams, each team has four members, officials ask them questions about different aspects of Latin and Latin culture. Questions asked are such as like forms of different words or meanings of various words.

The competition is an annual event held in early spring, usually April. Although the Latin Club did not perform up to par, they did get the benefit and experience of being in the competition. An extremely beneficial factor in having gone this year is that now the

members know just what to study next year to walk away with a first place title.

Also included in their winter activities were the new and exciting idea of a ski trip.

Taking a trip to the Chrysler Museum showed the students the wide spectrum of the Latin culture that made the language what it is today.

Concluding their second year at First Colonial the Latin Club proved that the club was competition for the older and larger clubs. Headed by Mr. Joe Elias, the club sponsor, the Latin Club had a completely new and original year.

Languages



SPANISH CLUB. FRONT ROW — Left to Right: Diana Dines, Dena Ruth, Carol Travis, Brandon Smith. KNEELING: Sandra Bartman, Melinda Munson, Julie Riley, Susan Britt, Carolyn Painter, Cynthia Rowan, Carolyn Cooke, Kim Wright, Leslie Heath, Laura Forch, Joyce Elliott. THIRD ROW. Ann Fortenberry, Don Bahlman, Laura Whitley, Teresa Clements, Scott McClintock, Kirsten Jackson, Wendy Vaughn, Gabriela Plunkke, Sherry Gardner, Margie Weatherson, Loukia Louka, Steve Phelps, Cathy Fletcher, Tom Bridges, Jenny Davis, Sponsors, Ms. Halloran, Ms. Casteneda. FOURTH ROW Henry Jackson, Arlene Puryear, Jon Knaus, Stephanie Sukoff, Scott Turnbull, Donna Burrus, Steve Kohrher, Kim Knapp, Toddy Wool, Jay Meagher.

November proved to be another busy month for the S.C.A. starting with their showing of the horror movie, *Wait Until Dark*, in the auditorium on the seventh. The S.C.A. kept busy with the city-wide Student Council Association meeting held on the fifteenth at Plaza Junior High School.

In order to help students make their decisions about the future, the Dome held a college night and then a career night. The counselors also helped with decisions by holding conferences with parents and students.

November also proved to be a very grueling month as many tests were being administered. Seniors were given the SATs, which are influential in college decisions. The Juniors were administered the SRA tests. Not allowing themselves to be left out, the Sophomores were the first to take the Minimum Competency test, which decides whether or not a student passes school.

The highlight of November was the



FRENCH CLUB. FRONT ROW — Left to Right: Liz Sayer, Lynn Bulla, Rives Hall, Craig Gallagher, Amy McIntyre. SECOND ROW: Jodie Rundle, Theresa Hillegrass, Helen Lee, Margee Mulhall, Carol Strano. THIRD ROW: Chuck Bennett, Anne Frierman, Laura Euring, Melissa Gibson, Dorrie Pagano, Lynn Farmer, Leslie Borland, Chip Revercomb, Barbara Meyer, Tanya Brownley.

Discovering

NO glorious ending of a tremendous football season. The First Colonial football team played and beat Norview at Old Dominion University. The team then went on to play an outstanding game against Wilson again at Old Dominion University. With the help of a spirited pep rally during school, the football team traveled to Richmond and played an exciting game against the Highland Spring Springers.

Working with Miss Doerfler as their sponsor, the German Club actively involved themselves in working for improvement throughout the year. The club's volume increased and with the increase came the enlargement of enthusiasm and interest within the boundaries of the club.

Roses at Hilltop served as a perfect selling ground for the German Club's annual bake sale. The food sold at the bake sale was prepared solely by German Club members. The food sold quickly and for good prices. Money raised from the bake sale was put to good use, for during the Christmas holidays the German Club held a Christmas party. Those attending the party ate German food, again prepared by the German Club members. The singing of German Christmas carols was also done by the club members,

joined by song leader and sponsor Miss Lynn Doerfler.

Another money making project included the before school sale of doughnuts. The doughnuts were provided by Dunkin Doughnuts, and were sold in front of the cafeteria every morning for a quarter. Later the German Club reaped the profits, and with the profits the German Club supplied all the German classes with new books and teaching aids.

The German Club certainly proved their superiority as cooks this year. Besides the bake sale and the Christmas party, the German Club prepared food for the annual International Dinner. The International Dinner was held in mid-spring and, as always, the turnout was fantastic.

Another year has gone by for the German Club and fond memories of the eventful year live on in the memories of all club members.

Starting the year off with a bang, the French Club visited the Boardwalk on Heritage Day. This was a day dedicated to many foreign languages in which everyone could learn about the language and cultures of any foreign country.

The members of the club again expanded their knowledge of French with a visit to the Chrysler Museum. The French Club members discovered many French exhibits, such as paintings, sculptures, and many other forms of artwork that dealt with the cultures of France.

Along with the educational fieldtrips, the French Club members had many enjoyable activities. The members entertained themselves by taking a night off to go to La Caravelli, a French restaurant at the beach.

The Christmas season was introduced to the French Club by the Preparation of a French meal served to the members at Liz Sayer's house. The

meal started off with a salad topped with a French dressing and a bowl of Vichyssoise. The main dish consisted of a quiche, a fondue made with wine sauce, and brie. The dinner was topped off by a delicious chocolate mousse. The members of the French Club worked off this enormous meal by singing French Christmas carols and performing French dances.

After the gratifying trip to Virginia's Chrysler Museum, the members decided to take a trip in the spring to Washington D.C. During their three day stay at the capital, the French Club members visited many places associated with the French language and culture.

The French Club also contributed their own food and entertainment to the International Dinner held during the second half of the year. This dinner raised a great deal of money for all of the classes in the foreign language department.

The members of the French Club continued their study of the French culture and language by watching several French films at various times in the year. One such film was held in mid-February during the Mardi Gras. The Mardi Gras is the last of the several days of fun and festival which are celebrated in Catholic communities just before the beginning of Lent. It is like a great fair. Paris, France has long been famous for its celebration of the Mardi Gras.

As the end of the school year came into sight, the members of the French Club realized that all of their activities during the past year had not been carried out for any reason but entertainment. The club members saw that these activities had exposed them to many French foods and customs. The events of that year had also encouraged their interest in the language and cultures of the French speaking countries.

New Languages



GERMAN CLUB: FRONT ROW — Left to Right: Kathy Carp, Carol Bergeson, Cathy Fletcher, Susie Barnhart, Kathy Mountjoy, Carolyn Painter, Tammy Eure, Ianna Wakefield. SECOND ROW: Donna Laemmermann, Kate Akright, Bill Crawford, Ramona Consolvo, Geoff Wolfe, Angie Moody, Ellen Davis, Marvin Fentress, Amiee Stubbs, Sponsor, Fraulein Doerfler, Becky Schwegler, Mindy Moon, Ellen Duffy, Phillip Pasqualino, Pete Walker, Kelly Rutledge. THIRD ROW: Mark Keefe, Scott Mahanes, Steve Kuehn, Larry Jamerson.

December

December did not fail to be another informative month for all, beginning with the video tape receiver instruction to students by the library.

The S.C.A. continued to work for the benefit of First Colonial by holding a meeting at school on the seventh, and they attended another city-wide S.C.A. meeting on the thirteenth. Then, at last, the long awaited and always popular S.C.A. t-shirts arrived on the nineteenth.

Meetings between parents counselors and student conferences were held during the entire month.

The staff of the Literary Magazine kept occupied with a bake sale on the nineteenth to raise money for "Shantih."

The goal of three hundred dollars was far surpassed as seven hundred dollars was raised from the eleventh to the twentieth for the Joy Fund.

Even though the official football season had ended, one last football



BLACK CULTURE CLUB: FRONT ROW — Left to Right: Crystal Whitehurst, Rhonda Forbes, Sharon Ford, Gloria Lamb. SECOND ROW: Sponsor, Ms. Jeffrys, Sharol Whitehurst, Sharon Spates, Monica Bradley, Cynthia Lamb, Judy Roberson, Debra Leaks, Sponsor, Mrs. Moore, Sponsor Mrs. Reed. THIRD ROW: Harry Platt, Scott King.

Breaking

December

game was played on the sixteenth. The Seniors, as usual, beat the Juniors in the Powder Puff.

With the Christmas holidays drawing near, many classes and clubs held parties to celebrate the joyous season. The Spanish Club enjoyed a traditional Spanish celebration called the Posada on the twentieth. Then students and teachers had a long needed rest over the Christmas vacation that began on the twenty-first.

Providing school and community services, the Black Culture Club promoted group integrity and better understanding between students.

Formed with the idea that there was a need for healthy relationships among students, black and white, the Black Culture Club gave an opportunity for students to

learn more about their culture in relationship to other cultures.

The club, opened to anyone who was interested, helped the members to develop an awareness of their potentials and strengths along with an awareness of the needs of others.

Leadership and responsibility were the key words for the club. They began the year by participating in the Homecoming Parade. A banquet was held for the Homecoming court and the Black Culture King and Queen, Ricky Caffey and Debbie Leaks. Homecoming

brought members together in their efforts to decorate a car with the colors of the African Flag, black, green, and red.

For Thanksgiving, the club prepared a basket for a needy family. The basket contained a variety of canned foods and a turkey.

Just before the Christmas Holidays, club members visited Camelot Hall, assisted Senior Citizens, helped to decorate their tree, and made Christmas Cards for them. Members also enjoyed having their own Christmas party.

January nineteenth, the Black Culture Club sponsored a dance and over one hundred and fifty dollars was made on this project alone.

An already exciting and fulfilling year was concluded with a gratifying trip to King's Dominion.

Under the guidance of sponsors, Mrs. Moore and Miss Jeffrys, responsibilities were met and the club accomplishments showed their willingness to work.



FHA: FRONT ROW — Left to Right: Robbie Candelario, Amy Meyer, Dena Ruth, Carol Haag, Alison Suter, Cheryl Mumford, Michelle Lindsley, Phylis Kunkler, Billy Torbush.

the Barriers

While passing through the three hundred hall at any time during a regular school day, one may have noticed a glorious aroma. This enchanting aroma was seeping out from under the doors of the Home Economic rooms. The chefs behind the fragrance were the members of the Future Home-Makers of America (FHA) club.

A welcomed contrast in the usually all-girl club was the addition of two male seniors, Billy Torbush and Robby Candelario. These two participated with the other members in every aspect of home economics; they even helped with the cooking.

The fall weather made a perfect setting for the annual FHA picnic. All of the members of the club prepared food for the outing, which took place at Redwing Park on the fifteenth of October.

Not only did the FHA members practice cooking during classes and meetings held after school, but they

also learned about marriage, the home, and economic careers. The members also examined some of the common problems that are encountered in home life.

Profits were made by the sale of many original items. Of the many items two stood out as being all new and unique. The first was the sale of mugs. These mugs were sold with the name of the school on them, and if preferred, the year of graduation of the owner of the mug. The handsomely designed mugs were sold for a nominal cost and made great Christmas gifts for all.

Likewise, a jumbo childrens' coloring book was sold by FHA members. These coloring books arrived just in time to be given as Christmas presents.

As noted, this year for the FHA members was a busy year with so many contributing factors. All of these combined to form a year full of fun and learning experiences.

uary

As the new year began, First Colonial was in the news again with the fire that occurred in the very early hours of the fourteenth. Partial destruction of the office area, totaling four hundred thousand dollars worth of damage was brought about by the fire. However, First Colonial proved its superiority when the office personnel were able to continue the regular schedule within a few days after the fire.

The Black Culture Club continued their many activities with an overwhelmingly successful dance held on the nineteenth. The fun and festivities included a dance contest in which the winners received a cash prize of ten dollars.

In order to get into the college of their choice, many Seniors and Juniors put all of their effort into the SAT tests that were administered on the twenty-seventh.

First Colonial students enjoyed another horror movie, "Tales From the



NEWSPAPER: FRONT ROW — Left to Right: Ken Knight, Vicki Jones, Tracy Armstrong. SECOND ROW: Mrs. Robbins, Sponsor, Levi Tarr, Catherine Ferrell, Kass Canada, Tim Drinko.

Transformation of

Jan

Crypt," shown by the S.C.A. on the thirty first. The members of the S.C.A. followed through with their plans for the t-shirt discounts when a reduced price was offered on this movie and the drinks sold at a girls' basketball game.

Not only were the various clubs busy throughout the month, but the athletic department also had a full schedule of events. There were basketball, gymnastic, and wrestling meets held during each week.

"This magazine is not only bigger and better than before, but it is also never ending," said Kathy Galway, chairman of the Literary Magazine collection committee. And this was proven to be true when the magazine came out at the end of the school year.

The staff of the Literary Magazine, "Shantih," with the help of Miss Gore, worked diligently throughout the year to produce a magazine that would not be forgotten. During the first half of the school year, the staff collected poems, short stories, comic strips, and other forms of written work from the English teachers who in turn had collected them from the First Colonial alumni. With a tremendous effort, the staff then used the remainder of the year to compile the various literary works and art into an exceptional magazine. The "Shantih" sold at the presale cost of one dollar and later sold for one dollar and fifty cents.

The staff of the Literary Magazine worked extra hard developing new

ideas in order to change this year's magazine and make it "better than before." One new idea was the creation of the fold outs inside the magazine. Another addition to the magazine was the do-it-yourself puzzles and games. Finally, one drastic change was the development of the "never ending magazine." This new invention meant that the magazine contained some articles that would be read when the magazine was right side up, and others that would be read when the magazine was turned upside-down.

The Literary Magazine staff not only worked on the magazine throughout the year; they also spent time raising money that would benefit their project. The staff members held a successful bake sale on the ninth of December. As spring rolled around and the weather warmed up, the staff spent their own leisure time holding a car wash.

With the end of the year arriving, the staff of "Shantih" proved to all that perfection in a magazine could be achieved when hard working students organized and compiled their own literary works and ideas.

Visible alterations were made evident dealing with the production and distribution of the 1978-79 *Town Crier*. A drastic change in size was encountered, and being directly proportional to the number of pages caused an increase in pages. The smaller size and increase in pages caused the newspaper to take on the appearance of a magazine rather than a newspaper. One look at the contents, however, proves that it is indeed a newspaper.

One of the many notable differences in the newspaper was not only the size, but the format and layout designs. The letters used in the headlines are format. These letters must be placed separately on the page, and together they form a formal headline. The layout design is described as the placement of pictures and copy on a page to appear appealing to the eye. Techniques in layout design must be taught by a

knowledgeable person and taught to a willing audience. The newspaper staff has proved themselves worthy of planning and carrying out a full overhaul on the newspaper, a subject that is completely new to them.

Personal interviews done on outstanding students, students with spectacular talents and copy written on what a few students did this past summer were all novel ideas for interesting copy. More time was spent on the preparation of the *Town Crier*, as a result a numerous amount of new and unending original thoughts appeared in the newspaper this year.

Artistically inclined students were allowed the opportunity of placing some of their better artwork in the pages of the newspaper. The art could be expressed through pictures, and comic strips.

As in local newspapers, the First Co-

lonial *Town Crier* gave the students play by play coverage of the sports in season on the all new sports page. Sports ranging from the Patriots' winning football season to every cartwheel and turn of the gymnastics team were covered in the new sports section.

Controversial issues were not withdrawn from print before the final copy of the *Town Crier* was circulated. These editions of the newspaper contained such issues for two reasons. The first being that it serves as a form of public information for the student body, secondly the issues cause the readers to voice their opinions on the issues. Through the students feedback the newspaper staff was enlightened to the students likes and dislikes, giving them a chance to change and conform to what the students wanted.

A beneficial insight to the activities of various clubs was a basic goal of the

Ideas



LITERARY MAGAZINE: FRONT ROW — Left to Right. Kathy Mitchell editor, Kathy Sexton, Laura Oglesby. SECOND ROW — Patte Gleason, Mary Beth Mitchell. THIRD ROW — Lee Collins, Kevin Sanderlin, Baird Spicuzza, Kathy Galway.

staff of the *Town Crier*. The staff felt that the student body was in need of information on different clubs. They took care of this need by use of club articles and a calendar of club happenings.

More than school material was allowed entry into the *Town Crier*. Every month a form of understanding of the military services was offered to the students through military advertisements.

The majority of the students on the newspaper staff were students in a journalism class. These classes aided the staff in writing articles.

An overall appearance and contents makeover was exactly what the *Town Crier*, needed to get the population of the student body which never bought a newspaper interested. The task was accomplished due to a tremendously hard working staff. The *Town Crier* made more profits than ever and next year the newspaper will be open for more fresh ideas.

February

All good things must come to an end, but even better things were in store for the students at First Colonial during the month of February. One of a few good things which came to an end was the first semester. As always mid-term exams were a major part of finishing off an already fulfilling eighteen weeks of school. With the end of the first semester came the beginning of the second semester, placing students in various new courses.

The week before Valentine's Day has always been a hectic one for everyone involved in school activities. The first activity planned and carried out was the National Honor Society (NHS) sponsored carnation sale. The carnations were sold at the back of the cafeteria during all lunches. The carnations were purchased by students to be given to both friends and sweethearts.

The NHS was not the only organiza-



DECA: FRONT ROW — Left to Right: Cheryl Whiting, Sandy Ginn, Jerry Wild. SECOND ROW: Julia Anderson, David Richlie, Brian Huffman, Carter McRee.

On the Job

February

tion in the act, for the Student Cooperative Association (SCA) sponsored a Sweetheart dance. The dance, an annual event, was held in the cafeteria and the profits earned went to providing more after school activities to get the students involved in their school.

February ended with a sigh of contentment and yielded the way to yet another eventful month to be, March.



DECA: FRONT ROW — Left to Right: Curtis Holman, Dezada Olds, Jackie Bradley, Crystal Long, Monica Emerson. SECOND ROW: Mike Hunter, Pam Doyal, Brenda Ward, Jennifer Wright, Regis Forbes, Fred Fenner. THIRD ROW: Tracy Cloug, Jim Marrow, Kenneth Wilson, Curt Grissinger, Theresa Spencer, Ed Morrison.



DECA: FRONT ROW — Left to Right: Isabelle Travers, James Bennett, Richard Caldwell, Troy Price, Connie Berry, Fletcher McRee. SECOND ROW: Steve Churchill, James Engherg, Leonard Reynolds, Steve Neely, Mike Bailey.



DECA. FRONT ROW — Left to Right: Barbara Simmer, Robin Brown, Ken Bryant, Jan Cupp, Lisa Harrill. SECOND ROW: Danilo Badan, Tom Dekker, Russell Perry, Kelly Spry, George Valdespino.

Learning and enhancing the working knowledge of the business world of today is the goal for which all Distributive Education Club of America (DECA) students strive. DECA students are taught all practical views of the business world in order for them to start their own businesses in the future. For now the students participate in a work program which permits them to hold jobs after school hours.

Officers elected at the beginning of the year were installed in September 1978. In October the new officers attended an Officer's Training Seminar at ODU. At the seminar members are taught the methods of officiating over a club meeting and aspects of getting club members involved.

Before Christmas DECA students sold dishwashers, that is, sponges with a handle that held water and soap. These dishwashers sold for one dollar apiece. Another great gift item sold

Training



DECA. FRONT ROW — Left to Right: Cherie Alexander, Chris Soulerin, Chase Pasquale, Betsy Beam, Stacey Ives, Ray Blevins. SECOND ROW: Tyler Mosely, Scott Anderson, Tim Marrow, Mike Dixon, Mike Swindell, Ron Twiddy.

before Christmas was a popcorn-filled jar. The jars came in three different colors and sold for one dollar and seventy five cents apiece.

All of the money earned from the club's projects went back into the club so that DECA students could benefit from it. All of the DECA students got together to enjoy a picnic held in early spring. One other way in which the DECA students reaped their benefits was the annual Employer/Employee Banquet. This banquet, held to help better the relationship between employer and employee, was a tremendous success.

The year came to an end with the DECA members participating in Leadership and Business conferences. On the whole, the year held many new learning experiences for the students.





Sports

First Colonial has been well represented with exceptional teams and athletes. Hard work, dedication, and constant persistence are vital to all sports, and every athlete has shown remarkable dexterity on his or her respective team. The football team is a prime example. The Patriots proved their superiority as they captured the Beach District and Eastern Regional

Championships.

These athletes have worked hard this year. The long hours, sweat, aching muscles, and pent-up emotions have made the teams and individuals appreciate their victories even more. As these students remember a victory, an award, or a smile and warm handshake from the coach, they know that it was all worthwhile.

A PRESENTATION OF SKILL



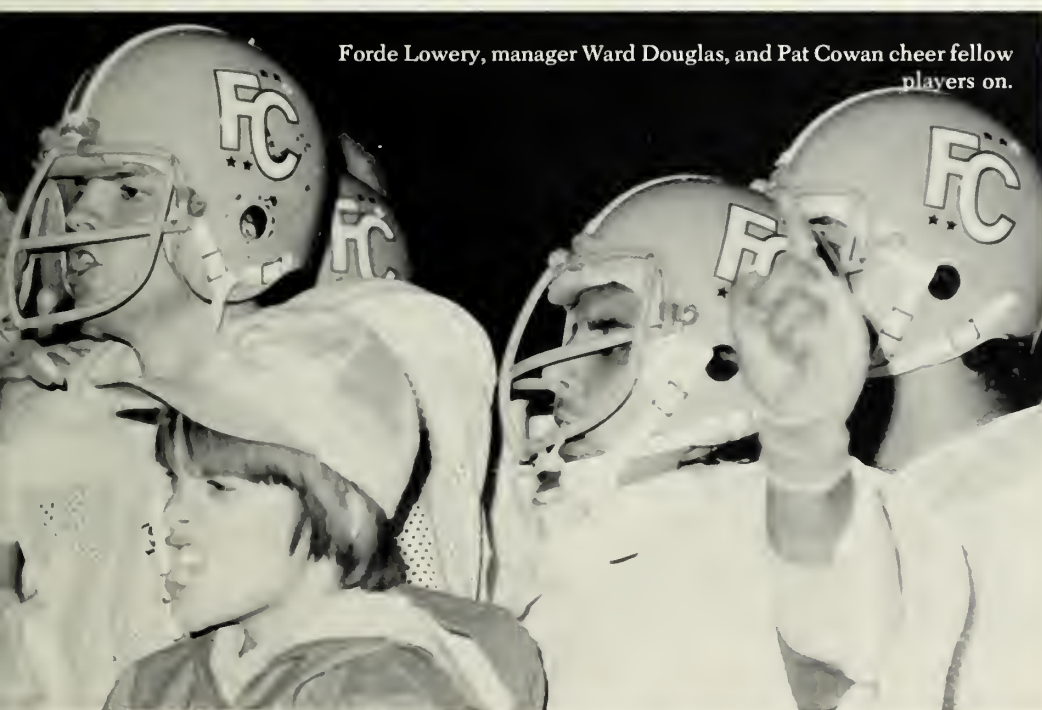
Patriots score again, of course.



First Row: Left to Right: Phil Hubbard, Wayne Forbes, Tom Berry, Jimmy Nash, Rob Cornelius, Mel Stowers, Mike Lamore, Darryl Olds, Walter Drenitt, Forde Lowery, Ronald Moss, Billy McIntyre, Gregory Olds, Ed Camp. Second Row: Kelly Morgan, Sam Scarborough, Richard Baer, Courtney Branch, Dan Roland, Steve Meetre, Darrell Gilliland, Donald Phillips, Russell Walsh, Leon Wilson, Timmy Flora, Troy Rust, Jeff Warren, Mark Jones, Finn Crowley. Third Row: Coach Webster, Coach Barto, Chris Brownley, James Perry, Terry Skidmore, William Lornidk, Mark Desroches, David Schrenk, James Lawson, William Williams, Ronnie Elliot, Coach Wilson, Coach Britton, Coach Douglas. Fourth Row: Ross Montgomery, Rusty Rust, Mark Dennis, Finis Lawson, Pat Cowan, Jerry Dubois, Rick Lett, Tom Roland.



Busting "Every Which Way But Loose."



Forde Lowery, manager Ward Douglas, and Pat Cowan cheer fellow players on.



Patriots get the fumble.

Twenty-two non-losing consecutive games is how the Patriots finished the championship season. This was the longest streak in the entire state. The regular season ended with a 9-0-1 record. The mighty Patriots continued onward to win the District Championship game at Foreman field in Norfolk. The Patriots were not stopped until they played the Highland Spring's Springers in Richmond. The team led the league in rushing and ranked among the best defensive teams in the league.

The excitement started when the Patriots unexpectedly slid by Kellam with a score of 13-8. The thrill of victory continued onward to the Cox game when at half-time the Patriots were behind. The latter part of the game the Patriots proceeded to score four touchdowns to win the game. The Patriots played Wilson High School for the Eastern Regional District Title. This was the first time that these two teams had met in ten years. The Patriots won the game and proceeded on to the state semi-final playoff.

Unfortunately, the list of players leaving is much larger than the list of players returning for another season next year.

Special efforts by Rusty Rust, James Lawson, Phil Hubbard, and Chris Brownley led the team on to victory. Fin Crowley, who led the state in field goals was the team's leading scorer.

The team could never have been a success without the efforts of Head Coach Frank Webster, and coaches Stewart Douglas, Fred Britton, Norbie Wilson, and Ken Barto.

Of course there will be a strategy change in next years game due to the great loss of last years starters. However, a winning season is expected.

CONFIDENCE + PATRIOTS =

Standing: Norbie Wilson, Ken Barto,
Stewart Douglas, Fred Britton. Kneeling:
Head coach Frank Webster.



A Patriot escapes one tackle.



Leaping for joy as Patriots score again.



VICTORY !



F.C. players show skill on defense.

Averaging sixteen tackles each game is definitely not the work of an average football lineman. However, it is the work of Don Phillips. Phillips can be defined as the most outstanding lineman in the Eastern Region. He was selected by Virginia Beach coaches and the Virginia Beach Sports Club to be the Best Lineman at the Beach. The Norfolk Sports Club named Phillips the Best Football player in Tidewater. He qualified for the State All-Star Team this year and is highly sought after by colleges.



An opening, a long run, and a score.



Rob Cornelius expresses his thoughts on the subject.

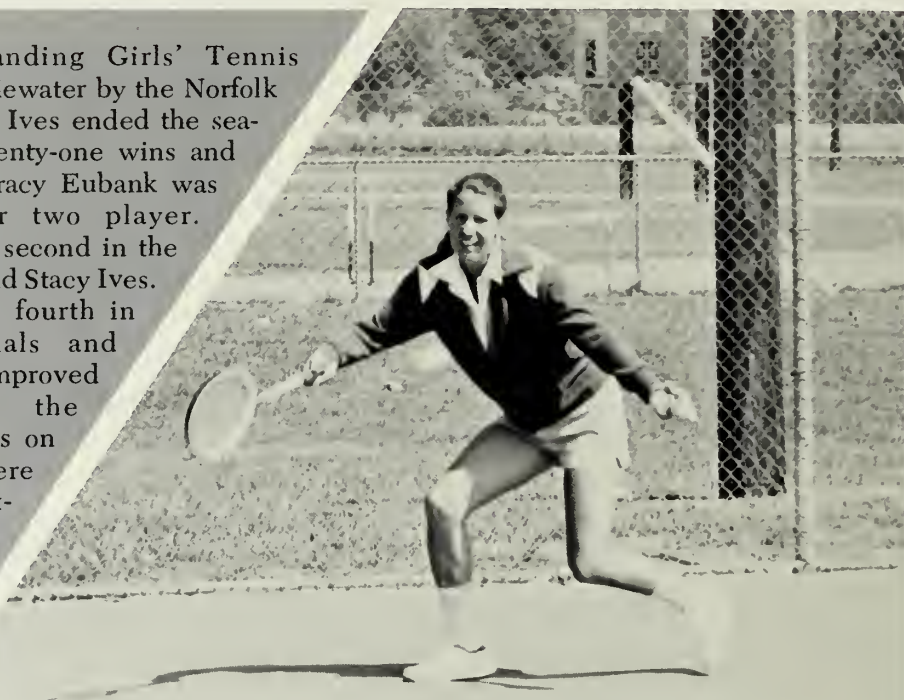


*Rusty Rust discusses plays with Coach Webster.

Outstanding is the only word to describe the spring Girls' Tennis team. The team finished the regular season winning the district championship. They pushed onward to beat Maury High School and Lafayette High School in the regional championship. The final decision rested with the state championship. The Patriots won over George Washington High School and then finished by defeating Douglas Freeman High School with a score of nine to zero. The team members are now the State champions.

Stacy Ives, a junior last year, was the number one player on the team. She won the District title and the Regional title. She continued to win the State Individual title. According to Coach Burkhart, she is the most outstanding girls tennis player on the Patriot team. Ives was also named the

most outstanding Girls' Tennis Player in Tidewater by the Norfolk Sports Club. Ives ended the season with twenty-one wins and no losses. Tracy Eubank was the number two player. Eubank was second in the district behind Stacy Ives. Eubank was fourth in the Regionals and rated most improved player by the coach. Others on the team were Allyson Butler, and Chris Persson.



Jill Hryskanich presents a winning form.

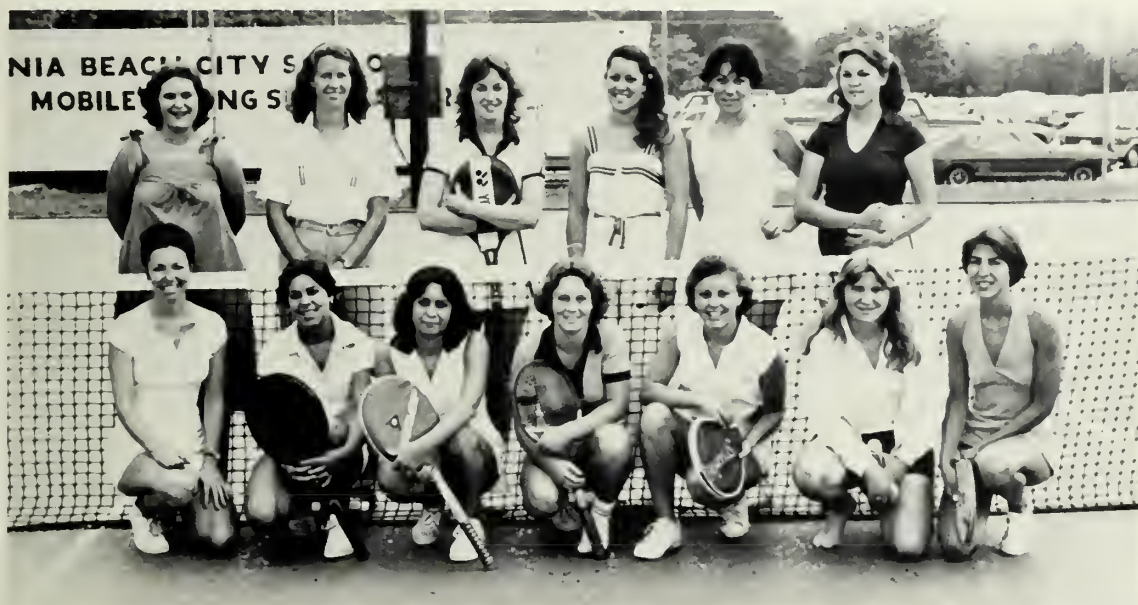


Stacey Ives warms up for a match.

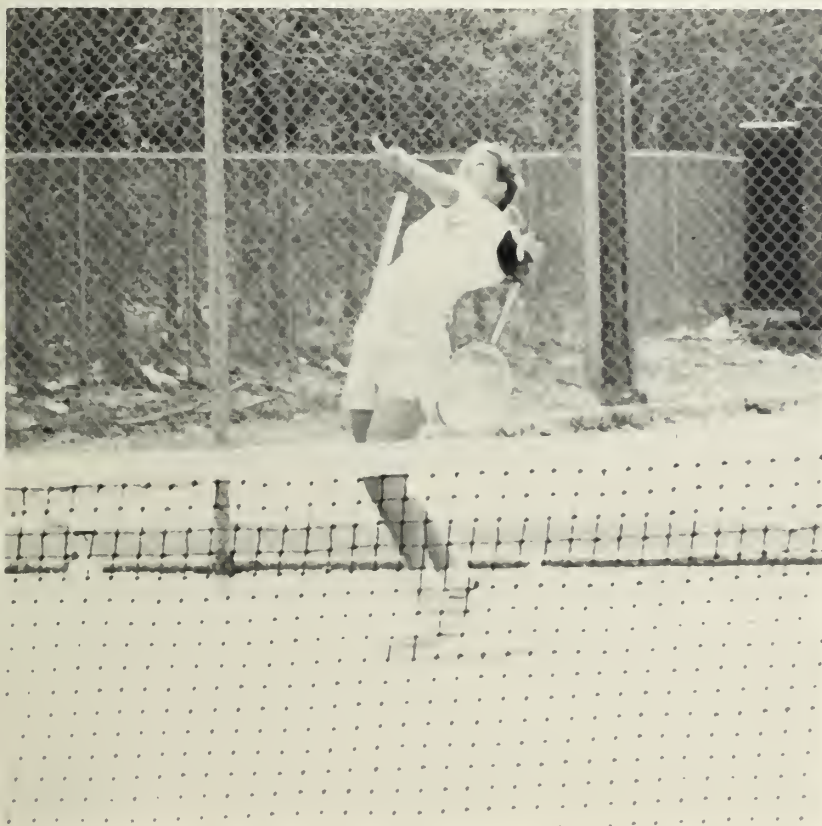


Tracey Eubank concentrates on winning.

A WINNING STYLE



FIRST ROW: Coach Burkhart, Barbara Ziemba, Susan Forch, Chris Persson, Celeste Daniels, Laura Redford, Tracey Eubank. SECOND ROW: Elizabeth Vaeth, Jill Hryskanich, Allyson Butler, Collete Ives, Stacey Ives, Julie Clark.



A Patriot player launches a winning serve.



Chris Persson presents her best before returning to her homeland, Sweden.

MISS CHAMPS BY 1

It was a year of ones for the First Colonial Patriots Field Hockey team. It turned out to be rewarding, and also constructive for the Lady Patriots.

This was the first time that a field hockey team had made the District Playoffs. They were defeated in the first game by Kempsville. The game was an excellent example of field hockey at its best. The Patriots battled the Chiefs to a 0-0 tie in regulation playing time. During the first overtime the score still remained 0-0. But in the second overtime Kempsville hit one of its bonus strokes while F.C. could not convert on any of its five shots, and Kempsville won the contest 1-0. (In field hockey, ties after regulation time are settled by giving each team five shots at the opposing goals).

Probably the most successful aspect of this past season is that many juniors and sophomores gained valuable experience that will help next year's team tremendously.



Donna Defabo relaxes as combat rages elsewhere.



Laura Mooberry leads power play towards the opposing team's goal.



First Row: Left to Right: Hope Wilkinson, Leslie Berry, Susan Burt, Terri Joshua, Lee Ann Stevenson, Linda Joshua. Second Row: Manager, Mary Jo Gamba, Laura Mooberry, Mindy Moon, Julia Collins, Phyllis Kunkler, Mary Blair, Tracie Lerner, Jeanne Traub, Pam Gallagher, Manager. Third Row: Miriam Burt, Gloria Wilson, Laura Goodman, Carroll Huger, Sally Scarborough, Bet Harper, Lexie Grolman, Koggie McKeever, Mary Bunton, Debbie Leaks, Debbie McKeever, Bridgette Comer, Donna Defabo, Coach Rowlands.

A CHANGE OF SEASON



Concentration and style are illustrated in Julie Clark's form.



Kneeling: Left to Right: Marie Moss, Celeste Daniels, Holly Folley, Barbara Zimba, Lynn Bulla. Standing: Left to Right: Patty Lynch, Kathy Boggs, Julie Clark, Laura Redford, Kim Betz, Coach Burkhart.



Laura Redford volleys to best record in the beach.

Behind the leadership of the only senior starter on the team, Laura Redford, the First Colonial Patriots girls' tennis team did a tremendous job. This was the first year that girls' tennis has been played in the fall. It was done to relieve some of the crowded conditions of the spring sport schedule.

This was a rebuilding year for the lady Patriots. Most of the starters from the previous season state championship team had graduated, and this left Coach Burkhart with many inexperienced players. Coach Burkhart's job turned out to be easier than expected when her group of girls posted an 8-3 overall record.

Laura Redford was the team's number one player and the only returning starter from the previous season. Laura posted the best record of any number one player in the Beach District. However, she was defeated in the finals of the District Tournament.

Laura Redford also teamed up with Julie Clark to have the best record of any number one doubles pair. However, Miss Clark and Miss Redford lost the finals of the beach district tournament also.

Coach Burkhart was very proud of her team and the outlook for next year is nothing but positive. With the efforts of her junior and sophomore players this year, next year's team should once again reign dominant in the game of tennis.

DISPLAYING GRACE

"Juggling is more than just fun," is the motto which Ms. Hadley and the First Colonial gymnastic team have adopted this year. "It is great to relieve tension and to relax the girls before meets. It also helps body coordination." Juggling tennis balls and bean bags provides a break from the long, enduring hours of practice and the hectic season.

The gymnastic team has a busy season consisting of ten meets. To prepare for these competitions, they practice three to four hours a day, six days a week. This shows the dedication necessary in becoming an outstanding gymnast. Most of the girls compete in all-around competition, which means that they must be versatile and be able to master each piece of equipment. Much time and effort are needed in order for the gymnast to perfect her optional exercises with the aid of Ms. Hadley.

This year's team consists of four sophomores, Terri Capps, Michelle Fox, Eva Pitrone, and Debbie Taylor; three juniors, Stephanie Fall, Ann Franzoni, and Betsy Noll; as well as two seniors, Leslie Karnitschnig and Kaytren Martin. The gymnasts are aided by manager Cindy Snodgrass.

Team spirit carries over to other activities. The gymnastic team organized a bike-a-thon to North Carolina, and with the money they raised, they purchased new uniforms and warm-up suits. A ski trip to Snowshoe was a break from the demanding routine. Recently, discovering a mutual interest in surfing, Ms. Hadley and the team went to Cape Hatteras to teach each other the skills of surfing. The deep bond between the team members and the coach makes First Colonial's gymnastic team exceptional and unique.

Debbie Taylor displays poise and concentration on the balance beam.

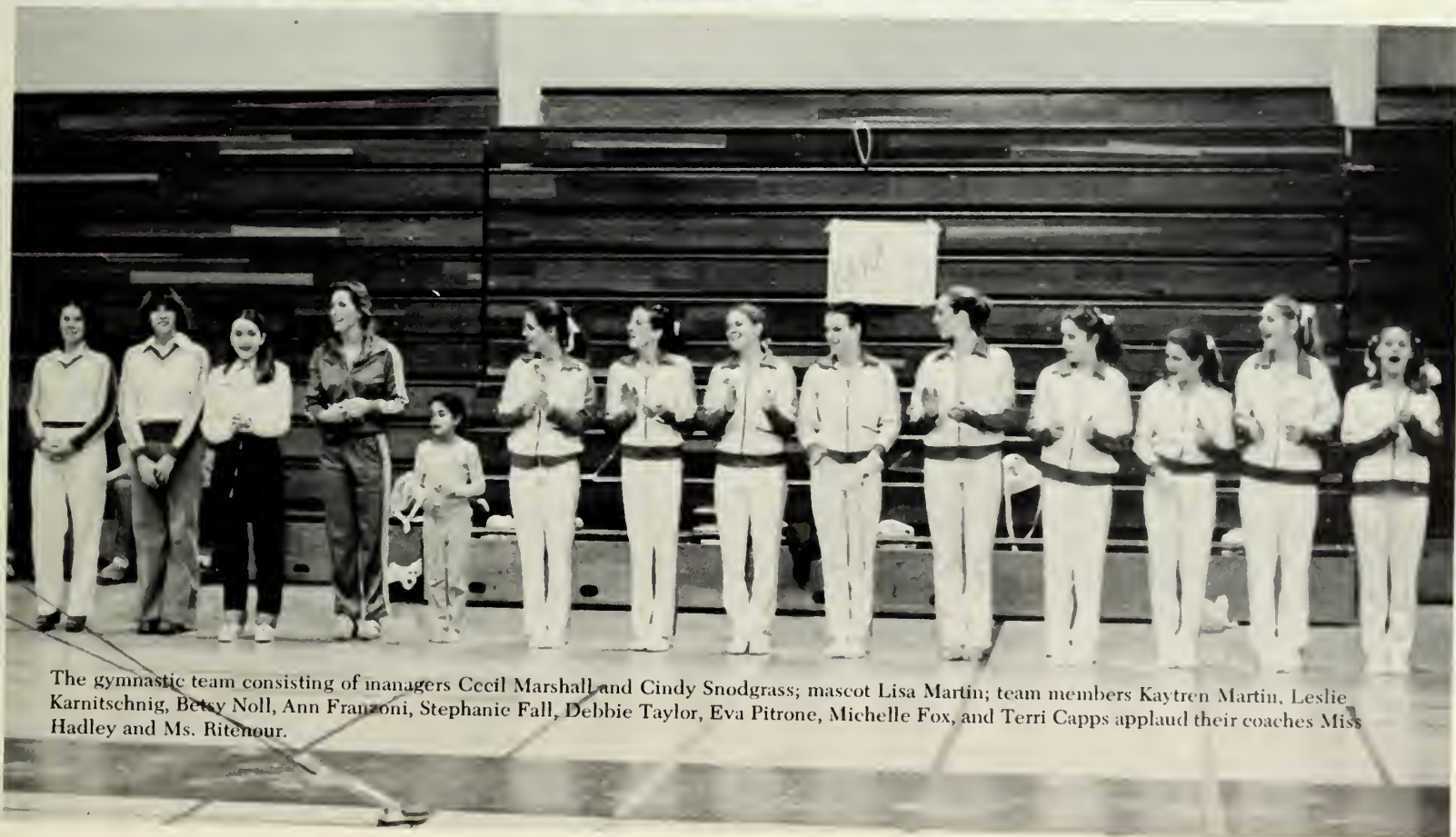


AND PERFECTION

Eva Pitrone juggles for fun and relaxation.



Talent and balance are shown in the difficult routine by Ann Franzoni.



The gymnastic team consisting of managers Cecil Marshall and Cindy Snodgrass; mascot Lisa Martin; team members Kaytren Martin, Leslie Karnitschnig, Betsy Noll, Ann Franzoni, Stephanie Fall, Debbie Taylor, Eva Pitrone, Michelle Fox, and Terri Capps applaud their coaches Miss Hadley and Ms. Ritenour.



The First Colonial gymnasts exhibit their flexibility and agility.

Coach Hadley and Michelle Fox discuss the outstanding performances.



A FINELY TUNED ENGINE



Patriots win the mile run.



FRONT ROW: Miss Hadley, Bridget Comer, Linda Halverson, Mary Blair, Shelly Harper. SECOND ROW: Polly McIndoe, Tracey Dingwall, Beth Barrow, Sandy Snyder. NOT PICTURED: Terri Joshua, Debbie Leaks, Jimi Gatlin, Shelly Grabinsky, Paula Johnson, Missy Snuffin.

"Very small but strong" was how Coach Lynn Hadley described her girls track team. The sixteen team members joined together to work as a unit. The team finished the season third in the district and fourth in the regionals.

A congratulations goes to the 440 yard relay team that consisted of Debbie Leaks, Bridgett Comer, Shelly Grabinsky, and Terri Joshua. The sprint team finished as the first place AAA champions. The sprint team also finished first in the district, second in the regionals, and fifth in the state. The 880 yard relay team consisted of Sharon Staton, Debbie Leaks, Bridgett Comer, and Terri Joshua. The 880 yard relay team was first in the district, second in regionals, and fourth in the state.

Other accomplishments were Beth Barrow winning first in the district in the high jump, Janelle Eldridge winning second in the discus, and Jimi Gatlin winning second in the shot put.

We are all looking forward to a new winning season.

WE'RE STILL THE BEST

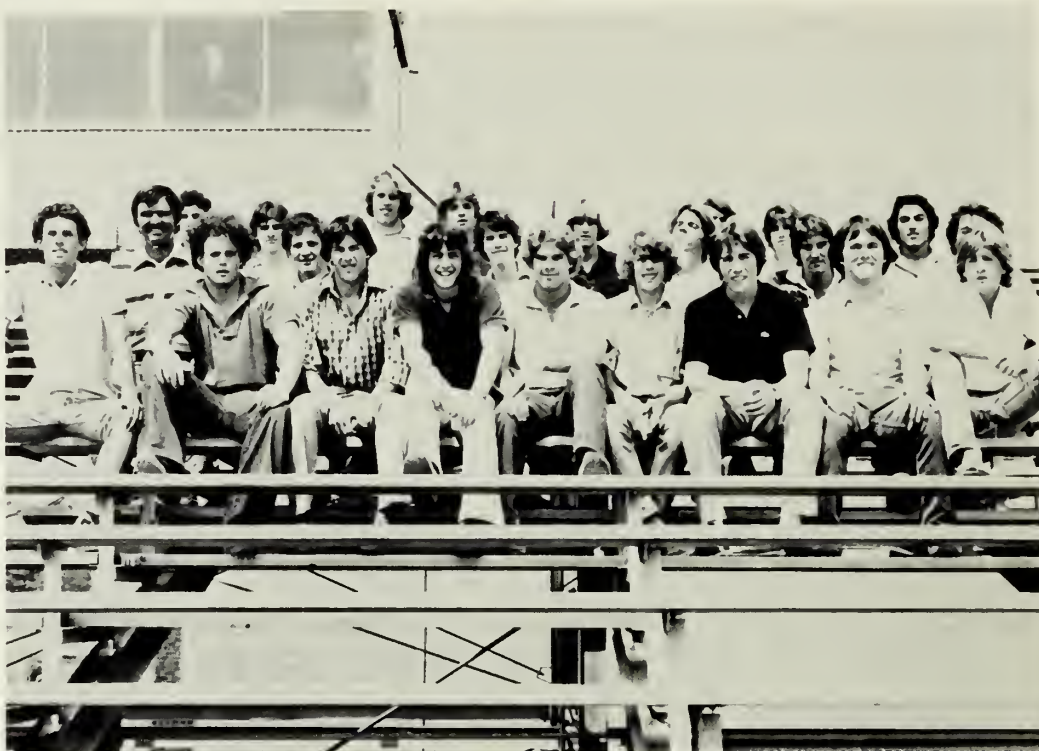
This was the second consecutive year that the First Colonial Men's Soccer team has blitzed yet another Virginia Beach City Championship, compiling an amazing two year record of 18 wins, 1 loss, and 1 tie.

This year's soccer team was supplied with a tremendous offensive punch led by co-captains Jay Mapp and Jeff Mencini.

Midfield play was aggressive and essential to the Patriot's victories and these positions were anchored by seniors Mike Dickens, Jay Monroe, and Jack Phelps. But the most impressive work was done by the "all-out" play of the Patriot fullbacks Bob Martin, Keith Owen, Fin Crowley, and Mike Kelly.

The goal-keeping duties were shared by D.J. Walters and Rick Lett.

The following players were even further honored by being named to the First All Virginia Beach City Soccer Team: Jeff Mencini, Mike George, Jay Mapp, Jay Monroe, Bob Martin, and D.J. Walters.



FIRST ROW: Britt Simon, Bob Martin, Tim Jackson, Mike Dickens, Jay Mapp, Jeff Mencini, Keith Owen, David Aucoin, Jack Phelps. SECOND ROW: Coach Norbie Wilson, Greg Brainerd, Blake Ramsey, Harry Runkle, Fin Crowley. THIRD ROW: Carl Trost, Russ Lovern, Mike Kelly, Mike George, Jim Darden, Tommy Mapp, Asst. Coach Tassos Paphites.



Patriots line up for a penalty kick.



Fin Crowley moves ball down the field.



Mike Dickens tends to his injury.



Bob Martin steals the ball away from his opponent.

SERVING TO WIN

Pounding their way to victory the Patriot Men's Tennis team finished the season with a 10-0 district record. The

District Champions beat Maury's Team in the Regional Championship.

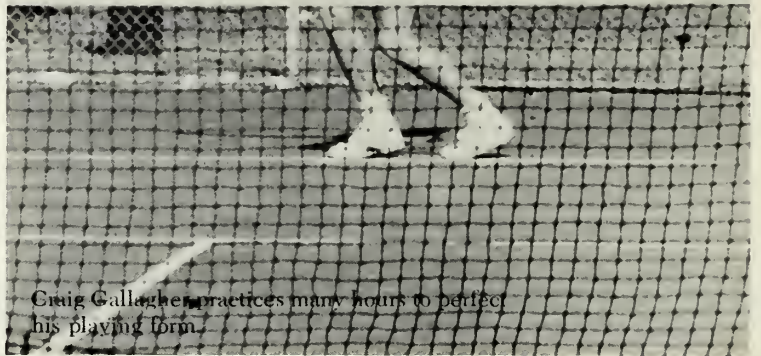
The Patriots are the first Virginia Beach team to defeat Maury's Men's Tennis team.

Rob Crocker was the number one player on the team and will be returning in the next season. Crocker won first place in the Virginia Beach Men's Singles. He was followed by Lenny Burns, the second place man on the team, placed second.

Eddie Furnis will be returning as a Junior. Furnis was the number three man on the Patriot team.

Freshman Clay Robinson surprised everyone by his fantastic playing as fourth man on the team.

With most players returning we will be looking for another championship season.



Craig Gallagher practices many hours to perfect his playing form.

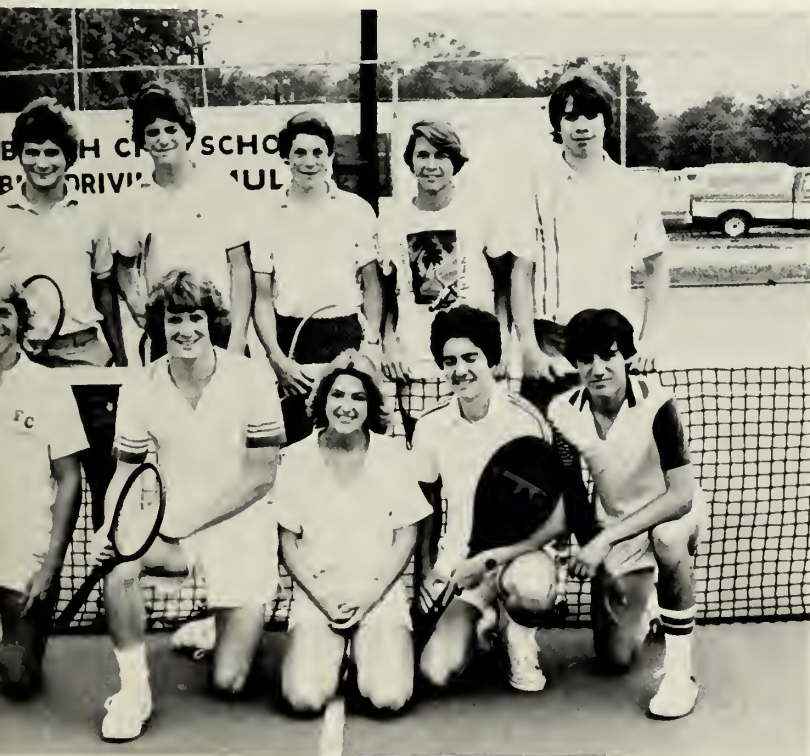


Skill is the main objective of a Patriot player.

Sphairistike' was the name for tennis after it's invention in 1873. Sphairistike' is really a mixture of other games of the era — the net came from badminton, the ball, a small hard rubber item came from handball, the method of scoring from hard racquets, and so on. Originally the player was free to use the racquet from his favorite game. Additions to the game were added later. Such additions were the court was shaped like an hourglass, thirty feet wide across at the baselines, and twenty-four feet wide at the net. There were originally three nets. The middle net was seven feet tall at the posts. The net sagged to four feet eight inches in the center. The game was sold in wooden boxes. The boxes contained poles, pegs, main net, two side nets, a mallet, a brush, and a bag of balls.



Eddie Furnis shows others how it's done.



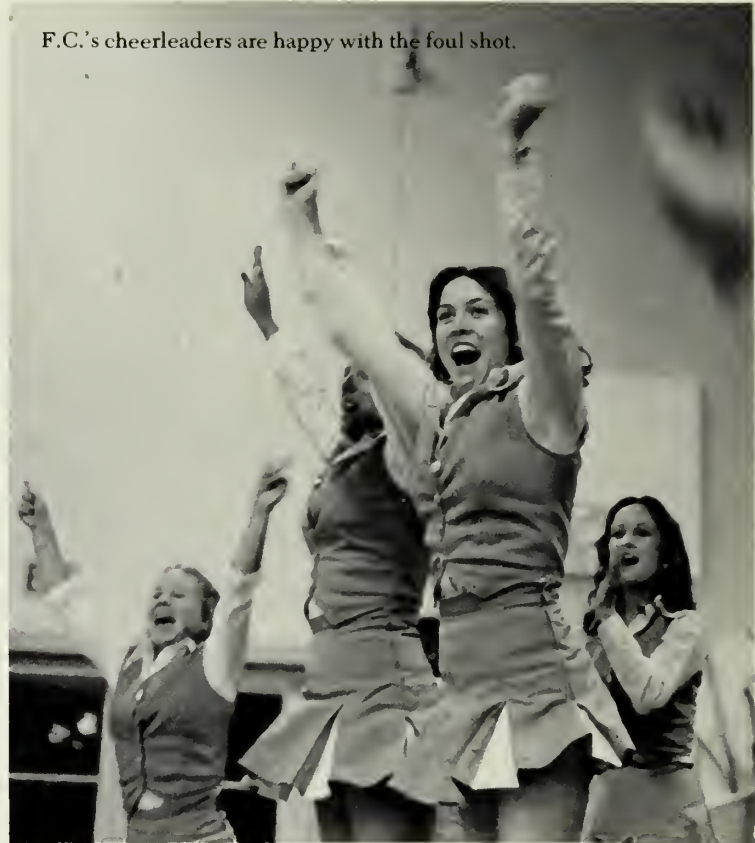
FIRST ROW: Rob Crocker, Lenny Burns, Cheryl Peters, Craig Gallagher, Michael Volkath. SECOND ROW: John Perry, Shade Honeycut, Randy Harrison, Eddie Furnis, John Hart.



Randy Harrison returns to score.

PRACTICE , PATIENCE ... PERFECTION

F.C.'s cheerleaders are happy with the foul shot.



Cheerleaders "snuggle-up" at halftime to keep warm.



Cathy Beaty and Sherry Knight talk with the visiting cheerleaders during halftime.



Beth Buchert prepares to leave after the big victory of the Homecoming game.



R-E-D-H-O-T!! A cheer frequently heard from the 1978-79 cheerleading squad. Cheerleaders are usually thought of as a bunch of pretty girls that know how to jump around and yell. Well, cheerleading is not always fun and games. Not very many people realize how much work is involved in being a cheerleader. The squad starts practicing in the summer before school starts. During practice they work on the words and movements to their cheers. All sixteen members are dedicated to cheering.

The squad is led by co-captains Cathy Beaty and Sherry Knight. Cathy Beaty was a member of the squad her sophomore, junior, and senior years. Sherry Knight was a member her junior and senior years. The remainder of the squad is made up of eight sophomores, three juniors and three seniors.

The main purposes of the cheerleaders are to keep the spirit high in the stands and to cheer their team to victory. The cheerleaders not only cheer but they make posters to show their spirit. The posters encourage the team members with sayings such as "Stomp the Falcons" or "Drown the Marlins."

The sponsors for the 1978-79 cheering squad are Mrs. Montesano and Ms. Grindle.



Front: Co-captains Cathy Beaty, and Sherry Knight. Kneeling: Cathy Flether, Tracey Barrow, and Beth Buchert. Standing: Beth Krueger, Julie Moore, Becky Schwegler, Judy Roberson, Liz Foot, Pam Swertfeger, Susan Peters, Becky Burton, Cindy Talbot, and Jeanne Giuffre.



Cheerleaders cheered for the spectators during the Homecoming parade.



The crowd's spirits are kept high by our cheerleaders.



F.C.'s cheerleaders pose for the camera during halftime.



Co-Captains Cathy Beaty and Sherry Knight prove that "practice makes perfect."



Jennifer Jones is caught by surprise while cheering at the Cox football game.

THE ACT OF LOCOMOTION



Patriots lead again.



Chris Bridges demonstrates his skill.

With a five win one loss record, the First Colonial Outdoor Track team was first place district champions. The team would not have existed without the enthusiastic efforts of the sprinting team. Our 400 meter relay team consisted of Fernando Forbes, Curtis Riddick, Jon Parker, and James Lawson. The sprint team set the 400 meter High School record at the University of Tennessee with an excellent time of 41.4 seconds. A new

event will be added to the regular season. This event is the 440 yard relay. This will help the team greatly since the entire track team depends upon the sprinting squad. A special congratulations go to Jon Parker who ran the 100 yard dash in a speedy 9.4 seconds. Parker also attended the Atlanta Track Class, which is an annual invitational track event held in Georgia.

Pushing the Patriots to victory was team captain Leon Lawson. Lawson participated in the maximum allowance of three events, in which he was first place in the city in all three events. The events were the triple jump, the 440 yard run, and the mile relay.

A true congratulations goes to James Lawson who tied the school record in the discus.

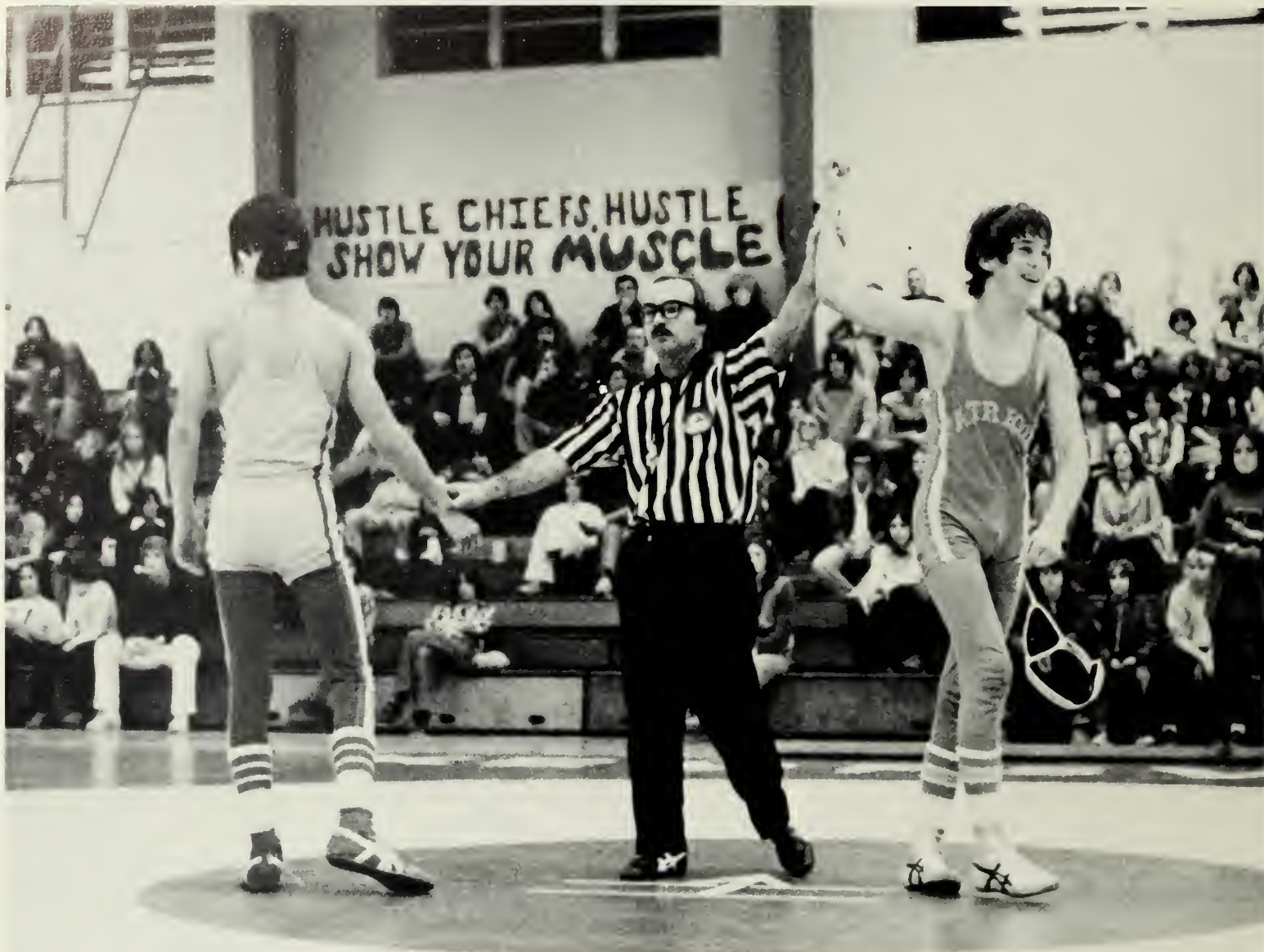
In longer distances there was David Wright fighting for the Patriots. He ran the one mile run and the two mile run. Pete Demchuck ran the 440 yard run and the 880 yard run. Both Demchuck and Wright are returning for a new year.

The new team will be made up of twelve veterans and new help from the Junior High graduates. City champion sprinter and hurdler Ronnie Elliot will be coming from Virginia Beach Junior High School to join the championship team.



FRONT ROW: Pete Demchuck, Edward Thorne, Chris Kennedy, Marshall Hughes, Randy Bullard, Chris Bridges, Ardi Semms, Chris Snowden, Malecomb Freeman, John Rodgers. SECOND ROW: Kent Cowell, Tom Southern, James Lawson, Anthony Riddick, Curtis Riddick, Jon Parker, Tommy Lee, Mark Andrews, John Hurdle, David Wright. THIRD ROW: James Nash, William Cornick, Zeik Worrills, David Howard, Pat Cowan, Scott Casony, Chris Cather, Melvin Woodhouse, Eric Fountain.

TAKEDOWN



Joey Barnes experiences the thrill of victory.

Concentration is an important part of winning for Tom Coghill.



Row 1: Joey Barnes, Larry Lowlan, Willie Jordan, Michael Wiggins, Bryan Mordecai, Eddie Graves, Scott Hayungs, Tom Noll. Row 2: Phillip Pasquelino, Curt Smith, Tim Drinko, Harry Smithson, Jeff Warren, Chris Matt. Row 3: Cindy Talbot, Susan Peters, Pam Swertfeger, David Mayhan, Jerry Dworske, Steve Meetre, Jack Freedman, Tom Coghill, Baker Mordecai, Greg Massa, John Winnett, Liz Foote, Cathy Fletcher, Beth Buchert.

TO VICTORY



Willie Jordan works toward another successful takedown.

Promising and dedicated are the key words in describing the First Colonial wrestlers. Enduring 2½ hours of practice five days a week certainly exemplifies their dedication to the sport. The wrestling season consists of two meets a week over a three month period.

In order to participate in a match, the wrestler must meet a certain weight requirement. The average weight loss of wrestlers is between ten and fifteen pounds. To maintain this weight most wrestlers simply watch their intake of food and increase their amount of activity. To keep their weight down and keep in shape, the wrestlers run an average of two to five miles a day. This is another example of their determination and effort.

Some of the outstanding matmen led by Coach Miller are: Tim Drinko, Baker Mordecai, David Mayhan, Tom Coghill, and Michael Wiggins. Tim Baker, and David have won many matches with their pins. Tom Coghill won the district championship, proceeded on to the state championship, and is currently ranked third in Tidewater. Michael Wiggins is also ranked third in Tidewater for his weight division. All of the First Colonial matmen are hard working and willing to make this a winning season.



Patriot's 105 pounder, Willie Jordan, strives for a reversal.



Joey Barnes squares off against a Kempsville foe.

MAKING WEIGHT

Until the First Colonial Invitational Christmas Wrestling match, Mike Wiggins went undefeated. After the tournament he had a record of 14 wins and 1 loss.

A wrestling talent seems to run in the Wiggins family. Older wrestlers include Fred Wiggins, Clinton Wiggins, and Calvin Wiggins. Calvin Wiggins, at 185 pounds, took the state title last year. Mike Wiggins also has a younger brother in Junior High wrestling now.

Mike Wiggins has wrestled under Steve Romeo for two years. For these years he has wrestled at 98 pounds.

Finally he wrestled varsity in his senior year. Mike has excellent possibilities to obtain the state title in his weight class.

Referee signals victory for Michael Wiggins.





Jack Freedman listens as Coach Miller gives a few last second instructions.



Unidentified Patriot sends helpless Chief into Orbit.



The intensity of the match is illustrated in the faces of Coach Miller and Coach Taylor.



Captains Coghill and Freedman represent the Patriots as the referee sets the rules.

With a four win, five loss, and one tie record the First Colonial Girl's Soccer team placed third in the beach district.

Outstanding offensive players were Susan Burt, Bridgette Comer, Mary Jo Gamba, and Pam Gallagher. All of these players will be returning for the next season. Bridgette Comer was the top scorer with five goals. She was followed by Mary Jo Gamba who made four goals. Susan Burt was next in line scoring three goals. The offense kept

the team going.

The defense was also responsible for the Patriot victories. The most outstanding defensive players were Allison Jackson, Martha McDaniel, and Stacy Williams.

At the Spring Sports Awards Banquet Allison Jackson was named most outstanding senior on the team.

Phyllis Kunkler was named most valuable player. With most of the team members returning the Girl's Soccer team should have another successful season next year.

PROVING POTENTIAL



FIRST ROW: Susan Burt, Allison Jackson. SECOND ROW: Sarah Snapp, Donna Defebo, Pam Gallagher, Bridgette Comer, Erica Zauzig, Trisha Kessler, Susan Edwards, Stacy Williams, Karen Muller, Shelly Grabinsky, Dana Graves. THIRD ROW: Mary Jo Gamba, Martha Bunton, Judy Peterson, Phyllis Kunkler, Mindy Moon, Liz Peterson, Joan Link, Martha McDaniels, Jill Peterson, Sharon Staton.



Susan Edwards looks downfield for teammates.



Sharon Staton moves the ball downfield.



Patriots looking on from the sideline.



Phyllis Kunkler concentrates on the game.



Karen Muller rushes in on her opponent.

A BOUNCING SEASON



Pam Gallagher advances to score.



Patriots battle Lake Taylor for control of the jump ball.



Front Row: Left to Right: Valarie Wilson, Pam Gallagher, Lolo Leakes, Jimi Gatlin, Maschell Crumble, Stacey Williams. Back Row: Coach Janet Grant, Lisa Berry, Debbie Leaks, Ellen Whitehurst, Yvonne Owens, Jennifer Wright, Bridgette Comer, Head coach Janet Rowlands.



Coach Janet Rowlands explains a new play to the team.



Lolo Leaks performs before the crowd.

Until Jimi Galtin injured her leg, the Patriot team topped all other teams. The lady Patriots were expected by all to be the Beach District girl's basketball champions.

At six feet two inches, Galtin was by far the best player at the beach. She improved over last year by attending summer basketball camps. At the camps, she was rated highly by college scouts in all facets of the game, from shooting to moving without the ball. The team did not lack quality players after Galtin's injury. Lolo Leaks played forward position. Leaks was the second highest scorer on the team. The team also had two excellent guards from last year, junior Pam Gallagher and senior Bridgette Comer.

With mostly sophomores making up the bench, the team is expected to do very well in the future.



Jimi Galtin shoots over opponent.

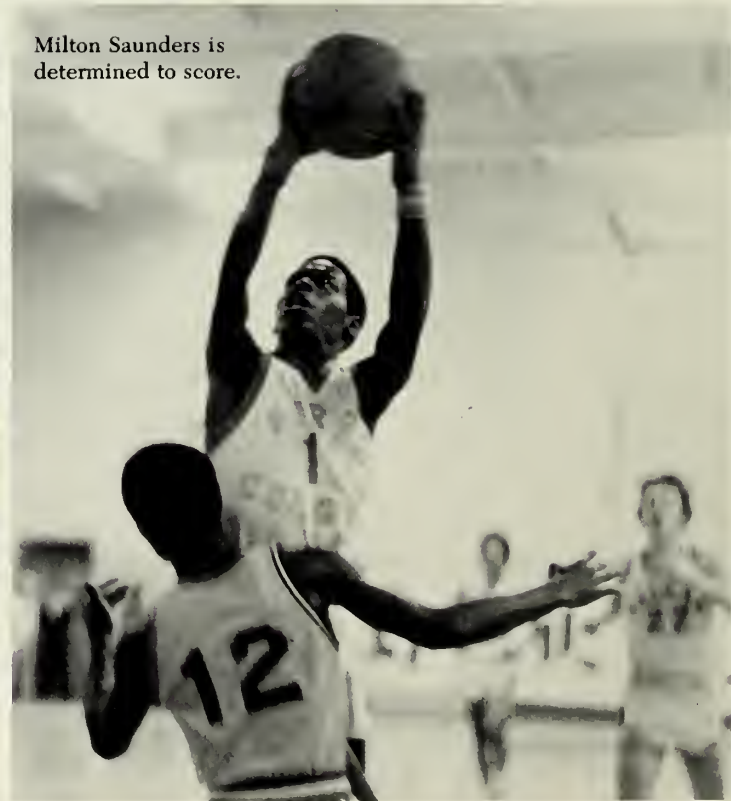
BUILDING FOR THE FUTURE



Coaches Norbie Wilson and Alton Hill discuss game strategy during a time-out.



Eric Fountain drives for a lay-up shot.



Milton Saunders is determined to score.



Milton Saunders drives through the Lake Taylor defense for two points.

First Row: Robert Creekmore, Anthony Riddick. Second Row: Randy Davis. Third Row: Joseph Dozier, Jeff Howard, Edwin Cowell, Eric Fountain, Ricky Sherrill, Joe Bessler, Jeff Owens, Sean Connell, Mark Keefe, Milton Saunders. Fourth Row: Coach Norbie Wilson, Head coach Alton Hill, Coach Bob Blenner, Phil Hubbard.



Senior Robert Creekmore goes up for a shot.

Adapting to a new game of ball seemed to be the most prominent goal of Coach Alton Hill and his basketball team this past season. The Patriots had it rough with the loss of Guy Morgan. This past season was to be "definitely a rebuilding year for us," according to Coach Hill, and that it was. With Guy Morgan absent from the game other players improved, got experience by playing, and did a great deal more scoring.

Robert Creekmore started the season on the front line. A starter as a junior, Creekmore showed excellent abilities. This past season he exhibited his skills in the sport.

Phil Hubbard started the season a slight bit late due to the extended football season. He played point guard, the position he held the year before last.

With a number of young talented players it looks as if another winning season lies ahead in the near future.



Phil Hubbard is open in the lane.



Center Rick Sherrill shoots for two.



Eric Fountain looks for an open teammate.



Milton Saunders shows his ability to score.

STRIVING TO ACHIEVE



Suzy McTague prepares to catch the ball and tag the runner out.

Missy Snuffin shows that the ball just fits in her glove.



Jimi Gatlin watches carefully to see how far her ball goes.



FRONT ROW: Sheila Staton, Sharon Brown, Missy Snuffin, Patty Lynch, Debbie Lauro.
SECOND ROW: Kim Hudgins, Kim Betz, Mary Foster, Sue Smith, Janelle Eldridge. THIRD
ROW: Yvonne Owens, Elizabeth Vambell, Jimi Gatlin, Brenda Fletcher, Suzy McTague, Bob
Martin. NOT PICTURED: Joy James, Mrs. Torok and Miss Cox.

Last year was the second year for this young girls' softball team. They finished the season with a record of 3 wins and 7 losses. Jimi Gatlin helped greatly on both offense and defense. She led the team in hitting the most home runs. Jimi also pitched for the Patriots. Other outstanding defensive players were Missy Snuffin and Suzy McTague. The offense was assisted by Yvonne Owens who had the best hitting average, and Sharon Brown who was most often on base.

HERE TODAY ...

The 1978 baseball season was a very successful one. They finished the season with a record of 12 wins and 3 losses. The team was led by seniors Jon Frizzell and Tom Gilliland. Other outstanding seniors were Scott Stevenson, Jeff Mills, Allen Pyle, Doug Brown, Randy Forbes, Joe Fontenot, Neil Leibowitz, Bruce

Nagourney, and Tom Vambell. The juniors also played a big part in the success of the season and will return for the next season. These juniors are Phil Hubbard, Bob Galaway, and Joe Libbon. Many seniors have graduated but the next season should be a promising one with a strong team returning.



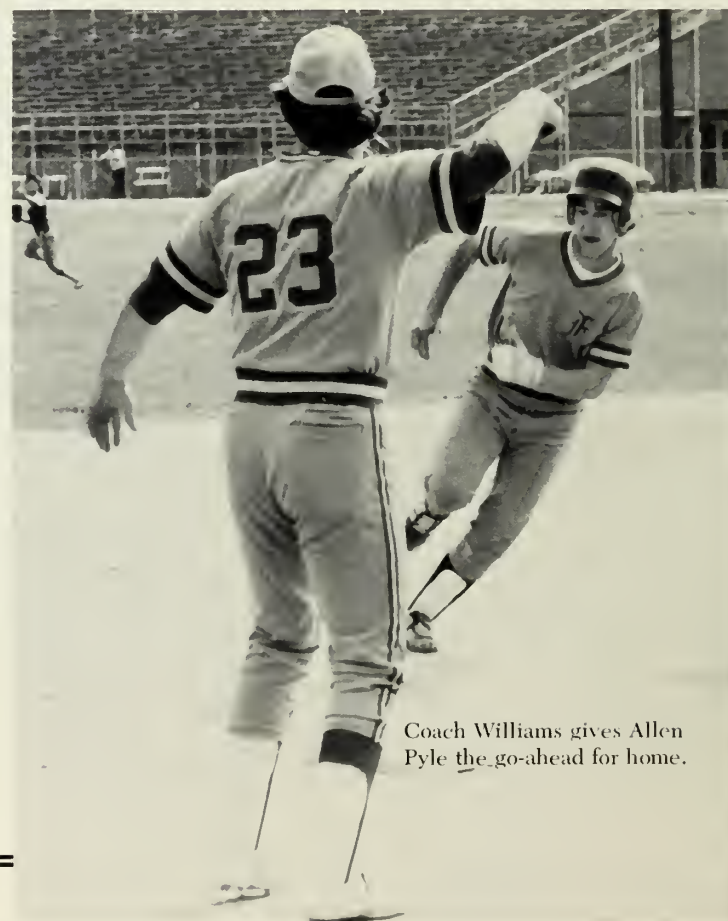
FIRST ROW: Allen Pyle, Tom Vambell, Scott Stevenson, Mel Stowers, Jim McElligott, Phil Hubbard, Randy Forbes. SECOND ROW: Bob Galaway, Neil Leibowitz, Doug Brown, Coach Williams, Paul Newsome, Jeff Mills, Darrell Gilliland, Coach Blenner, Sean Connell, Jon Frizzell. NOT PICTURED: Glen Woolcott, Tom Gilliland.



Darrell Gilliland, Glen Woolcott, and Sean Connell



Mel Stowers makes a mad dash for second base.



Coach Williams gives Allen Pyle the go-ahead for home.

PROFESSIONAL TOMORROW



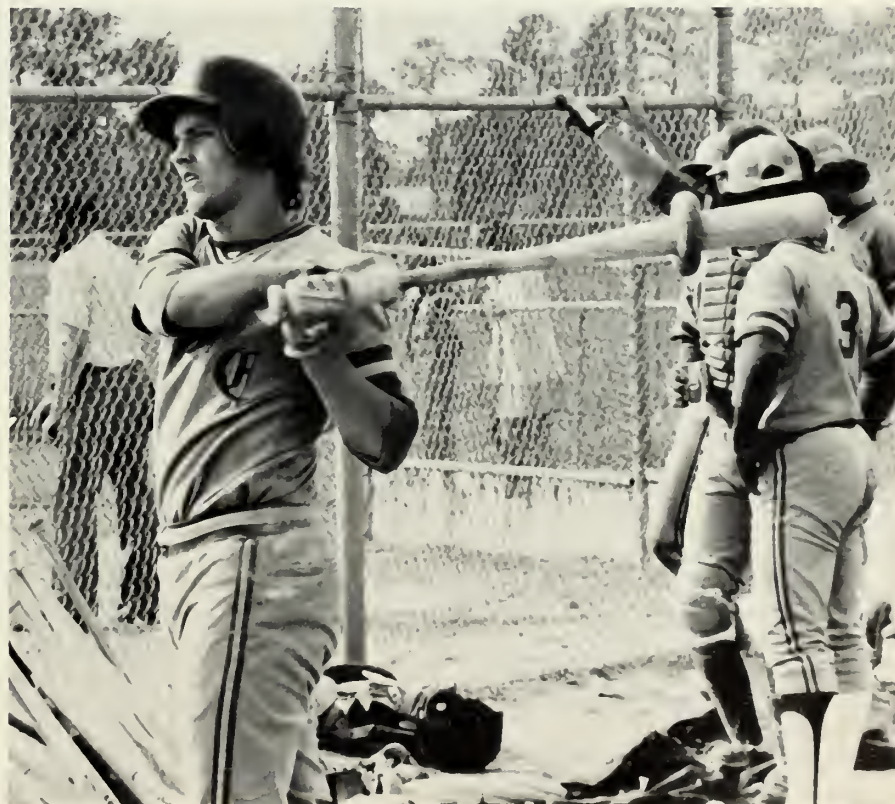
discuss the wonders of a baseball glove.



Randy Forbes, The Almighty Patriot!



Coach Williams is the guiding light.



Tom Gilliland loosens his muscular biceps.

DETERMINATION ... THE KEY

Enthusiasm and determination has led the Indoor Track team to a successful start for the new season.

The long hours of practicing after school has done a lot of good and is expected to pay off for the remainder of the season. The team attended the invitational indoor track meet at William and Mary College and won first and second place in the 60 yard dash. Sprinting is the strongest area for the First Colonial Indoor Track team. Sprinters for the team are John Parker and Curtis Riddick. David Mayhan has stayed up with the sprinters by remaining undefeated in the shot-put.

According to Coach C. Hill the team's biggest problem is the lack of depth. The team was hurt because of the loss of James Lawson due to the extended football season. This year's team is made up of mostly seniors, however, there are many talented juniors and sophomores to keep the team running.



Kneeling: Mike Werhan, John Parker, Curtis Riddick. Standing: Coach Carlton Hill, Harry Platt, William Cornick, Leon Wilson, Ross Wolfe, John Larimore, Randy Bullard, Malcolm Freeman, Terri Joshua, Wayne Forbes, Nick Noell, Lee Collins, Melinda Wiggins.



Sophomore Ross Wolfe heads for the pole vault.

John Parker anxiously waits for the starting gun.



TO SUCCESS



Ross Wolfe and Nick Noell concentrate on beating Princess Anne.



Malcolm Freeman jumps for the Patriots.



Mike Werhan studies his competition.

SCOREBOARD

			Men's Basketball					
			FC	OPP			FC	OPP
Men's Soccer							Men's Tennis	
Kellam	1	1	Denbigh	59	58	Princess Anne	9	0
Cox	4	1	Princess Anne	54	59	Cox	9	0
Princess Anne	3	0	Cox	51	64	Kempsville	7	2
Kempsville	2	1	Norview	70	62	Kellam	9	0
Bayside	3	0	Lafayette	52	59	Bayside	8	1
Kellam	1	3	Kellam	45	42	Princess Anne	7	2
Cox	3	1	Norview	48	60	Cox	7	2
Princess Anne	3	1	Bayside	51	59	Kempsville	8	1
Kempsville	2	1	Lafayette	56	59	Kellam	9	0
Bayside	3	0	Cox	57	59	Bayside	8	1
Regional Championship			Lake Taylor	48	68	Regional Semi-Finals		
Kecoughtan	2	1	Kempsville	54	59	Mauri	5	4
			Denbigh	69	81	Regional Finals		
			Princess Anne	56	61	Bethel	3	6
			Lake Taylor	61	72			
			Kellam	69	64			
			Bayside	67	73			
Women's Spring Tennis								
			FC	OPP			FC	OPP
Kempsville	9	0	Women's Soccer				Football	
Kellam	9	0	Hampton	2	1	Kellam	13	8
Cox	9	0	Fort Monroe	2	2	Granby	43	8
Princess Anne	9	0	Princess Anne	0	2	Princess Anne	7	7
Bayside	9	0	Kellam	1	0	Bayside	33	0
Kempsville	9	0	Kempsville	1	3	Kempsville	16	15
Kellam	8	1	Cox	3	0	Cox	37	7
Cox	9	0	Bayside	0	1	B.T. Washington	30	0
Princess Anne	9	0	Princess Anne	4	0	Patrick Henry	14	0
Bayside	9	0	Kellam	1	0	Mauri	14	7
Mauri	9	0	Bayside	3	1	Lake Taylor	27	14
Regional Championship			Cox	1	1	Regional Semi-Final		
Mauri	9	0	Kempsville	1	2	Norview	7	6
Lafayette	7	2				Regional Championship		
State						Wilson	18	12
G. Washington of	7	2				State Semi-Finals		
Danville						Highland Springs	6	24
Douglass Friedman	9	0				Total FC points	265	

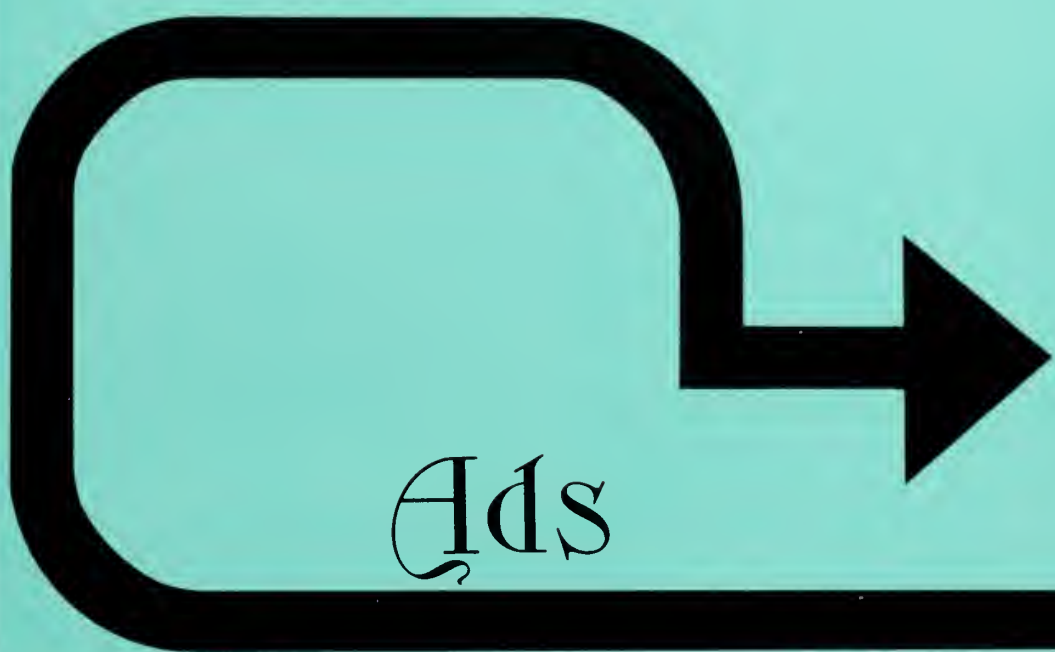
<i>Fall Women's Tennis</i>			<i>Wrestling</i>					
	<i>FC</i>	<i>OPP</i>		<i>FC</i>	<i>OPP</i>			
Kempsville	2	7	Kecoughtan	42	18			
Kellam	7	2	Great Bridge	22	24			
Cox	4	5	Lake Taylor	62	3			
Princess Anne	6	3	Deep Creek	24	34			
Bayside	8	1	Princess Anne	14	44	<i>Indoor Track</i>	<i>FC</i>	<i>OPP</i>
Kempsville	3	6	Kellam	37	27	Princess Anne	50	69
Kellam	7	2	Princess Anne	29	21	Bayside	38	79
Cox	5	4	Maury	24	28	Kempsville	65	52
Princess Anne	7	2	Cox	8	6	Cox	69	54
Bayside	7	2	Kempsville	15	28	Kellam	54	64
			Bayside	12	39			
<i>Field Hockey</i>			<i>Women's Basketball</i>			<i>Women's Gymnastics</i>		
	<i>FC</i>	<i>OPP</i>		<i>FC</i>	<i>OPP</i>		<i>FC</i>	<i>OPP</i>
Kempsville	0	1	Kempsville	46	33	Cox	95	96
Kellam	1	0	Denbigh	53	43	Kempsville	93	75
Cox	1	1	Princess Anne	65	36	Bayside	98	97
Princess Anne	2	1	Cox	67	44	Kellam	99	89
Bayside	0	1	Norview	48	45	Princess Anne	99	93
Kempsville	0	2	Lafayette	59	54	Cox	99	100
Kellam	1	1	Kellam	51	45	Princess Anne	97	91
Cox	0	1	Norview	50	40	Kellam	102	96
Princess Anne	1	0	Bayside	20	56	Bayside	101	95
Bayside	0	2	Lafayette	38	44	<i>Regional Championship</i>		
			Cox	44	47	Kempsville	103	93
			Lake Taylor	40	45			
			Kempsville	71	46			
			Denbigh	50	36			
			Princess Anne	41	25			
			Lake Taylor	68	39			
			Kellam	36	49			
			Bayside	60	59			
			<i>District Championship</i>					
			Bayside	65	38			





SHOP

108



Most people do not realize that a yearbook is a difficult thing to produce. Many hours of work, including some all night sessions, are essential in order for the deadline to be met. One extremely important phase of this work is the raising of funds. Money is acquired in two ways: the sale of the books, and the sale of ads.

Ad sales are especially important because they provide the extra money for added features in the yearbook such as color pictures and an extra spe-

cial cover. A yearbook is an amazingly expensive thing to produce, so the more money from ads, the better the book.

This year, the area merchants were especially generous to the *Heritage* staff. We thank them. But we would also like to mention the patrons. These are people who contribute to the yearbook with no advertising involved. Patron money is another important part of our yearly funds.



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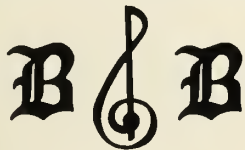
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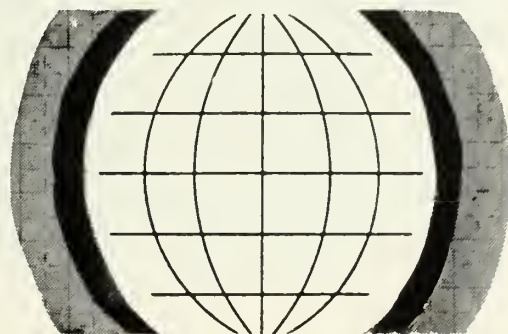
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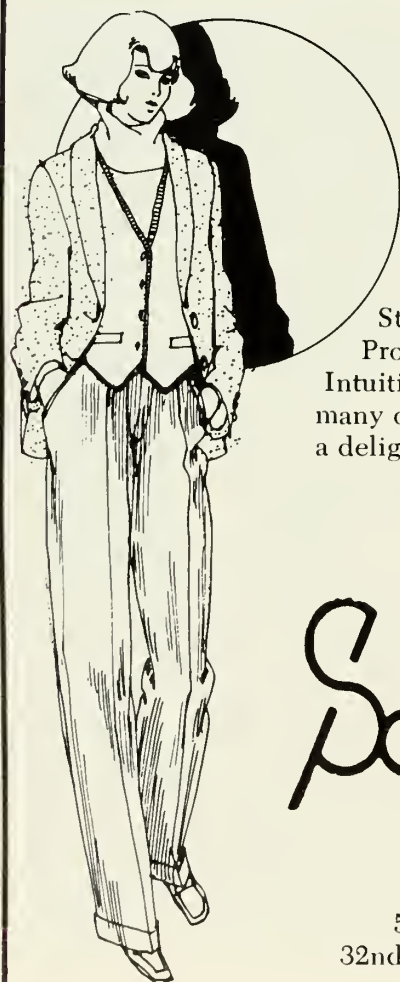
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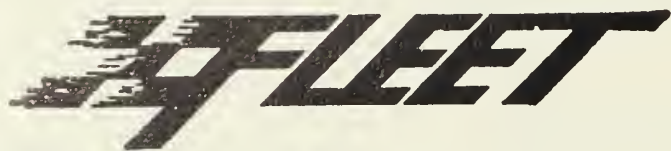
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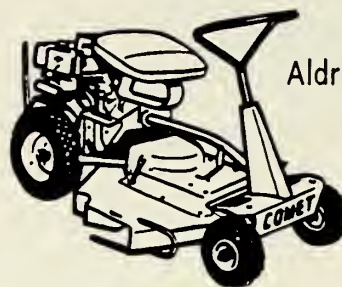
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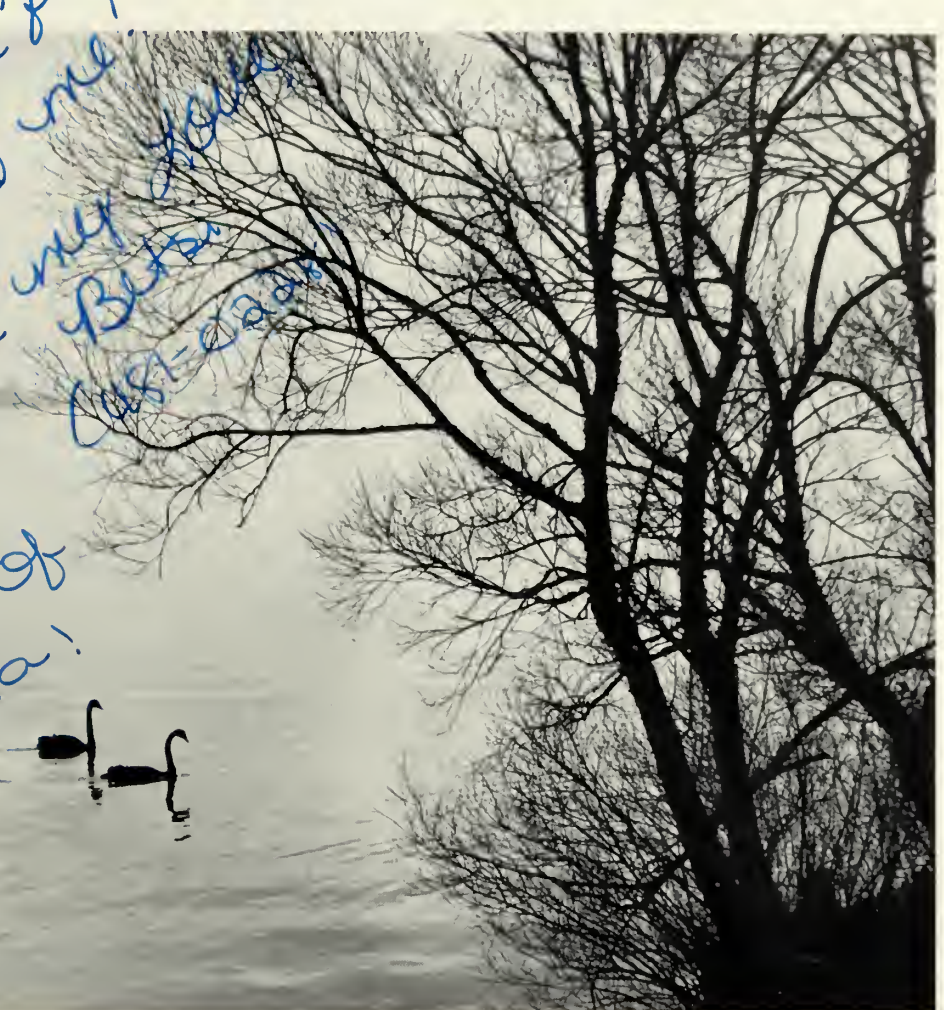


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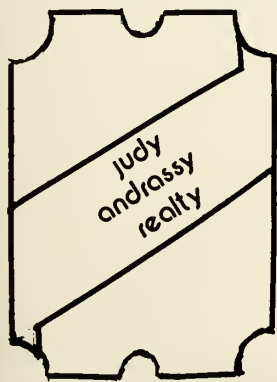
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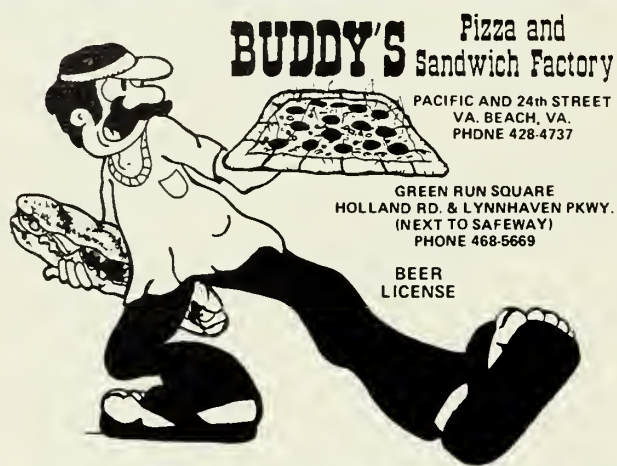
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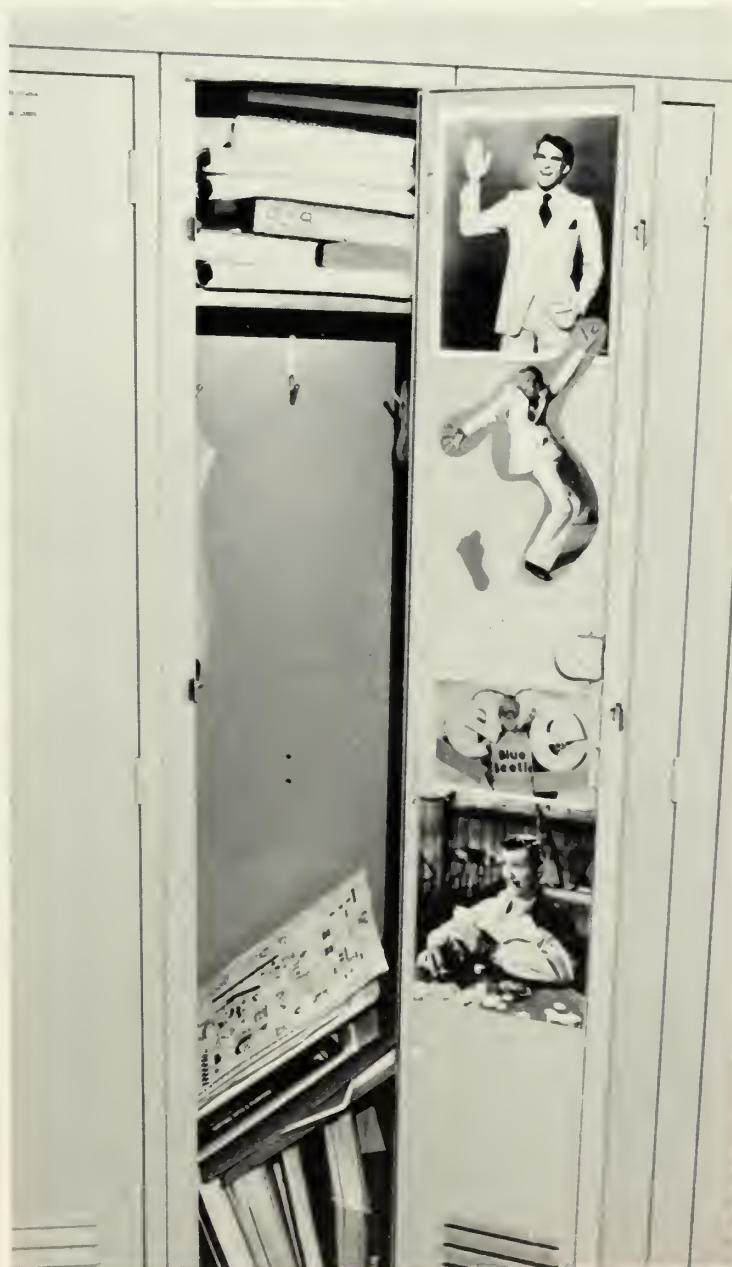


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a

Acela, Janice — 102
Ackels, Delite — 17, 39, 152, 159, 248
Ackels, Jaime — 102
Acosta, Ricky — 102
Adams, Lynn — 102
Adkins, Craig — 102
Adkins, Frank — 39
Agnew, Laura — 21, 39
Ahrin, Susan — 86
Ailes, Susan — 17, 39
Ailstock, John — 39
Ainberg, Patrick — 162
Ainsley, Dona — 39, 149
Akright, Kate — 86, 165
Albert, Doreen — 102
Albrecht, Susan — 102
Albritton, Gwen — 86
Aldridge, Peter — 102
Alexander, Cherie — 86, 171
Alexander, Jan — 86
Alexander, John — 86
Alexander, Judy — 102
Alexander, Scott — 39
Allan, Bobby — 155, 102
Allen, Albert — 86
Allen, Bonnie — 102
Allen, Brent — 86
Allen, Jim — 102
Allen, John — 86
Allen, Kenny — 39, 86
Allen, Robert — 39
Allen, Sis — 102
Allen, Teresa — 39
Alley, Melony — 86
Allred, Beth — 15, 39
Almberg, Linda — 102
Almberg, Pat — 102
Ambrose, Dell — 86
Anberg, Lynda — 162
Anderson, Julia — 40, 170
Anderson, Kathy — 86
Anderson, Linda — 15, 17, 40, 156
Anderson, Marie — 146, 149
Anderson, Scott — 40, 71, 161, 171
Andrews, Mark — 40, 193
Angellata, Richard — 86
Angellata, Rob — 40
Anninos, William — 102
Ansell, Beth — 86
Anthony, Cuprice — 40
Apple, Tom — 40, 54, 55
Armstrong, Gary — 102
Armstrong, Tracy — 40, 168
Arnaud, Anne — 40
Arnold, Blaine — 102, 155
Arranz, Michael — 40
Arrington, Tammy — 26, 40
Ashley, J.C. — 102
Ashworth, John — 86
Askew, Byron — 102
Atkins, Lester — 102
Atwood, Jeff — 102
Aucamp, John — 86
Aucoin, Billy — 102, 146, 149
Auxier, Mike — 102
Ayers, Leslie — 86

b

Baer, Richard — 40, 174
Baese, Kerry — 86, 146
Baese, Tina — 17, 40
Bagley, Robert — 40
Bagley, Shelly — 86
Bahlman, Don — 86, 164
Bailey, John — 102
Bailey, Mike — 86, 170
Baity, Lorna — 86
Balderson, Hatton — 102
Baldwin, Randy — 102
Baldwin, Les — 86
Baldwin, Russell — 102
Ball, Carmen — 102
Ball, Karen — 86
Ballard, Jeff — 41
Ballard, Lynn — 102, 161
Bankowski, Andy — 102
Banks, Jackie — 102
Banks, Robert — 41
Bapties, Denise — 86
Barberis, Anna — 102
Barberis, Leta — 41
Barbey, Debbie — 41
Barbey, Kenny — 102
Barclow, Whitney — 86
Barford, Chris — 102
Barker, Kim — 41
Barnes, Joey — 86, 194, 196
Barnes, Kathy — 41
Barnes, Linda — 102
Barnes, Susan — 41
Barnhart, Susan — 86, 153, 165
Barr, Daniel — 102
Barrow, Beth — 185
Barrow, Tracey — 41, 191
Bartee, Keith — 41
Bartman, Sandy — 86, 152, 164, 248
Bartou, Becky — 86
Baskerville, Marvin — 86
Baxter, Jean — 102
Beam, Betsy — 41, 171

Beam, Penny — 86
Beardslee, Rochelle — 86
Beasley, Clark — 102
Beaty, Cathy — 18, 26, 42, 144, 159, 190, 191, 192
Beck, Alan — 86
Beck, Jeff — 86
Becker, David — 86
Becker, Debra — 17
Beecher, Teresa — 42
Been, Doug — 86
Been, Mark — 42
Belanga, Annette — 102
Bellay, John — 103
Bendall, Dana — 87
Bendit, Billy — 86
Benegar, Jan — 87
Beninato, Gina — 103
Beninato, Misty — 103
Bennett, Chuck — 103, 164
Bennett, Debbie — 42
Bennett, Irene — 103
Bennett, Terri — 87
Benson, Kathy — 42
Bergeson, Carol — 103, 165
Berry, Carrie — 42
Berry, Leslie — 103, 180
Berry, Lisa — 200
Berry, Thomas — 42, 174, 175
Bessler, Joe — 87, 203
Bessler, John — 103
Best, Chuck — 42
Betz, Fred — 87
Betz, Kim — 87, 181, 205
Bevan, Beynon — 103
Beveridge, Mike — 103
Beyer, Lauren — 87
Biggs, Lisa — 103
Bischof, Susan — 103
Bishop, Michele — 42
Blair, Elaine — 42
Blair, Mary — 87, 180, 185
Blackburn, Karl — 87

Borr, Dausel — 153
Bortugnn, Madelyn — 87
Bottoms, Chastity — 87
Bowman, Kendall — 87
Boyd, Cindy — 43
Boyd, Jayme — 103
Boyd, Mike — 15, 103
Boyd, Wanda — 43
Bracher, Arch — 87
Bracher, Pat — 87
Bradley, Jackie — 103, 170
Bradley, Monica — 103, 166
Bradshaw, Brad — 87
Bradshaw, Janine — 87
Bradshaw, Leesia — 87, 150, 248
Bragg, Dickie — 103
Branch, Courtney — 87, 174
Braun, Robert — 103
Braye, Damita — 45
Breen, Todd — 87
Bridges, Chris — 193
Bridges, Tom — 43, 164
Brink, Fely — 103
Brink, Gary — 87
Brinkley, Janet — 43
Brinson, Brenda — 87
Britt, Susan — 103, 164
Britton, Cindy — 87, 146, 148
Britton, Scott — 15, 17, 87
Broadhurst, Frank — 103
Brogan, Gina — 43
Brothers, Kathy — 87
Brown, Earl — 43
Brown, Emmanuel — 103
Brown, Joe — 103
Brown, Jonathan — 103, 147, 148
Brown, Robin — 87, 171
Brown, Sharon — 205
Brown, Susan — 43
Brown, Tim — 87
Brownell, Todd — 87
Brownley, Chris — 20, 44, 174, 175
Brownley, Tanja — 103, 147, 164

Burrows, John — 87
Burrus, Donna — 103, 164
Burt, Miriam — 103, 180
Burt, Susan — 44, 161, 180
Burton, Becky — 161, 191
Butcher, Carla — 44
Butler, Allyson — 178, 179
Butler, Frank — 87
Butt, Denise — 17, 103
Buxton, Lynn — 87
Bybee, Anne — 44

C

Caffey, Ricky — 87, 166
Cahoon, Connie — 44
Cain, Mike — 103
Calabrese, Greg — 103
Caldwell, Mark — 87
Calendario, Robby — 167
Callis, Mary Paul — 44
Callis, Shirley — 87
Campbell, Julie — 87
Camp, Ed — 21, 44, 174
Camp, Margaret — 44
Canada, Kass — 45, 168
Candelario, Robert — 45, 167, 179
Canonigo, Cindy — 103
Capps, Terri — 103, 183
Cardwell, Donna — 45
Carey, Bill — 88
Corla, Randy — 88
Carlson, Julie — 103
Carlson, Keith — 45
Carlson, Kenny — 88
Carlton, Fattie — 103
Carp, Kathy — 165



Carpenter, Courteny — 87
Carr, Ellen — 103
Carroll, David — 88, 161
Carroll, Donna — 45
Carroll, Sherry — 88
Carter, Julia — 45
Carter, Laurie — 88
Carter, Michael — 104
Carver, David — 104, 148
Casey, Maureen — 88
Casey, Sharyn — 88
Casson, Mike — 88
Cather, Chris — 45, 193
Catoe, Ross — 45
Caton, Connie — 104
Caton, Leigh Anne — 88, 159
Causby, Jerry — 147
Chancellor, Yvonne — 88
Chandler, Jeff — 88
Chapman, Robyn — 45
Chapunoff, David — 104
Charles, Albert — 45
Cheek, Allen — 104
Cheney, Sandra — 88
Cherry, Harold — 88
Cherry, Patricia — 104
Chianelli, Gina — 88
Childress, Cindy — 88
Cho, Paul — 104
Christian, Jack — 88
Christie, Teddie — 146
Christodoucas, Pete — 88
Church, Brian — 88
Chutter, Laurie — 45
Clark, Julie — 88, 179, 181
Clark, Nancy — 104
Clark, Terri — 45
Clarke, Betsy — 104, 147

Blacksher, Tonya — 87
Blankenship, Karen — 26, 87, 159
Blakenship, Kim — 103
Blaski, Chris — 19, 42
Blevins, Ray — 87
Bliss, Gina — 103
Block, Mike — 103
Bluestone, Fe — 103
Bluestone, Roger — 103
Blum, Barbara — 103
Blumenthal, Jeff — 103
Blunt, Jessica — 103
Bogardus, David — 103, 153, 159
Boggs, Kathy — 181
Bogs, Katie — 103
Boiselle, Guy — 42
Bolik, Leslie — 103, 146
Bonds, John — 149
Bonelli, Marie — 42
Bonney, Brenda — 83
Borjes, Susan — 43
Borland, Leslie — 43, 164
Borland, Tory — 43

Broyles, Anne — 21, 44
Brunelle, Sally — 87
Bryan, Gary — 87
Bryant, Keith — 149
Bryant, Ken — 87, 171
Bubeck, Cheryl — 87
Buchert, Beth — 44, 190, 191, 194
Buckley, Randy — 87
Buffington, Dawn — 87
Bull, Ellie — 87
Bull, Robert — 103
Bulla, Lynn — 87, 164, 181
Bullard, Randy — 87, 193, 208
Bullard, Richard — 147
Bunting, Kelly — 15, 103
Bunting, Stephanie — 32, 33, 44, 146, 147, 156
Bunton, Martha — 44
Bunton, Mary — 44, 180
Burkart, Chris — 87, 155
Burke, Kevin — 88, 160, 161
Burkhart, Chris — 155
Burnett, David — 103

Clarke, Cathy — 20, 45, 145, 146, 147, 161
 Clement, Mike — 46
 Clements, Teresa — 164
 Clugston, Beth — 17, 88, 146
 Coffey, Deborah — 88
 Coffin, Frances — 25, 46
 Colletti, Kelly — 104
 Coghill, Tom — 46, 97, 194
 Cohen, Charles — 88, 146, 149
 Cohen, Jim — 88
 Cole, Charlie — 46
 Cole, Jim — 47
 Collick, Pat — 88
 Collins, Julia — 104, 180
 Collins, Lee — 47, 153, 169, 208
 Collins, Sharon — 88
 Collins, Tim — 104
 Combs, Karen — 104
 Comer, Bridget — 47, 180, 185, 200, 201
 Conlan, Jim — 47
 Connell, Sean — 88, 203
 Conner, Corky — 88
 Conrad, Katy — 104
 Consolvo, Paul — 47, 161
 Consolvo, Ramona — 15, 88, 153, 165
 Consolvo, Tim — 104, 159
 Cook, Rick — 88
 Cooke, Carolyn — 104, 159, 164
 Cooksey, Todd — 104
 Coons, Ronnie — 88
 Copeland, Teresa — 88
 Cooper, Kate — 47
 Copland, Billy — 155
 Corbett, Donna — 47
 Corey, David — 104
 Corleta, Joe — 104
 Corleto, James — 47
 Cornelius, Rob — 89, 174, 175, 177
 Cornelius, Sherri — 104
 Cornett, Larry — 104
 Cornick, William — 47, 193, 208
 Cosentino, Angie — 89
 Coulsting, Noel — 104
 Coulsting, Robin — 47
 Coupland, Mary — 18, 47
 Cowan, Pat — 174, 175, 193
 Cowell, Edwin — 88, 203
 Cowell, Kent — 193
 Cowperthwaite, John — 104
 Cox, Lyn — 15, 47, 74, 152, 156, 248
 Cox, Robert — 89
 Crahbs, Tom — 104
 Craddock, Tim — 47
 Craft, Cyndi — 104
 Cramer, Dawn — 88
 Crawford, Bill — 47, 151, 165, 248
 Creekmore, Robert — 48, 203
 Crell, David — 104
 Cribbs, Raleen — 89
 Crisson, Tina — 89
 Crittenden, Ed — 48
 Crocker, Angela — 104
 Crocker, Rob — 31, 48, 188, 189
 Crockett, Angel — 89
 Crowley, Finn — 48, 146, 174, 175
 Crumble, Albert — 104
 Crumble, Maschell — 104, 200
 Crunk, Lisa — 104
 Culbreth, Kathy — 89
 Cupp, Jan — 89, 171
 Curran, Beth — 48, 156
 Curtiss, Tim — 48
 Custer, Glenn — 48

d

Dahlke, Laurie — 104
 Dail, Monette — 48
 Dailey, Vickie — 48
 Dammert, Scott — 104
 Dancy, Wandra — 89
 Daniels, Celeste — 48, 159, 179, 181
 Daniels, Sherry — 89
 Darden, Jenny — 20
 Darling, Darryl — 104
 Davinport, Charlotte — 89
 Davenport, Tammy — 89
 Davies, Donna — 104
 Davis, Carey — 48
 Davis, Elizabeth — 48
 Davis, Ellen — 89
 Davis, Jenny — 89, 161, 164
 Davis, Kelly — 89
 Davis, Randy — 104, 203
 Davis, Robert — 49
 Davis, Scott — 104
 Davis, Teresa — 89
 Davis, Troy — 89
 Dawson, Raymond — 104
 Dawson, Richard — 89
 Day, Nancy — 104
 Debauche, Jack — 105, 155
 Dehoxel, Kasey — 104
 Defebo, Donna — 89, 149, 162
 Dellinger, Terry — 89
 Delloro, Angeles — 49, 72, 73, 146
 Delloro, Ricky — 105
 Demasters, Debbie — 105
 Demchuk, Pete — 19, 193
 Denman, Keith — 89
 Dennis, Mark — 49, 174, 175
 Desroches, Mark — 49, 174, 175
 Diederich, Carol — 49, 105
 Dines, Diana — 32, 33, 89, 156, 162, 164
 Dines, Mark — 105
 Dines, Mary — 49

Dingwall, Tracy — 89, 185
 Dixon, Deloris — 105
 Dixon, Mike — 89, 105, 171
 Dize, Penny — 49
 Dollemeyer, Jim — 49
 Donan, Mark — 105
 Donovan, Julie — 89, 146, 147
 Donzell, John — 105
 Doremire, Scott — 89
 Doss, Ann — 90
 Doss, Denise — 49
 Dotson, Doug — 105
 Douh, Robert — 89
 Dough, Ranger — 49, 147
 Douglas, Janine — 49
 Douglas, Ward — 175
 Doummar, Ronald — 49
 Dozier, Joe — 105, 154, 203
 Drake, Wendy — 49
 Dreschler, Lou-Anne — 89
 Drevitt, Lafronda — 105
 Drewitt, Walter — 89, 154, 174
 Drewry, Jane — 89
 Drisko, Tim — 20, 38, 49, 69, 168, 170, 194
 Drucker, Steve — 89, 152, 248
 Drylie, Dick — 89
 Duhen, Matt — 105
 Duhois, Ben — 89
 Dubois, Jerry — 174
 Dudley, Shirley — 105
 Duff, Lisa — 105
 Duffy, Ellen — 105
 Duncan, Abbie — 89, 151, 159, 248
 Duvall, Pam — 105, 170
 Duval, William — 89
 Dworske, Jerry — 89, 105, 194

e

East, Phillip — 146, 147
 Eastlick, Mark — 105
 Eastlick, Todd — 89
 Eckley, Thomas — 105
 Eckley, Princess — 50
 Eckstein, Karen — 50
 Edwards, Debbie — 89
 Edwards, Susan — 89
 Ehrhardt, Stacey — 105
 Elridge, Betsy — 89
 Eldridge, Janelle — 185, 205
 Elliot, Joyce — 89, 164
 Elliot, Lynette — 105
 Elliot, Mark — 105
 Elliot, Ronnie — 174, 193
 Emerson, Monica — 105, 170
 Engel, Laura — 50, 77
 English, Terri — 89
 Enlow, Dawn — 50
 Ennis, Wendy — 50
 Erhardt, Todd — 50
 Ermen, Joel — 105
 Ermlich, Karen — 105
 Esinhart, Brad — 50
 Esinhart, Jim — 105
 Esposito, Ricky — 51
 Estes, David — 51
 Etheridge, Karen — 51
 Etheridge, Steve — 105
 Etheridge, Tracey — 105
 Eubank, Tracey — 178
 Eure, Tammy — 105
 Euring, Laura — 164
 Eutsler, Keith — 105
 Evans, Blane — 148, 105
 Evans, Tracey — 105
 Evens, Roger — 89
 Everett, Tracie — 89
 Everton, Carol — 51
 Ewell, Steve — 105
 Ewing, Laura — 90

f

Faini, Steve — 51
 Fairfield, John — 89
 Falkner, Ron — 105, 149
 Falkner, Sherri — 90, 147
 Fall, Stephanie — 90, 183
 Faucher, Scott — 105
 Fanney, Bill — 90
 Fantino, Toni — 90
 Farmer, Lynn — 105, 161, 164
 Farris, Cathy — 105
 Felch, Loraine — 90
 Felton, Gary — 90
 Felton, Patricia — 105
 Fenner, Caleta — 105
 Fenner, Fred — 90, 170
 Fentress, Anthony — 105
 Fentress, Frank — 90
 Fentress, Marvin — 51, 165
 Fentress, Tracy — 51
 Fernandez, Laura — 51
 Fernheimer, Michael — 105
 Fernheimer, Steve — 51
 Ferrell, Catherine — 51, 168
 Finkbeiner, Denise — 90
 Finley, Jim — 105
 Finley, Steve — 105
 Finn, Amy — 90
 Finnegan, Gary — 90
 Fishel, Cholly — 18, 51, 145, 150, 161, 248

Fisher, Deborah — 105
 Fisher, Joe — 105
 Fisher, Lisa — 90, 147
 Fisher, Maurice — 51
 Flanagan, Mark — 51, 140
 Flax, Brady — 105
 Felming, Steve — 90
 Fletcher, Brenda — 90, 205
 Fletcher, Cathy — 51, 164, 165, 191, 194
 Flitton, Matt — 105
 Flura, Tim — 174
 Flora, Tyrone — 105
 Florance, Tish — 51
 Flores, Bridget — 90
 Flnyd, Bryan — 105
 Flynn, Bill — 52
 Flynn, Joe — 105
 Flynn, Marcy — 105
 Foley, Charlene — 90
 Foley, Holly — 90, 181
 Fontenot, Wally — 90
 Foote, Liz — 106, 191, 194
 Forbes, Brenda — 90
 Forbes, Leshia — 52
 Forbes, Regis — 106, 170
 Forbes, Rhonda — 90, 166
 Forbes, Wayne — 106, 174, 208
 Forch, Laura — 106, 117, 161, 164
 Forch, Susan — 52, 179
 Ford, Daniel — 90
 Ford, David — 106
 Ford, Larry — 106
 Ford, Sharon — 166
 Ford, Veronica — 90
 Fork, Tammy — 106
 Fortenberry, Ann — 90, 152, 164, 248
 Foshee, Chris — 106
 Foster, Mary — 205
 Fountain, Eric — 52, 193, 202, 203, 204
 Fox, Michelle — 183, 184
 Frame, Larry — 106
 Frances, Kent — 90
 Francis, Patricia — 15, 52
 Franke, Trisha — 106
 Franklin, Vernon — 154
 Francis, Sheila — 15, 106
 Franz, Vicki — 106
 Franzoni, Ann — 183
 Fraser, Trey — 90
 Frazier, Keith — 52, 156
 Frederick, Doug — 106
 Frederick, Dwayne — 106
 Freed, Mike — 52
 Freedman, Jack — 194, 197
 Freeman, Amber — 106, 146
 Freeman, Gina — 106
 Freeman, Jerry — 106
 Freeman, Kay — 90
 Freeman, Malcom — 90, 193, 208, 209
 Freer, Susan — 90
 Frierman, Anne — 90, 164
 Frizell, Jeff — 90
 Fugua, Clay — 106
 Furlong, Bill — 108
 Furniss, Berkeley — 52
 Furniss, Eddie — 90, 188, 189

g

Gaines, Heather — 52
 Gallagher, Craig — 52, 159, 164, 188, 189, 226
 Gallagher, Pam — 90, 180, 200, 201
 Galloway, Joane — 106
 Galloway, Troy — 106
 Galloway, Kathy — 90
 Galway, Bob — 52, 206
 Galway, Cathy — 168, 169
 Galyon, Lisa — 90
 Gamba, Judi Anne — 90
 Gamba, Mary Jo — 52, 161, 180
 Gardner, Chuck — 90
 Gardner, Judy — 106
 Gardner, Sherry — 106, 164
 Gaspar, Susan — 56
 Cassaway, Margaret — 106
 Gatlin, Greg — 106
 Gatlin, Jimi — 18, 53, 185, 200, 201, 205
 Gawrys, Johnny — 90
 Gebhart, Pete — 90
 Gentry, Bob — 53
 George, Linda — 15, 106
 George, Mike — 90
 George, Sherry — 53
 Gerhauser, Amy — 53
 Ghaziaskar, Badri — 106
 Gibson, Charles — 90
 Gibson, Melissa — 106, 164
 Gibson, Michael — 90
 Gilliland, Darrell — 31, 90, 92, 174, 175
 Ginn, Sandy — 53, 170
 Giuffre, Jeanne — 26, 90, 159, 191
 Given, Gary — 106
 Givens, Kent — 106
 Gladin, Wayne — 53, 143, 144, 161
 Glascock, Kinney — 90
 Glascock, Mary — 106
 Glasmann, Rhonda — 90, 162
 Graves, Dana — 90
 Gleason, Patte — 21, 53, 143, 144, 145, 159, 169
 Glen, Mark — 106
 Gloeckner, Barbara — 53, 90
 Gloeckner, Mary — 106
 Godfrey, Jeff — 106
 Godfrey, Mitchell — 90
 Gonzales, Alison — 20, 32, 33, 53, 145,

161
 Goodman, Laura — 90, 180
 Goodman, Mike — 106
 Goodwin, Jeri — 90
 Gordon, Joyce — 106
 Gordon, Paul — 91
 Gorman, Chris — 53
 Gorman, Geoff — 91
 Grabinsky, Shelly — 53, 185
 Grantham, Ann — 91
 Gravatt, Richard — 91
 Graves, Eddie — 91, 194
 Gray, David — 106, 194
 Gray, David — 106, 155
 Gray, Matt — 106
 Gray, Scott — 106
 Green, Bill — 91, 147
 Greene, Brenda — 91
 Greene, David — 106
 Greissinger, Gail — 106
 Griffin, Angela — 106, 155
 Griffin, Durwood — 106
 Griffin, Roger — 53, 69
 Griffin, Hazel — 106
 Grissinger, Gary — 91
 Groh, Jeff — 91
 Grohlman, Lexie — 106, 180
 Grunwald, Tim — 106

h

Haag, Carol — 91, 167
 Haas, Judy — 107
 Haas, Phillip — 54
 Hackworth, Mike — 107, 147
 Hairston, Robert — 54
 Hall, Brenda — 107, 146
 Hall, Charley — 91
 Hall, Rives — 54, 164
 Hall, Shardine — 107
 Haltigan, James — 54
 Halverson, Linda — 91, 185
 Hamilton, Robin — 107
 Hammer, John — 91
 Hammer, Sharon — 55
 Hancock, Lynne — 107, 161
 Hancock, Matt — 55
 Hancock, Mike — 91



Handford, Allan — 54
 Hankins, Nakata — 91
 Hankley, Inicia — 54, 150, 248
 Hanley, Joe — 31, 54, 71
 Hanley, Todd — 54
 Hanley, Tom — 91
 Hardee, Amanda — 107
 Hardy, Patricia — 107
 Haruse, Steve — 91
 Haru, Tom — 107
 Harper, Brenda — 91, 180
 Harper, Beth — 91, 156
 Harper, Shelly — 185
 Harrell, Heather — 91
 Harrell, Vicki — 107
 Harrill, Lisa — 54, 171
 Harns, Debbie — 91
 Harris, Golden — 107
 Harris, Kim — 107
 Harris, Milinda — 55, 146, 147
 Harris, Rusty — 107
 Harrison, Angie — 92
 Harrison, Michelle — 107
 Harrison, Randy — 92, 189
 Harshbarger, Donnie — 92
 Hart, John — 55, 189
 Hartman, Steve — 55
 Hartsell, Tim — 55
 Hartz, Donna — 107
 Harvey, Leshe — 55
 Hatchell, Virginia — 107
 Hawa, Tony — 92, 162
 Hawkins, Lu — 107

Hoggard, Sherri — 92
 Hohnen, Billy — 107
 Holland, Steve — 92
 Holland, Stuart — 56
 Hollins, Janice — 92
 Holsey, Cleophus — 56
 Honeycutt, Shade — 92, 162, 184
 Hooker, Billy — 92
 Hoover, Jim — 92
 Hope, Terry — 92
 Horen, Brian — 56
 Horen, Carol — 56
 Horton, Allen — 92
 Hotigan, Michael — 92
 Houser, Donna — 56, 159
 Howard, David — 193
 Howard, Jeff — 57, 145, 161, 203
 Howlin, Chris — 155
 Howlin, Tim — 92, 154
 Hryskanich, Jill — 179
 Hryskanich, John — 92, 178
 Hubbard, Phil — 18, 58, 174, 175, 203, 204, 206
 Hudgins, Jay — 57
 Hudgins, Keith — 92
 Hudgins, Kim — 92, 205
 Hudler, Debbie — 57, 151, 248
 Huffman, Brian — 57, 170
 Huger, Carroll — 57, 180
 Hughes, Allen — 92, 149
 Hughes, Avery — 92
 Hughes, John — 154
 Hughes, Kim — 92

James, Debbie — 57
 James, Joy — 58, 152, 161, 205, 248
 James, Mike — 93
 James, Renee — 93
 James, Steve — 56
 Janssen, John — 58
 Jennings, Clifton — 93
 Jett, David — 93
 Jett, Stephanie — 58, 161
 Johnson, Greg — 93
 Johnson, Guy — 93
 Johnson, Jerry — 93
 Johnson, Keith — 155
 Johnson, Liz — 93
 Johnson, Patricia — 58
 Johnson, Renda — 58
 Johnston, Darcy — 58
 Jones, Carolyn — 93
 Jones, Debbie — 58, 108
 Jones, Elaine — 58
 Jones, Jennifer — 108, 191, 192
 Jones, John — 93
 Jones, Lonnie — 93
 Jones, Mark — 58, 174
 Jones, Ron — 108, 147
 Jones, Shirley — 58
 Jones, Tracy — 108, 161
 Jones, Vicki — 58, 144, 168
 Jordan, Linda — 59
 Jordan, William — 93, 194, 195
 Joshua, Linda — 108, 180
 Joshua, Terri — 180, 185, 208

Kaley, Mary — 109
 Kincaid, Ross — 109
 King, Margie — 109
 King, Meade — 109
 King, Patty — 109
 King, Scott — 17, 21, 73, 166
 King, Sidney — 93
 Kinzie, Hon — 60
 Kinzie, Kli — 93, 146
 Kirkley, Charles — 93, 162
 Kitt, Richard — 93
 Kittrell, Timmy — 93
 Knapp, Kathy — 93
 Knapp, Kim — 109
 Knaus, Jon — 109, 148
 Knaus, Vince — 93, 147
 Knight, Ken — 15, 32, 33, 60, 156, 168
 Knight, Sherry — 60, 159, 161, 190, 191, 192
 Knox, Bill — 109
 Knudson, Ann — 93
 Kochey, John — 93
 Koeppen, Mary — 109
 Kohrerr, Bob — 15, 33, 60, 62, 74, 75, 156, 161
 Kohrerr, Stevie — 109, 164
 Kollmorgen, Andy — 60
 Konkle, Kathy — 109
 Koscak, Kathleen — 109
 Krah, Rege — 93, 147
 Krakower, Cheryl — 93
 Krueger, Beth — 93, 151, 191, 248
 Krueh, Dean — 109



Hayden, John — 91
 Hayes, James — 107, 147
 Haymaker, Debra — 92
 Haymaker, Tina — 107
 Hays, Mike — 55
 Hayungs, Denise — 93
 Hayungs, Scott — 107, 194
 Hazelton, Hilton — 92
 Headly, Litty — 107
 Heath, Leslie — 92, 150, 159, 164, 248
 Heath, Ricky — 107
 Hellwege, Barbara — 107
 Henderson, Charlotte — 55
 Henderson, Pam — 92
 Henry, Holly — 19, 55
 Hensley, Frank — 107
 Herd, Kelly — 107
 Herrdon, Robin — 107
 Herrick, Craig — 55, 154
 Herzer, Mary — 107
 Hess, Kim — 92
 Hewitt, Cindy — 92
 Hewitt, Cheryl — 55
 Hewitt, Katie — 107
 Hibbard, Karen — 55
 Hicks, Debbie — 92, 147
 Hiehle, Frank — 92
 Hiehle, Martha — 107
 Hildegas, Teresa — 31
 Hill, Barbara — 92, 146
 Hill, Cheryl — 92
 Hill, Lori — 107
 Hillegass, Theresa — 92, 164
 Hills, Anthony — 92
 Hilubran, Bill — 92
 Hinde, Roger — 55, 162
 Hines, Laura — 92
 Hissam, Rosemarie — 56, 147
 Hodges, Tucker — 107
 Hock, Karen — 56
 Hoff, Jennifer — 15, 56, 161

Hughes, Marshall — 92, 155, 193
 Hughes, Robert — 57
 Hughes, Terri — 92
 Hunt, Valerie — 57
 Hunter, Max — 92
 Hunter, Robert — 92, 147
 Hurdle, John — 92, 193
 Hurst, Richard — 93
 Hutchins, Paul — 147
 Hutchins, Ralph — 57
 Hux, Ernie — 92

i
 Illingworth, Kevin — 93
 Illingworth, Ronald — 57
 Irby, Helen — 57
 Irish, Bruce — 93, 108
 Ives, Stacey — 52, 171, 178, 179, 188

j
 Jackson, Becky — 57
 Jackson, Henry — 93, 153, 164
 Jackson, Kirsten — 93, 164
 Jackson, Lance — 57, 145, 153, 161
 Jackson, Rob — 93
 Jacobson, Janie — 93
 Jamerson, Larry — 93
 James, Calvin — 62

K
 Kampfmuller, Todd — 171
 Karn, Kevin — 93
 Karnitschnig, Leslie — 59, 65, 183
 Karp, Kathy — 93
 Karvala, Susan — 18, 59, 144, 161
 Kavula, Wesley — 59
 Kay, Craig — 59
 Kearney, Karen — 109
 Kearney, Vince — 148, 155
 Keating, Ricky — 109
 Keeffe, Doug — 109
 Keeffe, Mark — 93, 152, 203, 248
 Kellam, Martha — 109
 Keeler, Debbie — 109
 Kellog, Ron — 109, 155
 Kelly, Mark — 59, 149
 Kemether, Mike — 109
 Kemether, Robert — 59, 148
 Kemick, Jody — 59
 Kemp, Adria — 109
 Kemp, Edi — 93
 Kemp, Tim — 14, 15, 20, 59, 156
 Kennedy, Chris — 193
 Kennedy, Roy — 109
 Kent, Ashley — 109
 Kerney, Vince — 155
 Kern, Frank — 93
 Kersey, Ed — 109
 Kershner, Richard — 109
 Kessler, Trisha — 93
 Kigerl, Vicki — 59
 Kight, Terri — 59
 Kight, Tim — 109

J
 Krummell, Chuck — 109
 Kuchem, John — 109
 Kue, Angela — 109
 Kuehn, Steve — 19, 60, 145, 161
 Kunkler, Phyllis — 31, 60, 159, 167

 Laemmermann, Donna — 93, 165
 Laform, Michael — 60
 Lamb, Cynthia — 109, 166
 Lamb, Gloria — 93, 166
 Laman, Renee — 60
 Lamb, Susan — 60
 Lamore, Mike — 109, 174
 Land, Nancy — 93
 Lane, Edward — 60
 Langley, Alvin — 93
 Langley, Robert — 149
 Larimore, John — 109, 208
 Lasko, Jennie — 15, 33, 109, 147
 Lassiter, Cheryl — 61
 Lavenstine, Wendy — 109
 Lawlor, Mike — 61, 149, 156
 Lawlor, Sandy — 109, 146
 Lawrence, JoAnn — 94
 Lawrence, Tom — 57, 61
 Lawson, Finis — 94, 174, 175
 Lawson, James — 21, 174, 175, 180, 193, 208
 Layton, Belinda — 109
 Leaks, Debra — 94, 166, 180, 185, 200
 Leaks, Loletha — 61, 200, 201
 Lee, Beth — 94
 Lee, Helen — 94, 152, 164, 248

Lee, Jacque — 61
 Lee, Jong — 109
 Lee, Sandy — 94
 Leopold, Robert — 94, 147
 Leonard, Colleen — 94
 Leopold, Ricky — 109
 Lerner, Tracie — 109, 180
 Letourneau, Kevin — 94
 Lett, Michael — 61
 Lett, Rick — 61, 174, 175
 Levine, Donna — 109
 Levins, Lesue — 109
 Levins, Marilyn — 94
 Lewellyn, Tom — 94
 Lewis, Crystal — 61
 Lewis, Lesha — 61
 Lewis, Rich — 94
 Lewis, Van — 94, 109
 Libbon, Joe — 61, 206
 Lindsay, Cheryl — 94
 Lindsley, Michele — 61, 167
 Lineberger, Todd — 94
 Linsly, Nancy — 61
 Lipp, Gail — 17, 62
 Little, Jeff — 109
 Loiercio, Cathy — 62
 Loll, Michelle — 94
 Loney, Chris — 94
 Long, Angela — 62
 Long, Crystal — 109, 170
 Long, Steven — 62, 144, 145, 159, 161
 Loper, Vickie — 62
 Lornick, William — 174
 Louka, Loukia — 109, 164
 Loucka, Nelson — 62
 Lovern, Russ — 94
 Lowery, Brooks — 109
 Lowery, Forde — 62, 174, 175
 Lowery, Ned — 62
 Lowlan, Larry — 194
 Lowton, Larry — 62
 Lucas, Joey — 94
 Lukci, Rick — 62
 Lusk, Ann — 94
 Lustig, Linda — 109
 Lutz, Lisa — 94
 Lykes, Willard — 110
 Lynch, Mike — 110
 Lynch, Patty — 31, 92, 94, 181, 205

m

Mahanes, Scott — 110
 Majewski, Ann — 110
 Majewski, Donna — 94
 Malaspina, Adrienne — 94
 Malbon, Norman — 62
 Mallicole, Michel — 110
 Manger, Lyn — 94
 Manning, Kelly — 62
 Mapp, Tommy — 94
 Marchione, Liz — 94
 Markman, Amy — 94
 Markowski, Eric — 94
 Markowski, Vicki — 62, 144, 160, 161
 Marks, Elizabeth — 94
 Marlow, Lisa — 62
 Marlow, Randy — 110
 Marrow, Jennifer — 110, 146
 Marrow, Tim — 170, 171
 Marshall, Cecil — 183
 Marshall, George — 94
 Marshall, Kevin — 19, 23, 44, 63, 146, 147, 148
 Marshall, Todd — 17, 94
 Martin, Cindi — 94
 Martin, Grey — 63
 Martin, Kaytlen — 63, 183
 Martin, Lisa — 183
 Martin, Rick — 63
 Martinez, Greg — 63
 Martinez, David — 110, 147
 Martino, Gail — 63
 Massa, Greg — 94, 194
 Mathis, Lisa — 94
 Matt, Chris — 94, 194
 Matthews, Kelly — 94
 May, Ronald — 63
 Mayhan, David — 63, 194, 208
 Mayo, Patty — 20, 63, 152, 226, 248
 McBride, Ellen — 15, 20, 65, 75, 144, 145, 150, 156, 161, 248
 McBride, Sean — 110
 McCann, Mary — 94
 McClendon, Lisa — 94
 McClintock, Scott — 66, 164
 McCloud, Melodie — 95
 McConnell, Mark — 110
 McCraw, Melinda — 66, 17
 McConnell, Jon — 66
 McCormick, Mary — 66
 McClendon, Greg — 110
 McDaniel, Mike — 110
 McDaniel, Tim — 95
 McElligot, Jim — 66
 McGill, John — 110
 McDaniel, Martha — 19, 66
 McGowan, Brenda — 95
 McGuire, Stuart — 110
 McIlwain, David — 110
 McIndoe, Polly — 185
 McIntyre, Amy — 95, 164
 McIntyre, Billy — 174
 McKean, Pam — 110
 McKeever, Debbie — 95, 162, 180
 McKeever, Kogge — 110, 180
 McKone, Debbie — 110
 McKree, William — 95
 McLeod, Jim — 66
 McLeod, Karen — 110
 McLuckie, Susan — 66
 McMahan, Debbie — 95



McNulty, Jennifer — 95
 McPherson, Terry — 110
 McQuillin, Kathy — 95
 McRee, Carter — 66, 170
 McTague, David — 95
 Meagher, Jay — 110, 164
 Mech, Tom — 110
 Mednick, Michael — 110
 Meek, Renee — 110
 Meeker, Kirk — 63
 Meekins, Jessica — 95
 Meekins, Vicki — 95
 Meeks, Bruce — 95, 154, 155
 Meeks, Mack — 110
 Metree, Steve — 110, 174, 194
 Meinicke, Almiede — 40, 63, 74, 159
 Meinicke, Beth — 110, 159
 Melson, Kenny — 110, 149, 155
 Metyca, Ruth — 161
 Metzler, Chuck — 95
 Meyer, Barbara — 110, 147, 164
 Meyer, Judy — 63, 144, 145, 150, 156, 161, 248
 Meyers, Amy — 63, 147, 167
 Meyers, Dalc — 153
 Michalas, Andrea — 110
 Midgarden, Anne — 110
 Midgarden, David — 95, 149
 Midget, Buddy — 110
 Midgett, Eliza — 95
 Miederich, Barbie — 110
 Miles, Lorena — 63
 Miles, Pearl — 110
 Milius, Mitzi — 64
 Miller, Lauri — 14, 15, 64, 156
 Miller, Lucinda — 110
 Miller, Virginia — 95
 Milletich, Robert — 110
 Mills, Betty — 17, 95
 Mills, Joe — 95
 Mitchell, Barry — 110
 Mitchell, Craig — 110
 Mitchell, Kathy — 64, 144, 159, 169, 226
 Mitchell, Kevin — 110
 Mitchell, Lisa — 64
 Mitchell, Mary Beth — 95, 159, 169
 Mize, Ricky — 95, 147
 Mizelle, David — 110
 Mizelle, Diane — 64, 151, 248
 Moe, Bob — 64
 Moe, Richard — 111
 Moineau, Shelly — 111
 Moineau, Suzanne — 95
 Monday, Keith — 94
 Monroe, Lee — 64

Montgomery, Ross — 95, 174
 Mooberry, Laura — 26, 180
 Moody, Angie — 165
 Moon, Melinda — 64, 143, 158, 159, 165, 180
 Moore, Alvin — 147
 Moore, Julie — 111, 191
 Moore, Kate — 95
 Moore, Laura — 111, 146
 Moore, Lewis — 64
 Moore, Melanie — 95
 Moore, Melvina — 95
 Moore, Rita — 111
 Mordecai, Baker — 65, 194
 Mordecai, Bryan — 111, 194
 Moreau, Molly — 96
 Morgan, Deborah — 111
 Morgan, Kelly — 64, 174, 175
 Morgan, Sameul — 64
 Morrill, Glenn — 96
 Morris, Keith — 15, 156
 Morris, Kelly — 96
 Morris, Paul — 64, 151, 248
 Morris, Quinn — 111
 Morrison, Ed — 111
 Morrison, Keith — 14, 15, 32, 33, 96, 156, 157
 Morse, Pam — 65
 Mosby, Bobby — 96, 159, 162
 Mosely, Bill — 96, 149
 Mosely, Ty — 65, 171
 Moser, Marvin — 111
 Mosley, Paul — 70, 145
 Moss, Kelly — 96
 Moss, Marie — 111, 181
 Moss, Ronald — 114
 Motyca, Ruth Ann — 111
 Mountjoy, Kathy — 111, 165
 Mulhall, Margee — 96, 150, 164, 248
 Mulhall, Mary Kay — 111
 Mullaney, Mickey — 96
 Mullen, Pam — 111
 Muller, Karen — 65
 Muller, Lynne — 111
 Mumford, Cheryl — 96, 167
 Mundy, Debbie — 65
 Mundy, Diandra — 96
 Munson, Jana — 65, 152, 248
 Munson, Melinda — 96, 164
 Murphey, Doc — 155
 Murphy, Bev — 96
 Murray, Susan — 96
 Myers, Dale — 65, 153
 Myers, Eric — 111
 Myers, Joyce — 65

n

Nabors, Jim — 96
 Nagg, Susie — 66
 Nagle, Steve — 111
 Napier, Mary Lynn — 111
 Nash, Jimmy — 96, 174, 193
 Nash, Phillip — 111, 155
 Neely, Steve — 66, 170
 Nelson, Gary — 111
 Nelson, Kenny — 155
 Nelson, Kevin — 96
 Nelson, Will — 96, 151, 248
 Nemeroff, Bonnie — 111
 Nepper, Debbie — 96
 Neunz, Jeff — 111
 Newcomb, Tammy — 111
 Newell, Archie — 66
 Newsome, Kim — 111
 Newsome, Paul — 96
 Nichols, Sharon — 111
 Nickles, Pamela — 66
 Nixon, Charles — 111
 Nixon, Percy — 114
 Nixon, Regina — 96
 Nixon, Sandra — 96
 Nock, Keith — 15, 66
 Nolan, Cheryl — 111
 Noell, Harold — 111
 Noell, Nick — 208, 209
 Noll, Betsy — 96, 183
 Noll, Tom — 111, 194
 Nolte, Sharon — 66
 Norris, Bradley — 111
 Norris, Brian — 67
 Norris, Jody — 111
 Norton, Rick — 111

O

Oake, Elisabeth — 96
 Oakeley, Pat — 96
 Obal, Kevin — 111
 O'Brien, Cathy — 67



O'Brien, Jim — 96
 O'Bryant, Keith — 111
 Oglesby, Laura — 169
 Olds, Darryl — 112, 174, 175
 Olds, Gregory — 67, 174
 Oles, Dezade — 112
 Oliva, Carroll — 67
 Oliver, Kenneth — 112
 O'Neil, Harry — 96
 Onbazer, Cindy — 112
 Onbazer, Doug — 67
 Osberg, John — 112
 Osburn, Chip — 112
 Ostrander, Inga — 96, 112
 Outlaw, Melvin — 112
 Overman, Jenny — 96
 Owen, Angie — 112
 Owen, Audie — 67
 Owen, Steven — 96
 Owens, Bryan — 96
 Owens, Jeff — 96, 203
 Owens, Sharon — 67
 Owens, Yvonne — 200

P

Pacuirk, John — 112
 Paganelli, Sandy — 96
 Pagano, Dorrie — 23, 112, 164
 Page, James — 96
 Painter, Carolyn — 112, 164, 165
 Palmer, Julian — 67
 Palmer, Milton — 96
 Palmer, William — 112
 Parcells, Whitney — 112
 Parker, Angela — 112
 Parker, Debra — 112
 Parker, Donna — 112
 Parker, Jerry — 96
 Parker, John — 193, 208
 Parker, Patricia — 67
 Parker, Pete — 67
 Parker, Phyllis — 68
 Parker, Sharon — 96
 Parker, Susan — 96
 Parker, Terri — 68
 Parris, Britt — 96
 Parris, Kim — 96
 Parsons, Cindi — 112
 Parsons, J.J. — 112
 Parton, Dave — 112, 154, 155
 Pasquale, Chase — 171
 Pasquelino, Phillip — 112, 194
 Patterson, Chris — 96
 Patterson, Don — 112
 Paul, Fritz — 112
 Paul, Heidi — 96
 Pawlowski, Greg — 96

Payne, Chuck — 68
 Peake, Ken — 112
 Pearsall, Pam — 112
 Pearsall, Robert — 68
 Pearson, Harry — 112
 Peay, Mason — 112, 147
 Peay, Nathan — 146
 Penn, Gwendolyn — 112, 146
 Penny, Michael — 68
 Perez, Billy — 112
 Perez, John — 96, 112
 Perrault, Monique — 112
 Perrault, Tanya — 68
 Perry, Darvin — 155
 Perry, Jim — 97, 174
 Perry, Nikita — 112
 Perry, Julann — 112
 Person, Dana — 112
 Person, Raelynn — 96
 Perry, Russell — 171
 Persson, Chris — 178, 179
 Peterson, Liz — 15, 68, 161
 Peters, Cheryl — 97, 189
 Peters, Mark — 68
 Peters, Susan — 26, 112, 113, 191, 192
 Petroff, Nancy — 69, 161
 Petroff, Sally — 114
 Peverall, Terry — 112
 Phelps, Steve — 20, 69, 79, 159, 164
 Phillips, Adam T. — 69
 Phillips, Brenda — 97
 Phillips, Donald O. — 69, 174, 175, 177
 Phillips, Valerie — 97
 Pickens, Delilah — 97
 Pillis, Mary — 97
 Pinner, Mark — 112
 Piper, Jeff — 97
 Pitrone, Eva — 112, 183
 Platt, Harry — 112, 166, 208
 Platt, Tammy — 97
 Plumeau, Diane — 97
 Plunke, Gabriela — 97, 164
 Pluntke, Ingo — 97
 Poe, Dale — 97
 Pontbriand, Romaine — 112, 148
 Poole, Bill — 112
 Potter, Becky — 21, 26, 41, 69, 161
 Potter, Mary — 97, 156
 Potter, Susan — 69
 Powres, Lisa — 97
 Powers, Lolita — 112
 Prats, Therese — 69
 Preston, Jeanne — 69
 Price, Troy — 97, 170
 Priolo, Karen — 58, 70, 161
 Proferes, William — 97
 Proulx, Pam — 112
 Pscion, Germaine — 97
 Pscion, Roger — 112
 Pudsey, Chris — 97
 Purvis, Diann — 112
 Puryear, Arlene — 97, 164
 Pyles, Scott — 112

Q

Quesada, Geraldine — 161
 Quigley, Brian — 161
 Quigley, Linda — 112

R

Rager, David — 71
 Ralph, Becky — 112
 Ramsey, Blake — 70, 145, 161
 Ramsey, Danny — 70
 Raper, Larry — 112, 155
 Raper, Steven — 70, 155
 Reagan, Jerome — 70, 154
 Reck, Scott — 112
 Redford, Laura — 70, 178, 179, 181
 Reed, Margen — 97
 Reiber, Mark — 71
 Reid, Laura — 97
 Remedios, Badan — 112
 Remick, Marcia — 97
 Renstrom, Mary — 71, 19
 Revercomb, Chip — 164
 Revercomb, John — 112
 Revolinsky, Richard — 71
 Reynolds, Carolyn — 97
 Reynolds, Leonard — 170
 Reynolds, Pete — 97
 Richlie, David — 72, 170
 Richmond, Walter — 113
 Richter, Ernie — 97
 Riddick, Anthony — 195, 203
 Riddick, Curtis — 193, 208
 Riddick, Inez — 72
 Riddick, Willie — 72
 Rigolo, Don — 97
 Riley, Colleen — 97
 Riley, Julie — 113, 164
 Riley, Tom — 73
 Rios, Tony — 97
 Rish, Bob — 73
 Roberge, Ursula — 113
 Roherson, Judy — 113
 Rohertson, Bowen — 113
 Rohertson, Bruce — 113
 Robertson, Doug — 73
 Roberson, Judy — 166, 191
 Robinson, Clay — 113, 188
 Rockwell, Sam — 73

S

Sadowski, Steve — 98
 Salland, Steve — 113
 Salmon, Janet — 15, 74
 Salmon, Janet — 15, 74
 Sanderlin, Jimmy — 113
 Sanderlin, Kevin — 98, 169
 Sanders, Kim — 98
 Sargent, Mary — 113
 Saunders, Dianne — 98
 Saunders, Lisa — 74
 Saunders, Milton — 202, 203, 204
 Savvides, Harry — 113
 Sawyer, Debbie Jo — 114
 Sayer, Liz — 98, 159, 164, 165
 Scarborough, Sally — 180
 Scarborough, Sam — 98, 174
 Scarborough, Sara — 114
 Scarbrow, Lee — 114
 Schaadt, Linda — 146
 Schaadt, Pam — 74, 147
 Schaadt, Patti — 74, 146
 Schara, Martin — 114
 Schaum, Jerome — 75
 Schleck, Steve — 114
 Schlimgen, Richard — 98, 144, 159
 Schmidt, Cathy — 75, 161
 Schmidt, Tamini — 114
 Schmidt, Terri — 98, 161
 Schmitz, John — 114
 Schrenk, Dave — 75, 174, 175
 Schwegler, Becky — 114, 165, 191
 Scott, Mike — 114
 Scott, Walter — 155
 Scutchings, Debra — 114
 Seaman, Andy — 98
 Sears, David — 114
 Sears, Roger — 114
 Seawell, Louise — 75
 Seibert, Laura — 15, 114
 Seif, Steve — 114
 Sellers, Kim — 75
 Semus, Ardi — 193
 Settles, Mark — 114
 Sevinsky, Susan — 114
 Sexton, Kathy — 76, 169
 Shaffer, Chester — 98
 Shaffer, Scott — 114
 Shaffer, Terri — 98
 Shaw, Cynthia — 114
 Shears, JoAnn — 98
 Sheehan, Debby — 114
 Shelin, Randy — 76, 147
 Shepherd, Jeff — 114
 Sheppard, Dana — 111
 Sherill, Rick — 76, 203, 204
 Sherman, John — 98
 Sherwood, Karen — 98
 Sherwood, Stephen — 76
 Shipp, Cindy — 76
 Shiverdecker, Beth — 114
 Sholar, Sherry — 114
 Shorter, Johnny — 114
 Shortt, David — 95
 Shuman, Brant — 15, 98
 Siegel, Ann — 98
 Sierra, Ed — 76
 Silvermail, Teri — 114
 Simmer, Alan — 114
 Simmer, Barbara — 171
 Simmer, Christopher — 76, 98
 Simmons, Marie — 114
 Simmons, Margaret — 98
 Simpson, Terence — 98, 149
 Sims, Tim — 114
 Sing, Lawrence — 76
 Siong, Chao — 114
 Sipler, Debbie — 98
 Sjolund, Karl — 114
 Skidmore, Brant — 114, 148
 Skidmore, Terry — 98, 174
 Skinner, Susan — 114
 Slattum, Keith — 98
 Slattum, Kevin — 77, 162, 163
 Slawson, David — 99
 Smalls, Kerry — 114
 Smalls, Terrie — 77
 Smith, Alice — 77
 Smith, Bob — 99
 Smith, Brandon — 20, 46, 77, 145, 164
 Smith, Catherine — 99
 Smith, Curt — 22, 99, 159, 194
 Smith, Greg — 114
 Smith, Jessica — 115
 Smith, Kathi — 15, 77
 Smith, Kristi — 99, 146, 148
 Smith, Mary — 99
 Smith, Michele — 115
 Smith, Pam — 77
 Smith, Robin — 77
 Smith, Sandy — 77
 Smith, Steve — 115
 Smith, Susan — 99, 205
 Smith, Tracy — 115
 Smith, Tyler — 99
 Smithson, Harry — 77, 194
 Snodgrass, Cindy — 99, 183
 Snowden, Angela — 99
 Snowden, Lloyd — 77, 154, 155, 193
 Snowden, Lynn — 78, 99
 Snyder, John — 78
 Snyder, Mike — 115
 Snyder, Sandy — 99, 162, 185
 Sovlerin, Chris — 99, 171
 Southern, Thomas — 193
 Spates, Sharon — 115, 166
 Spellman, Annette — 155
 Spicuzza, Baird — 78, 169
 Spink, Mike — 115
 Spinney, Melvin — 18, 19, 20, 21
 Spry, Kelly — 99
 Spute, Jess — 78, 98
 Stahl, Sharon — 115
 Standing, Jim — 21, 41, 78
 Standing, Nancy — 99



Rodgers, John — 193
 Rodriguez, Mike — 113
 Rodriguez, Swana — 74
 Rogers, John — 74
 Roland, Dan — 74, 174
 Roland, Tom — 113
 Ronick, Robert — 97
 Rookus, Mary — 97
 Rosche, David — 15, 23, 33, 74, 156
 Roshto, Brad — 113
 Rosen, Robin — 97
 Rouse, Jennifer — 97
 Rouse, Joyce — 113
 Rowan, Cynthia — 113
 Rowsey, Mary — 113
 Royal, Scott — 98
 Ruben, Douglas — 113
 Rubins, Steve — 74
 Rundle, Jody — 98, 164
 Runkle, Cheryl — 113
 Runkle, Harry — 74
 Runyon, David — 98
 Rush, Clay — 98
 Rusk, Donna — 74
 Rust, Rusty — 18, 74, 174, 175, 177, 180
 Rust, Troy — 113, 174
 Ruth, Dena — 98, 159, 164, 167
 Ruth, Vicki — 19, 48, 74, 144, 226
 Rutledge, Kelly — 113

Settles, Mark — 114
 Sevinsky, Susan — 114
 Sexton, Kathy — 76, 169
 Shaffer, Chester — 98
 Shaffer, Scott — 114
 Shaffer, Terri — 98
 Shaw, Cynthia — 114
 Shears, JoAnn — 98
 Sheehan, Debby — 114
 Shelin, Randy — 76, 147
 Shepherd, Jeff — 114
 Sheppard, Dana — 111
 Sherill, Rick — 76, 203, 204
 Sherman, John — 98
 Sherwood, Karen — 98
 Sherwood, Stephen — 76
 Shipp, Cindy — 76
 Shiverdecker, Beth — 114
 Sholar, Sherry — 114
 Shorter, Johnny — 114
 Shortt, David — 95
 Shuman, Brant — 15, 98
 Siegel, Ann — 98
 Sierra, Ed — 76
 Silvermail, Teri — 114
 Simmer, Alan — 114
 Simmer, Barbara — 171
 Simmer, Christopher — 76, 98
 Simmons, Marie — 114
 Simmons, Margaret — 98
 Simpson, Terence — 98, 149
 Sims, Tim — 114
 Sing, Lawrence — 76
 Siong, Chao — 114
 Sipler, Debbie — 98
 Sjolund, Karl — 114
 Skidmore, Brant — 114, 148
 Skidmore, Terry — 98, 174
 Skinner, Susan — 114
 Slattum, Keith — 98
 Slattum, Kevin — 77, 162, 163
 Slawson, David — 99
 Smalls, Kerry — 114
 Smalls, Terrie — 77
 Smith, Alice — 77
 Smith, Bob — 99
 Smith, Brandon — 20, 46, 77, 145, 164
 Smith, Catherine — 99
 Smith, Curt — 22, 99, 159, 194
 Smith, Greg — 114
 Smith, Jessica — 115
 Smith, Kathi — 15, 77
 Smith, Kristi — 99, 146, 148
 Smith, Mary — 99
 Smith, Michele — 115
 Smith, Pam — 77
 Smith, Robin — 77
 Smith, Sandy — 77
 Smith, Steve — 115
 Smith, Susan — 99, 205
 Smith, Tracy — 115
 Smith, Tyler — 99
 Smithson, Harry — 77, 194
 Snodgrass, Cindy — 99, 183
 Snowden, Angela — 99
 Snowden, Lloyd — 77, 154, 155, 193
 Snowden, Lynn — 78, 99
 Snyder, John — 78
 Snyder, Mike — 115
 Snyder, Sandy — 99, 162, 185
 Sovlerin, Chris — 99, 171
 Southern, Thomas — 193
 Spates, Sharon — 115, 166
 Spellman, Annette — 155
 Spicuzza, Baird — 78, 169
 Spink, Mike — 115
 Spinney, Melvin — 18, 19, 20, 21
 Spry, Kelly — 99
 Spute, Jess — 78, 98
 Stahl, Sharon — 115
 Standing, Jim — 21, 41, 78
 Standing, Nancy — 99





Startoni, Troy — 115
 Startt, Leslie — 99
 Staton, Sharon — 99, 185
 Staton, Sheila — 99, 205
 Stebe, Julie — 78
 Stebe, Kathy — 15, 115
 Steinberg, Jane — 115, 146, 147, 162
 Stenger, Kelly — 99
 Stephens, ElHaree — 115, 146
 Stephenson, Kim — 99
 Stevenson, Bodene — 99
 Stevenson, Eugene — 99
 Stevenson, Laurie — 115, 161
 Stevenson, Lee Ann — 115, 180
 Stiles, David — 78
 Stiles, Jennie — 99
 Stockton, Tracy — 78
 Stoops, Scott — 115
 Story, Ellen — 78
 Stowers, Mel — 99, 174, 175
 Strano, Carol — 115, 164
 Strickland, Casey — 115
 Stubbs, Amice — 115, 165
 Styles, Jenny — 15
 Sukoff, Stephanie — 15, 115, 164
 Sullivan, Shane — 115
 Suter, Allison — 99, 167
 Sutton, Yvonne — 115
 Swain, Cecil — 78
 Swertfeger, Pam — 99, 191, 194
 Swindell, Mike — 78, 171
 Swindell, Paula — 78
 Swingle, Kathy — 78
 Sybers, Dwight — 115

T

Talbert, Theresa — 115, 147
 Talbot, Beth — 191
 Talbot, Cindy — 115, 194
 Talkington, Pam — 99, 115
 Tann, Crystal — 115
 Tarr, Elsie — 115
 Tarr, Levi — 168
 Tarver, Elizabeth — 78
 Tarver, Ginger — 115
 Tauler, Tami-Joe — 115, 156
 Taylor, Debbie — 115, 182, 183
 Taylor, Glenn — 100
 Taylor, Jennifer — 79
 Taylor, Ray — 115
 Taylor, Roberta — 115, 161
 Teel, Mike — 115
 Teets, Jane — 115
 Templeton, David — 79
 Terry, Mitchell — 79
 Tetlak, Rick — 100
 Tharp, Kenneth — 115, 155
 Tharp, Ricky — 115
 Thomas, Cindy — 147
 Thompson, Brenda — 100
 Thompson, Kareu — 115
 Thompson, Melanie — 100
 Thorne, Ed — 100, 193
 Tickner, Max — 115
 Tillet, Melanie — 79
 Timba, Elmer — 115
 Timba, Rosella — 79
 Timms, David — 79
 Tipton, Pam — 115
 Todman, John — 100
 Tolson, Eddie — 100
 Tolson, Larry — 116
 Torbush, Billy — 18, 79, 167
 Toupin, Craig — 116
 Toupin, Raymond — 79

Towery, Jimmy — 100
 Townsend, Steve — 100
 Trafon, Buddy — 100
 Traub, Jeanne — 80, 180
 Traub, Sue — 116
 Travers, Isabelle — 170
 Travis, Carol — 100, 164
 Trevino, Rick — 116
 Triplett, Robert — 80
 Tripp, Andre — 116, 155
 Triscritti, Bill — 80
 Trost, Carl — 100, 146, 148
 Tucker, Johnny — 116
 Turley, Wesley — 100
 Turnbull, Scott — 19, 42, 43, 74, 80, 143, 152, 158, 159, 164, 248
 Turner, Annette — 116
 Turner, Betsy — 100
 Turner, Jill — 116, 153
 Twiddy, Ron — 171
 Tyler, Courtenay — 116
 Tyler, Elizabeth — 80

V

Vaderson, Jill — 116
 Vaeth, Elizabeth — 179
 Vahviala, Marjaana — 80
 Valdespino, George — 100, 171
 Valentine, Ward — 21, 74, 80, 159, 162
 Vambell, Elizabeth — 205
 Vandermeyden, Carl — 116
 Vaughn, Susie — 100
 Vaughn, Wendy — 100, 161, 164
 Vendrick, Joella — 100
 Via, Patty — 100
 Volkath, Michael — 100, 189
 VouZuben, Todd — 116
 Voss, Lori — 116

W

Wadell, Beth — 116, 140
 Wagner, Patty — 100, 150, 162, 163, 248
 Wakefield, Ianna — 116, 165
 Wakefield, Jayne — 80
 Waldrop, Meriann — 116
 Walker, David — 80
 Walker, Donna — 116
 Walker, Jane — 80
 Walker, Lon — 100, 146
 Walker, Pete — 116
 Waller, Jeff — 100
 Wallin, Sherry — 100
 Walsh, Russell — 80, 174, 175
 Walter, Steve — 100
 Walters, D.J. — 80
 Walters, Vikki — 116
 Waltman, Kevin — 116
 Ward, Brenda — 116
 Ward, Jeannette — 116
 Ward, Sonya — 100
 Warren, Donna — 116
 Warren, Jeff — 100, 174, 194
 Warren, Paula — 80
 Washburn, Billy — 80
 Waterfield, Jody — 116
 Watkins, Jane — 100
 Watkins, Tom — 116, 162
 Watson, Gloria — 116
 Weatherston, Margie — 116, 164
 Wehh, Greg — 100
 Weeks, Rick — 100
 Wegryn, Clarice — 100
 Weiner, Debbie — 116, 153
 Weis, Bart — 71, 80
 Weller, Ralph — 100, 149
 Wells, Lance — 100
 Werhan, Mike — 116, 208, 209
 Werners, Chuck — 100
 West, Brent — 100
 West, Jill — 100
 West, Mike — 80
 Whetzel, Cheri — 101
 Whitaker, Kim — 81
 Whitbred, Larry — 116
 Whitbred, Theresa — 81
 White, Anthony — 116, 117
 White, Donna — 81
 White, Michelle — 116, 155
 White, Tracey — 19
 White, Scott — 101
 White, Tarry — 101
 White, William — 81
 Whitehurst, Andre — 116
 Whitehurst, Crystal — 101, 166
 Whitehurst, David — 116
 Whitehurst, Eddie — 101, 146, 147, 149
 Whitehurst, Ellen — 116, 200
 Whitehurst, Sharol — 101, 152, 166, 248
 Whiteman, Robert — 116
 Whiting, Cheryl — 81, 170
 Whitley, Laura — 31, 248
 Whitlock, Angie — 116
 Widgeon, Robbie — 81
 Wiener, Barbara — 116
 Wiggent, Tammy — 101
 Wiggins, Avin — 116, 154
 Wiggins, Bridget — 116
 Wiggins, Christine — 17, 101
 Wiggins, Melinda — 155, 208
 Wiggins, Michael — 81, 185, 194, 196

Wiggins, Ricky — 116
 Wiggins, Sheila — 116
 Wild, Jerry — 170
 Wilder, Phil — 116
 Wilkins, Whitney — 116
 Wilkison, Hope — 180
 Williams, Carole — 81
 Williams, Demetress — 81
 Williams, Denise — 101
 Williams, Emily — 101
 Williams, Judy — 116
 Williams, Joyce — 101
 Williams, Kathy — 117
 Williams, Kelly — 81
 Williams, Kim — 117
 Williams, Lisa — 101
 Williams, Pam — 101
 Williams, Patricia — 117
 Williams, Michelle — 177
 Williams, Rhonda — 81
 Williams, Stacey — 81, 200
 Williams, William — 101, 117, 149, 174, 175
 Willis, Denise — 117
 Willis, Elizabeth — 82
 Willis, Tony — 101
 Willman, Carl — 117
 Wilks, Doug — 101, 149
 Wilkon, Priscilla — 117
 Wilson, Gloria — 180
 Wilson, Karen — 117
 Wilson, Kenneth — 117, 170
 Wilson, Leon — 117, 154, 174, 175, 208
 Wilson, Margaret — 101
 Wilson, Scott — 101, 146, 147, 148
 Wilson, Steve — 101
 Wilson, Valerie — 101, 200
 Wiltse, Lisa — 101
 Wiltse, Tracy — 117
 Winford, Teresa — 82
 Winfield, David — 101

Wool, Toddy — 117, 164
 Woolridge, Laura Jane — 82, 144, 161
 Worrall, Mark — 82
 Worrills, Jeik — 193
 Wrenn, Richard — 117
 Wright, Barbara — 82
 Wright, David — 83, 101, 193
 Wright, Jennifer — 170
 Wright, Guy — 117
 Wright, Hunter — 117
 Wright, Jennifer — 117, 200
 Wright, Kim — 23, 117, 159, 164
 Wright, Taylor — 92
 Wysocki, Robert — 101

Y

Yates, Andy — 117, 149
 Yarnie, Albert — 117
 Young, Jack — 117, 149
 Young, Jim — 100
 Young, Rebecca — 83

Z

Zauzig, Petra — 101, 146, 147
 Zeiter, Cindy — 101
 Zemany, Chester — 83
 Zemany, Paige — 101



Winnett, John — 117, 194
 Wise, Charlie — 82
 Wisniewski, James — 101
 Withrow, Gerry — 101
 Wolfe, Geoff — 74, 82, 156, 165
 Wolfe, Ross — 117, 208, 209
 Wolf, Noreen — 25, 82
 Woodhouse, Joselyn — 82, 146, 147
 Woodhouse, Marilyn — 101
 Woodhouse, Melvin — 193
 Woodies, Jay — 82, 117
 Wood, Horace — 82
 Woods, Mark — 117
 Wool, Anne — 21, 31, 82

Ziemba, Barbara — 83, 179, 181
 Zimmer, Mark — 83, 155
 Zirnheld, Tim — 101
 Zollicoffer, Dennis — 117

A YEAR COME AND

While some school years may be remembered as uneventful, the 1978-79 year at First Colonial will definitely be remembered as exciting. How can anyone forget the fantastic Patriot football season? After winning all the Beach District games with ease, the Patriots traveled to ODU's Foreman Field to smear Norview and Wilson in two unforgettably exciting games. Thus, the F.C. football team won the Eastern Regional championship and became one of only four teams in the state of Virginia to play in the State Championship.

Not only did the football team capture many honors; the First Colonial marching band was also the best in the area. This year, "The Show That Never Ends" captured everyone's attention, including the competition judges, with the band's crazy robot dancing, jitterbugging, stripper music, and their wild yell "That's all folks." This great field show brought not only many honored awards, but tremendous standing ovations from the devoted and appreciative fans.

Unfortunately, not all of the '78-'79 events were happy occasions. The news of the January fourteenth fire at F.C. came as a tragic shock to everyone. The fire started in Mr. Smith's office and spread to destroy the rest of the office with heavy heat and smoke damage. The entire office area, clinic, and guidance offices had to be closed off and relocated elsewhere. Maintenance trucks, portable trailers, cranes, and school board officials became a common sight as the heavily damaged area had to be torn down to be rebuilt this summer.

On the other hand, some good actually came out of this disaster. The two barricades put up to block off the burnt area (referred to as the walls) became symbols of F.C.'s unity and spirit. The art students began a project of painting a huge mural on the library foyer wall and a hilarious beach scene on the smaller 600 hall wall. School board officials, newspaper reporters, television cameras, students and teachers from other schools, and hundreds of First Colonial students were often seen as people from all over Tidewater be-



GONE



came interested in the spirit of F.C. A fire was not going to discourage anyone. The walls are a beautiful symbol of that determination.

There are many other events which are worth mentioning. The Virginia Beach Rescue Squad held their disaster drill in the F.C. cafeteria with the help of the Drama Department. The Girls' gymnastic team won the district championship. There was a record amount of snowfall which caused school to be closed a few times. The school board started its controversial thirty day absence policy, searing some and angering others. The advanced placement program began at F.C. with the A.P. English, History, and Calculus classes.

Thus, a year has passed, not a year to quietly recede into the past, but one which brought its share of unforgettable excitement, joy, and even sorrow. But for most F.C. students, the best is yet to come: the summer.



SUMMER SCENES





How lucky we are; summer in vacationland! In this pleasant and much anticipated season, the beach comes alive. As the school term ends, the pressure of research papers, tests, and those dreaded exams vanishes. For those of us returning to First Colonial next year, the summer is a time of relaxation, tranquility, freedom, and trying to get that ultimate tan that proves that "I'm not a tourist — I live here." The visiting tourists, of course, add to the local color of Virginia Beach. For the graduates, the summer is a time of preparation: college, trade school, and work experience.

Thus, many activities are occurring during this three month period. Sunning, working at that fast-food place, vacationing, relaxing, and preparing for college . . .







SHAPE OF THINGS TO COME

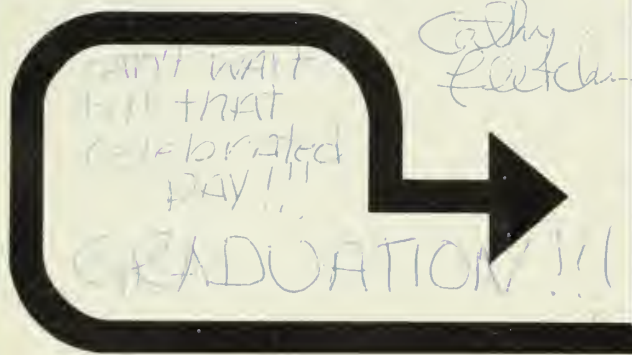


Although the summer seems endless, it will be over quickly. Some people will return to F.C., and others will go off to college or find jobs. Months and even years will pass. Graduations, professions, marriage, travel, and most importantly, independence will soon become possibilities for our future.

How will we react, cope with, and live our adult lives? Will we succeed or fail? The questions about the future are endless, but the tone of the answer is always the same: uncertainty. All will admit, though, that only time will tell the shape of things to come.

I really had a great
 time going to know you
 in court, I really
 wish I could have been
 there! Always remember
 the memorial day in
 Washington - That was
 a day I never forget Parker
 and those tests!!!
 They were hard!!
 Well, you are a very
 special person to me,
 I wish you the best
 of luck in the future
 in summer, if you
 have the time,
 give me a call - 431-097
 see ya! Love ya

Cathy
 Fletcher



1979 HERITAGE STAFF

Ellen McBride	Joy James
Judy Meyer	Mark Keefe
Delite Ackels	Beth Krueger
Sandy Bartman	Helen Lee
Leesia Bradshaw	Patty Mayo
Lyn Cox	Diane Mizelle
Bill Crawford	Paul Morris
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Debbie Hudler	Laura Whitley

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We wish to thank John "JP" Perry, our Hunter rep., Mrs. Ezell and Mrs. Parker, our advisors, and last but not least, our staff, the best in the world.

E.M.M. & J.R.M.



To one of the nicest person
I know. Even though we don't
get anytime to talk I feel
like I have known you for
a very long time. I hope that
I will see you sometime in
the future. I'm not going
to college but I will
probably bump into you
on the street. Well Whit
please keep in touch.

Here is my phone number.
Give me a call when
you have time. Then we
can catch up on things
425-5462 or 422-8769.

Love Always Patty Francis

To Whit
It's been nice
knowing you
and also having
you remind me
to do my homework
Good Luck in
college on
whatever

Julia Carter
"79"

Whit
To a real nice person
that I enjoyed drawing
with. Hope to see you
in you in the future to
come. Your friend
Billy Thompson

My Dearest Whit,

You, Sir Palmer, have been more than a friend
to me. You and I have had many pleasant conver-
sations together over the years. I hope we will keep
in touch! You have a determination and will that
will help you go far. I'll always cherish our
friendship Take Care. LOVE ALWAYS,

V.J. Ruth
179

Mark Louch
-79-

I want to thank you
 for helping me get through
 the school year. I always
 like to have a friend that one
 can relate to or confide in when
 going through rough times. You have
 been my closest friend, and that
 is a prize above all else. Don't forget
 about me over the summer, and I'll
 try to stop by on occasion.
 Your friend and
 companion always
 Ron,
 [Signature]

It's been nice knowing
you for the past two
years. I'll be seeing you
this summer in your
parking lot. Thanks for
letting me in free! (Ha Ha)

Notes
John
Franklin

all bid' you will
approve my choice
I expect no pleasure
but I am glad
to have you hope
you are in
your way

Dave
Feb. 79

Black. Bird of Bush in A
 flocks of 1000 and 1000
 in all of season and for
 in all of season and for

